

# Mountaineer

Vol. 62, No. 31

Published in the interest of the 7th Infantry Division and Fort Carson community  
Visit the Fort Carson Web site at [www.carson.army.mil](http://www.carson.army.mil)

Aug. 5, 2004



Photo by Spc. Stephen Kretsinger

## *This one's for the troops ...*

Country music superstar Martina McBride entertained the crowd at Pikes Peak International Raceway Saturday following the NASCAR Busch Series Salute to the Troops 250 Race. More than 30,000 people witnessed driver Craig Biffle make a late-lap surge to win the 250-lap race.

## Post TMP gets new hybrid cars

by Spc. Zach Mott  
Mountaineer staff

Imagine driving from Fort Carson to El Paso, Texas, and never stopping to fill the gas tank.

Impossible is the first thought that comes to most minds. But, with the new Honda Civic Hybrid vehicles leased by the Transportation Motor Pool, that impossibility is now a possibility.

According to the vehicle specifications, the Honda Civic Hybrid can travel up to 650 miles using the gas/electric engine before it needs to be refueled.

"The Honda Hybrid doesn't just solely run on battery and then you switch to the gasoline engine," said David Cruz, the LCS Inc., project manager for the Transportation Motor Pool. "It's a combination of both and it does it all by itself."

Unlike earlier electric-powered vehicles,

See Hybrid, Page 4

# Soldiers testify about Iraqi deaths

by Spc. Stephen Kretsinger  
Mountaineer staff

An Article 32 hearing for three Fort Carson Soldiers accused of the alleged drowning of an Iraqi man was held Wednesday through Friday at the Post Court House.

Sgt. 1st Class Tracy E. Perkins, Sgt. Reggie Martinez and Spc. Terry L. Bowman, all with Company A, 1st Battalion, 8th Infantry Regiment, 3rd Brigade Combat Team, 4th Infantry Division (Mechanized), are accused of allegedly forcing two Iraqi men to jump in the Tigris River Jan. 3, 2003, outside of Samarra, Iraq, resulting in the possible death of

one of the two Iraqi men.

The incident first came to the attention of Criminal Investigation Command when an e-mail from the victim's family was received. CID Special Agent Irene Cintron testified via video teleconference from Iraq that she met with Marwhan Abdul-Hakin Fadel, the surviving victim, Jan. 16, 2003, and he said that he and his cousin had been picked up by a team of Soldiers patrolling Samarra, were taken to a ledge by the Tigris River outside of town and pushed into the water.

Soldiers from the unit testified that the two Iraqi men were detained because they were out after curfew

and matched the profile of a rocket-propelled-grenade team. Fadel claimed he and his cousin were coming back from Baghdad where they were picking up plumbing supplies.

A body was found two or three miles down the river by local nationals Jan. 15, 2003, Cintron testified. The uncle of the alleged deceased victim claimed to have identified the body as Zaydun Ma'Mun Fadhil, the man alleged to have drowned. The body was quickly buried.

Capt. Joshua Norris, defense attorney for Perkins,

See Article 32 hearing, Page 3

## INSIDE THE MOUNTAINEER

### Opinion/Editorial

Post performing arts center to open. Page 2

### Military

Commissary has positions for youth baggers. Page 5

### Community

Breast cancer survivors tell their stories. Page 11

### Sports

Colorado State Games. Page 18

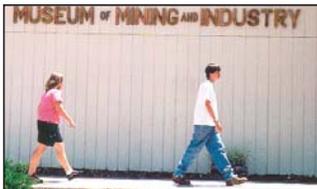
## Feature



Military appreciation day was held at the Pikes Peak International Raceway.

See Pages 16 and 17.

## Happenings



The Western Museum of Mining and Industry tells the story of miners and mining.

See Pages 25 and 26.

## Race for the cure

Susan G. Komen's Race for the Cure is Sunday at Ironhorse Park.

The following roads will be closed Sunday from 7:30 to 9:30 a.m.: Specker between Prussman and Titus, and Wetzel between Prussman and Specker.

Titus between Specker and Sheridan, and Sheridan between Titus and Prussman will be closed 7:45 to 9:45 a.m.

All roads will open as soon as the last walker has passed.

# Community theater comes to Fort Carson

## Courtesy Directorate of Community Activities

The grand opening of the Fort Carson cultural performing arts center will be in September.

For the first night showing, the new center will hold auditions for active duty military to perform on opening night. Auditions will begin at 6:30 p.m. Aug. 18 at the center, building 1129, which is formerly the Fatz Pool and Darts on the corner of Ellis Street and Specker Avenue. Anyone who would like to participate in the audition can contact Al Gambala at 526-1867, 526-6959 or e-mail at [Al.Gambala@carson.army.mil](mailto:Al.Gambala@carson.army.mil).

Participation is strongly encouraged. For those who have special talents in the

art of music or theatrical, the center welcomes your ideas, suggestions and skills in helping with program planning. The center needs singers, instrumentalists, directors and other talents you can contribute.

## Name the performing arts center

The community has the opportunity to name the new performing arts center. Vote on the suggestions below, or submit your own suggestion by e-mail to [al.gambala@carson.army.mil](mailto:al.gambala@carson.army.mil), or call 526-1867, or fill out the entry form below and mail it to: MWR Recreation Division, Attn: Al Gambala, 1675 Ellis St., building 1217, Fort Carson, CO 80913-5000.

Please Print

Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Unit: \_\_\_\_\_ Email: \_\_\_\_\_  
 Name Suggestion: \_\_\_\_\_

Or Circle Your Favorite from the list:

"On Stage" "Little Red Playhouse"  
 "Hambone East" "The Top Hat"  
 "Carson Community Playhouse"




Cartoon by Jim Boroch

# Pvt. Hazard



## What do you think of the new community theater opening on Fort Carson?



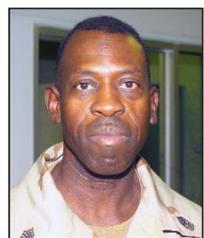
"I think it's a good idea; something for the families to do."  
 Sgt. Justin Cruz  
 Company C, 3-29 FA



"Anytime you can introduce theater and the arts to Soldiers and their families, it gives us an opportunity to expand our culture."  
 Chap. (Capt.) Larry Hamrick  
 3-3 ACB



"It sounds like a good idea, but I think we need a better way to get this kind of information out to families."  
 Lisa Becker  
 family member



"I think it will be great for morale and let Soldiers have some fun .... maybe even find the next superstar."  
 1st Sgt. Ceaser Hargrove  
 3rd Brigade Training Team

### LETTERS TO THE EDITOR

The *Mountaineer* invites readers to write letters to the editor in response to stories in the *Mountaineer* or events that affect the entire Mountain Post Team. Guidelines are set to ensure fairness to everyone. All letters must be signed and include an address or unit designation and daytime telephone number for verification. No address or telephone number will be published and name

will be withheld upon request. Anonymous letters will not be considered. Letters should be no longer than 200 words in length. The *Mountaineer* reserves the right to appropriately edit all letters. If a letter involves an on-post situation, the text of the letter will be forwarded to the appropriate person or directorate for comment. Obscene or pornographic language or materials will not be published.

Because of legal restrictions, both in federal regulations and AR 380-1, under which the *Mountaineer* is published, no letters concerning local or national political issues will be published. Publication of any letters will also conform to all appropriate Department of Defense and U.S. Army regulations. Letters may be sent to: Letters to the Editor, The *Mountaineer*, 1550 Specker Ave., Fort Carson, CO 80913 or dropped off at the *Mountaineer* office, building 1550, Room 2180.

**MOUNTAINEER**  
 Commanding General: Maj. Gen. Robert Wilson  
 Public Affairs Officer: Lt. Col. David Johnson  
 Public Affairs NCOIC: Sgt. 1st Class Dee McNutt  
 Chief, Command Communications: Douglas M. Rule  
 Editor: Staff Sgt. Alicia Stewart  
 Staff Writers: Sgt. Chris Smith, Sgt. Jon Wiley, Spc. Zach Mott, Spc. Stephen Kretzinger, Plc. Clint Stein, Nel Lampe  
 Happenings: Walt Johnson  
 Sports Writer: Walt Johnson  
 Layout/graphics: Justin Pospisil-Marciano

This commercial enterprise newspaper is an authorized publication for members of the U.S. Army. Contents of the *Mountaineer* are not necessarily the official view of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army, or Fort Carson. It is published weekly, using photo-offset reproduction (or other printing process) by the Public Affairs Office, Fort Carson, CO 80913-5119. Tel.: (719) 526-4144. The e-mail address is [mountaineeredit@carson.army.mil](mailto:mountaineeredit@carson.army.mil). Printed circulation: 12,000 copies. The *Mountaineer* is an unofficial publication authorized by AR 360-1. Editorial content is prepared, edited, and provided by the Public Affairs Office of Fort Carson. The *Mountaineer* is printed by Gowdy Printcraft Press, Inc., a private firm in no way connected with the Department of the Army, under exclusive written contract with Fort Carson. The appearance of advertising in this publication,

including inserts or supplements, does not constitute endorsement by the Department of the Army or Gowdy Printcraft Press, Inc., of the products or services advertised. The Printer reserves the right to reject advertisements. Every thing advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected. All correspondence or queries regarding advertising and subscriptions should be directed to Gowdy Printcraft Press, Inc., 22 North Sierra Madre, Colorado Springs, CO 80903, phone (719) 634-1593. The *Mountaineer's* editorial content is

edited, prepared and provided by the Public Affairs Office, building 1550, room 2180, Fort Carson, CO 80913-5119, phone (719) 526-4144. Releases from outside sources are so indicated. Army News Service releases are received from Headquarters, Department of the Army. The deadline for submissions to the *Mountaineer* is close of business the Friday before the issue the submission will appear in. The *Mountaineer* staff reserves the right to edit the submissions for newspaper style, clarity and typographical errors. Public Affairs policies and statements reflected in the news and editorial columns represent views of the individual writers and under no circumstances are to be considered those of the Department of the Army. Reproduction of editorial material is authorized. Please credit accordingly.

# News

## Article 32 hearing

From Page 1

insisted that CID was relying entirely on the family's claim that the body found was that of the missing man. Norris tried to make the case that typical tactics, techniques and procedures of the Iraqi insurgency are to fake the deaths of Iraqis to make coalition forces lose the trail of high-valued targets, hurt coalition forces' morale or collect money from the U.S. government in the form of solatia pay, money given to the family of a local national killed in a conflict.

The body was never exhumed by CID because of security reasons, said Cintron. Exhumation requires 48-hour notice, and insurgents could have used that information to ambush coalition forces.

Defense attorneys argued that without a body, there is no case for manslaughter.

"No body, no evidence, no case," said Norris in his closing argument for the defense.

The defense also presented evidence that the anti-malaria drug mefloquine, found in some studies to cause aggressive or suicidal behavior, may have played a factor in the Soldiers' decision to force the two Iraqi men to jump in the river. However, government prosecuting attorneys claimed that the studies never brought the stress of combat into the equation.

Three witnesses testified that when the patrol drove its Bradley fighting vehicles away from the scene of the incident, they saw two men on the bank of the Tigris River. Government attorneys questioned that if these

witnesses indeed saw these two men, why didn't the witnesses tell CID agents when questioned. Defense attorneys argued that CID agents scared the witnesses into silence.

Three commanders testified Friday under testimonial immunity that a command had been given and passed down to the Soldiers to tell the truth about the incident to investigators but to "leave out the part about the water."

Capt. Matthew Cunningham, commander of Company A at the time of the incident, testified by telephone that the Soldiers having the two Iraqi men jump in the river was "a tactical mistake, not a criminal mistake" claiming that he didn't believe that the body found was that of Fadhil.

The final witness of the day, Lt. Col. Nate Sassaman, commander, 1st Batt., 8th Inf. Reg, 3rd BCT, testified that he "looked Cunningham in the eye and said, 'do not talk about the water.'" Sassaman said that the enemy is winning the information war, and this would be an opportunity they would latch onto.

The official charges brought against Perkins include assault, involuntary manslaughter, conspiracy, making false statements and obstruction of justice. The charges against Martinez are making false statements and involuntary manslaughter. Bowman faces charges of assault and making false statements.

If convicted, possible punishment for Perkins could include 26 and a half years confinement, dishonorable discharge, total forfeiture of all pay and allowances and reduction to rank of private E-1. Martinez faces possible punishment of 15 years confinement, dishonorable dis-

charge, total forfeiture of pay and allowances and reduction to rank of private E-1. Bowman faces five and a half years confinement, dishonorable discharge, total forfeiture of pay and allowances and reduction to rank of private E-1, if convicted.

A fourth Soldier, 1st Lt. Jack M. Saville, will face an Article 32 hearing tentatively scheduled for Sept. 9. His hearing was rescheduled due to unavailability of council. Saville faces charges of assault, involuntary manslaughter, conspiracy, making false statements and obstruction of justice. If convicted Saville could be sentenced to 26 years confinement, dishonorable discharge, and total forfeiture of all pay and allowances.

An Article 32 hearing is a preliminary hearing to see if there is enough evidence to take a case to trial. Capt. Robert Ayers, attorney, Staff Judge Advocate, 7th Infantry Division, was appointed as investigating officer by Col. Brian Jones, commander, 3rd Brigade Combat Team, the commander directing the investigation. It is the task of the investigating officer to consider all evidence presented by the government attorneys and the attorneys of the accused during the hearing.

Upon completion of the hearing the investigating officer presents all evidence and his recommendations to the commander. The commander then sends his recommendations to the convening authority; in this case Maj. Gen. J.D. Thurman, commanding general, 4th Inf. Div., Fort Hood, Texas.

Perkins, Martinez and Bowman currently await the decision by Thurman, who ultimately makes the final judgment as to whether the case will go to court martial or not.

## Hybrid

From Page 1

cles, there is no extension cord to this four-door sedan.

"It'll engage the electric motor when it needs to," Cruz said. "When you come to a stoplight and stop, if you're breaking it's actually charging the batteries. If it's traveling, it's charging the batteries."

Currently, there are two hybrids in the TMP fleet, but Cruz said there are three more arriving shortly.

"We're getting a total of five hybrid gasoline electric vehicles," he said. "Right now, 47 percent of the TMP fleet is alternative fuel."

In addition to the hybrid vehicles, the TMP fleet has vehicles that are Flex Fuel (E-85) which operate on unleaded gasoline and ethanol, Bi-Fuel (CNG2) vehicles that have dual fuel tanks which run on unleaded gasoline and compressed natural gas, and dedicated (CNG) vehicles that run on compressed natural gas. All of the Ford Explorers used by the Provost Marshal's Office are E-85 vehicles that utilize either regular fuel or ethanol.

"We have been proactive in meeting the goals of the Federal Energy Policy Act of 1992, which directs that 75 percent of all new light-duty vehicle acquisitions be alternative fuel vehicles, and Executive Order 13149, which mandates that we strive to reduce the United States dependence on foreign sources of petroleum to increase energy security and reduce pollution "Our goal is to comply with Executive Order 13149, and reduce fleet fuel consumption by at least 20 percent by the end of Fiscal Year 2005," Cruz said.



Photo by Spc. Zach Mott

**Ed Bernardo, from the Directorate of Community Activity's Morale, Welfare and Recreation marketing division, checks underneath the hood of a new Honda Hybrid vehicle. This is one of five hybrids the Transportation Motor Pool will be utilizing. Currently, 47 percent of the TMP's fleet is alternative fuel vehicles.**

One of the new operators of the Honda Hybrid, Ed Bernardo, from the Directorate of Community Activities' Morale, Welfare and Recreation marketing division, is excited about the opportunity to drive the posts newest vehicles.

"I think it's a great car and it saves some money with energy efficiency," he said.

Bernardo said he will be using the car to drive all across Fort Carson, around Colorado Springs and on marketing trips to Denver.

# Military

## Youths find 'stuff' to do at commissary



Photo by Sgt. Jon Wiley

**Jenny Kratz, 17, packs groceries into the back of a hatchback at the Fort Carson Commissary Monday**

by Sgt. Jon Wiley  
Mountaineer staff

If you're a teenager looking for a job, it might be closer than you think. In fact, it may be as close as the post commissary.

The post commissary contracts people to bag groceries and carry them to customers' cars for tips, and, as a matter of policy, they look for a certain number of them to be teens as part of their youth bagger program.

"We try to keep about 35 to 40 student baggers at a time," said Carla Everling, the head bagger who also handles other baggers' contracts. "And during the summer, we hire more so they can have a little extra money."

Everling said the youth baggers are an important asset to the commissary because they relieve the adult baggers who generally work morning and after shifts. The student baggers come in at 4 p.m. during the school year and 2 p.m. during the summer months and work until closing.

"When they come in, the regular baggers can go home," Everling said, and she added that this is a good thing because "we don't want anyone to work a 12- or 13-hour day; we're not trying to overwork anybody."

Zyanya Castillo, 18, has been bagging groceries for four years.

"I started because I got in trouble, and my dad made me get this job," she said.

Even though she was initially forced to start bagging for tips, she said she took to it immediately. She admits she primarily does it for the money but said it has other perks as well.

"You get to see your old friends here, (and) make new friends — it's almost better than school," she said.

Kym Jackson, 17, bags groceries as well. She said it's a fun job where she can make some spending money. She said the biggest tip she's ever received was \$22, but on average she said she gets about \$2 a customer.

Kenny Forbes, 17, said how much a bagger makes depends on the day. He said he makes his biggest money two days before payday, two days after payday, Saturdays and Sundays.

Teenagers who are interested in bagging groceries can go to the commissary and fill out an application. The commissary doesn't pay baggers anything. All baggers work for tips only, and they must pay \$2.50 a day to work there, Everling said.

Additionally, baggers must wear long black pants and a white shirt and must buy this uniform themselves. Also, there is now a policy to only contract teenagers who are 16-years-old or older, and they must be military identification card holders.

# Military Briefs

## Misc.

**Enlistment bonus** — If you were deployed in Iraq, Kuwait or Afghanistan, you may be entitled to a lump sum reenlistment bonus of \$5,000. Effective April 13, the Army announced a retroactive bonus to qualified Soldiers that reenlisted from March 18, 2003, to Sept. 18, 2003.

Also effective May 18, the Army announced a new listing of Selective Reenlistment Bonus and Targeted SRB Program. Under this new message, qualified Soldiers may be eligible for a lump sum bonus of up to \$10,000.

To see if you were qualified, please see your local Career Counselor:

3rd ACR — 526-3417

3rd BCT — 526-4549

43rd ASG — 526-9366

Division troops — 526-3983.

### Officer Candidate School Board

— There will be an Officer Candidate School board Nov. 17 and 18. All participants must report in Class As. All packets must be turned in to the 502nd Personnel Support Battalion, building 1118, room 208, no later than Nov. 4. For more information, call Spc. Samantha Lamping at 526-6481.

**Warrant officer recruiting** — The U.S. Army is looking for highly motivated Soldiers, Marines, Sailors and Airmen to fill its warrant officer ranks. Positions are open in all 45 specialties if you qualify.

Applicants with less than 12 years active federal service are encouraged to apply.

For more information, contact the Warrant Officer Recruiting Team at [www.usarec.army.mil/warrant](http://www.usarec.army.mil/warrant) or call

(502) 626-0484.

**U.S. Military Academy positions available** — The U.S. Military Academy at West Point is looking for branch-qualified company grade officers and non-commissioned officers in the rank of sergeant first class interested in an assignment to the USMA. NCOs should have drill sergeant or platoon sergeant experience with 12 to 15 years of service to be assigned to the staff and faculty as instructors and company tactical NCOs.

Selected officers will normally attend advanced civil schooling for up to two years followed by a three-year tour at West Point.

For application information, go to <http://www.usma.army.mil/adjutant-general> or write to Management Operations Branch, AG Division, West Point, N.Y. 10996-1926.

**Special Forces briefings** — Special Forces briefings will be conducted weekly at the Grant Library. The briefing times are Wednesdays at 1:30 p.m. and Thursdays at 1:30 and 3:30 p.m.

The Army's Special Forces is a strategic, multi-purpose force capable of rapid response to various contingencies around the world. Called "Green Berets," these highly-skilled Soldiers are trained in unconventional warfare, foreign internal defense, direct action, special reconnaissance, combating terrorism, information operations and counter proliferation.

Special Forces candidates must be mature and self-motivated; open and humble; and better conditioned physically and emotionally than the average Soldier. All interested male Soldiers, privates first class to staff sergeants, and second and first lieutenants are encouraged to attend. For more information, contact Sgt. 1st Class Bill Roepe at 524-1461.

## CIF Hours

**Central Issue Facility hours of operation:**

### Regular business hours

Mondays, Tuesdays, Wednesdays and Thursdays from 7:30 a.m. to noon and 12:30 to 3 p.m. and Fridays from 7:30 a.m. to noon.

### Initial/partial issues

Mondays, Thursdays and Fridays from 8 to 11:30 a.m. and 12:30 to 3 p.m. and Mondays, Tuesdays, Wednesdays and Thursdays from 12:30 to 3 p.m.

### Direct exchange

Mondays, Tuesdays, Wednesdays and Thursdays from 12:30 to 3 p.m.

### Partial turn-ins

Mondays, Tuesdays, Wednesdays and

Thursdays from 12:30 to 3 p.m.

### Full turn-ins

Appointments are scheduled Mondays, Tuesdays, Wednesdays and Thursdays, call 526-3321.

Effective immediately: Replacement will be scheduled Monday, Thursday and Friday mornings. Demobilized units tentatively have Tuesdays and Wednesdays to schedule out processing. Mobilization units will schedule unit direct exchange by appointment. Unit supply sergeants will collect Soldiers' DX items and schedule CIF appointments. A CIF employee will work one-on-one with a supply sergeant.

**Active-duty units** — Permanent Change of Station/End of Time in Service/chapters/retirees will make an initial out processing appointment Mondays, Tuesdays, Wednesdays and Fridays for turn-in. All follow-on appointments (14 OCIE items or less) will be scheduled if needed.

Bulk issue and turn-ins — by appointment only.

Appointments can be made with Kristine Harald at 526-3321. POC for this information is Frank Howard, CIF supervisor at 526-6477.

## Laundry Service

**Post Laundry Service** — The post laundry service provides free laundry service to Soldiers for government-owned property only. Items issued by the Central Issue Facility should be cleaned at the post laundry prior to turn in. Allow extra time for items to return from the cleaners. It is not recommended to pick up your equipment on the same day as the scheduled CIF appointment. Turn around for service is 72 hours.

No appointment is necessary. The post laundry will not clean personal items like Battle Dress Uniforms, boots, tent pegs, canteens, entrenching tools or wet-weather gear. Material TA-50 items that can be washed include: sleeping bag assembly, chemical suits, Gortex, ruck sacks, coveralls, CVC jackets and most web equipment.

Hours of operation are 7:30 a.m. to noon and 12:30 to 3:45 p.m., Mondays through Fridays, excluding holidays. For more information, call 526-8806 or 526-8804.

## Briefings

**eArmyU** — eArmyU program briefings are conducted at the Mountain Post Training and Education Center, building 1117, Tuesdays at 9 and 11:30 a.m. and Wednesdays at 1:30 p.m.

**The Army Career and Alumni Center briefing** is required for all depart-

ing servicemembers. The current ACAP policy is to register personnel ETSing one year out and retirees two years out. Briefings are held Mondays, Tuesdays, Thursdays and Fridays from 8:30 to 10 a.m.

Call 526-1002 or 526-0640 to schedule a briefing.

**Are you ending your time in service?** If you're within 120 days of end of time in service, you must immediately call 526-2607 or 526-2599 to make your appointment for your mandatory Reserve Component Briefing.

**The Commanding General's Newcomers' Brief** is the third Wednesday of each month, 1 to 3 p.m. at McMahon Theater.

## Hours of operation

**Education Center hours of operation** — The Mountain Post Training and Education Center's hours for certain programs and services are as follows:

**Counselor Support Center** — Monday through Thursday, 7:30 a.m. to 4:30 p.m. and Friday, 11 a.m. to 4:30 p.m.

**Army Learning Center and Basic Skill Classes** — Monday through Thursday, 9 a.m. to noon and 1 to 4 p.m.

**Defense Activity for Non-Tradition Education Support and Advanced Personnel Testing** — Monday through Friday, 7:30 a.m. to 4:30 p.m.

**eArmyU Testing** — Monday through Thursday, 8 a.m. to 4:30 p.m. and Friday, 8 a.m. through 4:30 p.m.

**eArmyU Office** — Monday through Thursday 7:30 a.m. to 4:30 p.m. and Friday, 11 a.m. to 4:30 p.m.

**Military Occupational Specialty Library** — Monday through Friday, 7:30 a.m. to 11:45 a.m. and 12:45 to 4:30 p.m.

**Claims Division hours** — The Claims Division office hours are Monday through Thursday from 9 to 11:30 a.m. and 1 to 4 p.m. The office is closed Fridays.

### Personnel Claims hours:

Mandatory briefing: Mondays and Wednesdays from 10 a.m. to 2 p.m. Submit DD 1840/1840R

Receive documents for filing:

Submitting completed Tuesdays and Thursdays from 9 to 11:30 a.m. Claims: 1 to 4 p.m. Closed on Friday.

If there is an emergency personnel claims issue on Friday, call Tina Kolb at 526-1352.

**Editor's note:** The deadline for submitting "briefs" to the Mountaineer is 5 p.m. Friday before publication.

# Dining Schedule

Aug. 5 to 13

Saturday, Sunday and Training  
Holiday Dining Facilities

## Weekday Dining Facilities

James R. Wolf (building 1444)  
3rd ACR CAV House (building 2461)  
Mountaineer Inn (building 1369)  
10th SFG (A) (building 7481)  
3rd BCT Strikers Cafe (building 2061)

## Weekday Meal Hours

Breakfast 5:30 to 9 a.m. (All facilities)  
7 to 9 a.m. (James R. Wolf)  
Lunch 11:30 a.m. to 1 p.m.  
Dinner 4:30 to 6:30 p.m.  
5 to 7 p.m. (James R. Wolf)

## Exceptions

- Patton House is closed until further notice.
- Striker and 43rd ASG are open Saturdays and Sundays.



3rd ACR CAV House. (building 2461)  
James R. Wolf (building 1444)  
Mountaineer Inn (building 1369)  
3rd BCT Strikers Cafe (building 2061)

Saturday, Sunday and Training  
Holiday Meal Hours

Breakfast 7:30 to 9:30 a.m.  
Lunch 11:30 a.m. to 1 p.m.  
Dinner 4:30 to 6:30 p.m. 3 to 5 p.m. (James R. Wolf)

# Environmental training vital to sustaining Fort Carson mission

by Susan Galentine-Ketchum

## Directorate of Environmental Compliance and Management

Military training and the environment are often pitted against each other when it comes to public opinion and portrayed as incompatible. Fort Carson has taken that perception and proven that Army training, conducted with consideration for the environment, can produce beneficial outcomes for the Army, native wildlife and natural habitats.

Numerous species of wildlife have benefited from large areas of undisturbed training lands on Fort Carson, which is in contrast to developed areas where houses and paved roads are rapidly encroaching on wildlife habitat. The Army has benefited by having the open space and environment to conduct realistic training scenarios.

Fort Carson teaches Soldiers and civilians how to properly train and conduct operations to ensure compliance with local, state and federal environmental, natural and cultural resources laws and regulations. Installations that do not follow environmental regulations can receive stiff monetary fines, which ultimately cut training funds. The Army and the environment must coexist and can do so in a mutually beneficial manner.

Education is a cornerstone of how Fort Carson accomplishes its required environmental goals. There are several courses required of selected per-

sonnel to ensure they are knowledgeable about environmental sensitivities whether training downrange or working in a motorpool. Trained individuals are then counted on to educate unit members and to be the point of contact for unit or activity environmental programs.

The following are environmental courses provided to Soldiers and staff on Fort Carson to accomplish the mission in a manner with the least amount of impact to the environment.

Environmental training is provided to the following groups on Fort Carson:

- At the unit level, newly arrived individuals receive a one-hour training session.
- New company commanders and first sergeants receive a one-hour briefing.
- New civilian employees receive a 30-minute briefing.
- Soldiers preparing to train at the Piñon Canyon Maneuver Site receive a pre-deployment briefing(s).
- Senior commanders and sergeants majors are briefed as needed.
- Building Energy Monitors and Energy Conservation Officers are trained to ensure units comply with the garrison commander's energy policy. The BEMs and ECOs incorporate energy programs in unit facilities. Each unit, activity, directorate, contractor and tenant unit is required to have

a trained BEMs and ECOs. For more information, call 526-1739.

• Environmental Protection Officers are trained in environmental awareness to comply with environmental regulations and assigned to individual areas where programs are inspected for compliance with environmental standards. Each unit, activity, directorate, contractor and tenant unit is required to have a trained and certified EPO and EPNCO.

Certification for EPOs/EPNCO is offered in a one-week, hands-on class every other month in building 2410. For more information, call 526-4446, 526-0896 or 526-2022.

• Maneuver Damage Control Training provides information on how to train with the least impact to wildlife, training lands, waterways and wetlands. Classes are offered the third Wednesday of the month from 1 to 2 p.m. in building 2410. Company-level units and larger are required to have at least three members on orders and certified in Maneuver Damage Control Training. Additional classes are available upon request. For more information, call 526-4667 or 526-6374.

• Environmental Awareness Classes are provided to Installation Repair and Utilities staff, during the Safety Officer Certification Course and to requesting units. For more information, call 526-0979.

For more information on any of these environmental training classes, call 526-4446 or 526-0896.

*If you're heading on post ...*

# Leave your weapons at home

by 1st Lt. Kira Dawkins  
Provost Marshal Office

Soldiers, family members and civilians should not store their weapons in their vehicles.

There have been a lot of incidents of people being searched and detained at the gates or picked up by the Colorado Springs Police Department for weapons, specifically ones brought back from Iraq.

Large knives designed for hunting, fishing or recreation may be used only in authorized hunting, fishing and recreation areas. Large knives designed to be used as kitchen utensils may be used anywhere, but only for the preparation of food. Large knives designed for field use may be authorized by the unit commander for use while down range or while on maneuvers.

Small knives (3 and half-inch blade or less), are not prohibited weapons, and multi-tool knives and similar tools may be worn on the belt. It is an affirmative defense if a person is legally authorized to carry a concealed weapon on a military installation. However, the only people legally authorized to carry a concealed weapon on a military installation are those who have a valid federal permit issued by the

Provost Marshal Office or Department of Defense agencies, specifically authorizing concealed weapon possession on military installations. Concealed weapon permits issued by the Colorado Springs Police Department or any other local authorities are not valid at Fort Carson.

Please register your weapons on post if you have not already done so. Also, do not store any weapons in your vehicles. Any car entering post is subject to being searched, and a person could find himself in a lot of preventable trouble.

If you are unsure of whether or not you have to get a particular weapon registered, contact the desk at the PMO. More information on registering weapons on Fort Carson can be found in FC Reg 210-18.

## Vehicle Registration Office

The Fort Carson Vehicle Registration Office will be closed Aug. 13 from 8:30 to 11:30 a.m.

## Traffic Roll Up July 14 to 27

In the past two weeks, there were 423 citations:

- 84 for speeding
- 15 for running a stop sign or red traffic light
- 4 for not wearing a seatbelt.



**Many types of knives are not allowed to be carried on post. Check the story for the regulations.**

- 218 for improper parking
- 3 for DUI
- 99 for other violations (malfunctioning equipment, passing on shoulder, lack of insurance or registration, improper vehicle operation, etc.)



Photo by Spc. Zach Mott

## *Dedicated to Soldiers ...*

Soldiers' Memorial Chapel opened its doors Tuesday to dedicate a window honoring the 7th Infantry Division. This stained-glass window has followed the 7th ID from Camp Casey, Korea, to Fort Ord, Calif., to Fort Lewis, Wash., and now its home at Fort Carson. The window honors the sacrifices 7th ID Soldiers made during the Korean Conflict.



Photo by Sgt. Jon Wiley

## *Movie magic ...*

Fort Carson movie-goers watched a showing of "Peter Pan" on a large screen under the stars in Ironhorse Park July 29 at 9 p.m. About 250 people attended the Directorate of Community Activities event, and a representative from DCA said it went so well that a showing of "Pirates of the Caribbean" in the park is being planned for later this month, but a date hasn't been set.

# Community

40 may be too late ...

## Breast cancer can start in your 20s

by Pfc. Clint Stein  
Mountaineer staff

A 29-year-old woman, eight months pregnant, goes into Evans Army Community Hospital for her monthly checkup, but also wants the doctor to investigate a lump she had felt in her breast that same morning.

The doctor, after reviewing the test results, gives the young woman the shock of her life by informing her she has breast cancer.

This was the all too real scenario that happened to Yalonda Wilson, who survived her battle with breast and is now 35 years old.

When the doctor first told Wilson the news, "It was like I had stepped out of my own body and was seeing it happen to someone else, she said. "I couldn't breath."

Breast cancer is the leading cause of cancer deaths for women age 40 to 59, and every three minutes another woman is diagnosed, according to the American Cancer Society.

"To get breast cancer at the age of 29 is something you don't expect," said Wilson. "This is no longer an old lady's disease."

Wilson considers herself lucky because she was able to have a lumpectomy to remove the tumor that was growing in her right breast, but Virginia Shegog wasn't so lucky.

Shegog underwent her sixth surgery Tuesday in another grueling

attempt to remove the malignant tumor that still remains in her right breast after five surgeries. Shegog hopes this is the last piece of her body being removed.

Like Wilson, Shegog couldn't believe what was happening to her at such a young age. "I'm 38, I don't smoke, don't drink, I eat right, I was always so healthy," she said, "This is a silent disease that can just sneak up on you."

The risk for breast cancer increases as women get older, about eight out of 10 cases of breast cancers are women older than 50, but Cathy Pigott would disagree with those statistics. Pigott was diagnosed with breast cancer at the age of 39 and believes that age doesn't matter.

"I'm meeting and seeing all these young women out there with breast cancer, and it breaks my heart. These women have their whole lives ahead of them; they're too young."

Unlike Shegog, Pigott opted for a double mastectomy even though she only had malignant tissue in her right breast.

"Everybody is different, everybody has their choice of what treatment they want," Pigott said. "I'm comfortable in my skin and have a husband that loves me and supports my decisions." Pigott decided not to get reconstructive breast implants after her breast cancer surgery. "God and my family got me

through this, my husband will kiss my scars."

Wilson also gives tribute to God and her children. "My kids want to see my scars all the time now. I used to tell them they were my battle scars, now I tell them they are my victory scars," Wilson said. It was hard trying to explain to my children that I had cancer, Wilson added. "When children hear you have cancer, they immediately think you're going to die."

Jody Petit, a breast cancer survivor who was diagnosed at the age of 35, believes it's important to have a lot of support from family and friends while going through breast cancer treatment. Petit said she felt very lucky to have been at Fort Carson when she was diagnosed with breast cancer last year.

"It was amazing all the support I had from friends and spouses of other units," said Petit. "These women were trying to keep their own houses going during the deployment and here they were helping me."

Although Petit, Pigott, Shegog and Wilson all said they are appreciative of the support and help they get from other people, they do not want people to feel sorry or pity for them. Shegog said she is a fighter and she is determined to beat this disease. Petit keeps her hair cut short and wears a different temporary tattoo periodically on the back of her neck.

"I want people to see me and think,

'now that girl's got some spunk.'" Petit is currently wearing a tattoo of her husband's regiment symbol as well as a yellow bracelet on her wrist representing the Neil Armstrong Cancer Research Foundation.

Petit will be participating in the Race for the Cure at Ironhorse Park Saturday along with Wilson and Pigott. "It's an incredible feeling to see all those women out there supporting each other in their own battles against breast cancer," said Pigott, "It's just tough to see so many young ones."

"We are starting to steer the ship of society in the direction that breast cancer is not just a disease for old women, but for any woman," said Petit. "Young women have to check themselves every single day. Be your own advocate — life is too short to ignore the odds."

According to the American Cancer Society, every 13 minutes a woman dies from breast cancer.

"All the women that I was going through chemotherapy treatments with died as a result of breast cancer; I was lucky," said Pigott.

"Women need to push their doctors into giving them a mammogram and being more proactive about their lives," Pigott said. "If we (Wilson, Shegog, Petit and herself) scared 500 women into getting a mammogram and one of them came back positive for breast cancer, we might have saved that ones life."

## Special emphasis program from EEO

by Pfc. Clint Stein  
Mountaineer staff

The Equal Employment Opportunity Office established a Special Emphasis Program Committee July 19 in order to help analyze the federal employment workforce at Fort Carson.

The committee is made up of 14 representatives from different directorates on post but is mainly staffed by members of garrison and the Medical Department Activity.

"(The SEP Committee) would like to have a good representation for all of Fort Caron's employees," said Pat Rosas, SEP manager. The committee hopes more representatives from other directorates will soon join the SEP, she said.

The 14 members of the committee attended a week-long class that was instructed by the Defense Equal Opportunity Institute in order to learn several aspects of equal opportunity employment. The class entailed many subjects such as discrimination, complaints, affirmative action programs, individuals with disabilities, promotions and briefing techniques.

After the last day of class July 23, the new committee members graduated and are now qualified SEP Committee representatives of their respective directorates.

Although members of the SEP Committee are representatives of the federal workforce on Fort Carson, they can also serve as EEO counselors as well. The main focus of the SEP Committee is to help all federal employees on Fort Carson regardless of race, color, religion, sex, national origin, handicap or age.

The SEP Committee has several objectives, said Rosas. "We will address employment issues that affect the workforce, like advancement and promotions." The SEP Committee would act as a voice for the employees at Fort Carson, Rosas added. "Without the SEP Committee it was hard to understand what was going on in the work force."

To help with some of these issues, the SEP Committee will serve as a communication network between employees, managers and the local community. It will also inform employees of opportunities for employment and training, as well as assist in carrying out affirmative employment goals.

Committee members are federal workforce volunteers and will serve for a term of two years as members. The SEP Committee will meet once a month to collaborate on ideas and to discuss how to get more representatives from other directorates involved in the new program.

"We're relying on the people to make Fort Carson a better place," said Rosas.

Anyone interested in joining the SEP Committee or getting more information can call Pat Rosas, SEP manager, at 526-5818.

### SEP committee members

Amy Mersereau-Cooper, DOL	526-9078
Jacques D' Amour, DOL	526-2258
Kathye D. Green, DECAM	526-1729
Lenore Goolsby, DOIM	526-3710
Patricia Rosas, EEO	526-5818
LaShunda Blevins, EEO	526-4413
Catalina Cole, DCA	526-3368
Charles Royal, DPTM	526-2101
Carolyn Jamerson, G-1	526-5709
Darnelle Selby, ACS	526-0443
Albert Rivera, MEDDAC	526-2101
Mark Precht, MEDDAC	524-4097
Jerri R. Brooks, DPW	526-9516
Jerlene Dodd, DOC	526-6595

## Chaplain's Corner

For love of the Internet ...

# Does your marriage compute?

**Commentary by Chap. (Capt.) Noel Johnson  
5025th Garrison Support Unit**

We are at a point where you have to be electronically tied in, or you will get left behind.

I am a note writer, so I have had to adjust to e-mail. Only my old friends snail mail me notes these days, and it is my favorite treat to find a personal letter in the mailbox. Thank-you e-mails for gifts are just the worst. Well, actually, the second worst. The worst is a spouse who e-mails friends whose last correspondence should have been a thank-you note for the wedding present.

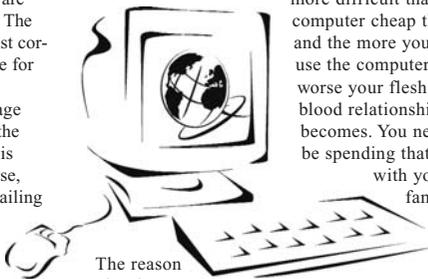
I would say that 50 percent of the marriage problems I counsel for are directly related to the computer. In many of those cases, the spouse is using the Internet for fantasy chatting (or worse, real chatting) or viewing pornography, or e-mailing inappropriately.

If you are married, you should not be corresponding privately with members of the opposite sex to whom you are not related. If you are not both writing this together, you are stepping over the line. Being married means no more dating. This includes cyber dating.

The others are the new generation of football couch potatoes; the spouse is unavailable while spending hours on the computer, playing games or surfing the net, or coming up with some other excuses to glue themselves to the screen. The

interaction you are having with the computer is stolen interaction for which you should turn to your spouse. The more you teach yourself to befriend a machine, the less adept you become at interacting with your spouse. You have to learn to deal with the shortcomings of your spouse and teach your spouse to deal with your flaws. It is

more difficult than computer cheap thrills, and the more you misuse the computer, the worse your flesh and blood relationship becomes. You need to be spending that time with your family.



The reason we develop hobbies and interests is to reduce stress and indulge ourselves in a little feel-good activity. When you master a facet of the computer, you gain control, and you feel good about your accomplishment. That is the job of your spouse. If you are having problems making that work, please sign up for one of our many couples communications classes. It used to be sports or cars that robbed

relationships of depth. We have advanced two steps backwards to computers.

We all need to pamper ourselves from time to time. The problem arises when we turn to an activity that falsely affirms us and we become stuck in it. When the time we spend in this activity answers the 10 addiction questions, we are addicted. The most significant question of the 10 is "does this activity affect your primary relationships?" Other questions such as "do you sneak?" "Do you do this alone?" "Do you place this ahead of and neglect priority tasks?" "Does this affect your work? (what would your boss say if he/she knew how much duty time you were spending?)" just affirm that this has gone past the self-indulgent phase and has become a problem. Oh, yes, the next question is "do you deny you have a problem?" Yes? If you answered two of the questions (or your spouse identified two of them as problems) you do have a problem. To give you an idea of the seriousness, the questions are fielded by Alcoholics Anonymous.

Don't get to the point where you are electronically tied in and relationally untied in your marriage. In the 80s, it became trendy to turn off the TV for a week and spend time playing games, reading, going for walks, cooking, visiting, writing letters and going on outings. Ask yourself if it's time to unplug from cyberspace and reconnect with your family before it crashes.

# Community Briefs

## Miscellaneous

### Officers' Spouses' Club membership sign-up —

The Fort Carson Officers' Spouses' Club is hosting an annual membership sign-up Aug. 18 from 10 a.m. to 2 p.m. at Quarters 1 St. Lo Drive on post.

Call Lee Ann Hoppman at 559-7800, Ingrid Kaugars at 559-9417 or Pam Swinford at 559-7055 for more information.

### Self-Help Weed Control Program —

Army Regulation 200-5, Pest Management, requires pesticide applicators on military installations to be certified. The Directorate of Environmental Compliance and Management developed a self-help program that allows military members, after they receive the necessary training, to be issued a pre-mixed Round-Up herbicide to treat weeds in rocky areas around their barracks, service and administrative areas and motor pools.

In order to meet strict regulatory requirements for application of these products, units that wish to participate in the Self-Help Weed Control Program must have their military members trained in the proper handling, transport and application of herbicides. Once an individual has received the required training, the DECAM can issue them pre-mixed herbicides in sprayers or Weed-N-Feed with spreaders for their use.

Training sessions are held every Tuesday from 10 to 11 a.m. through the end of October at building 3711. Each unit may send up to five people for training unless pre-approved for more through the unit commander and DECAM. Sprayers and/or spreaders can be picked up and returned to building 3708 Monday through Friday between the hours of 9 a.m. and noon only.

To find out more about the Self-Help Weed Control Program, call the Pest Control Facility at 526-5141. The Fort Carson housing contractor is responsible for the application of herbicides for weed control in family housing areas. For more information on housing weed control, call the housing contractor at 579-1606.

**Camp and sports physicals** — Evans Army Community Hospital has set aside additional physical slots to meet the high demand. Call soon to get a time that works for you.

School physicals are not a requirement for entry into any local school.

Immunizations will need to be updated for children entering kindergarten and children 11 to 12 years of age.

Pediatric Immunization Clinic Hours: 7:30 to 11:30 a.m. and 1 to 3:30 p.m. Monday to Friday. Closed after 11:30 a.m. the second Thursday of the month.

Immunizations are done on a walk-in basis.

Call 264-5000 to make an appointment for a physical.

**Active-duty servicewomen are invited to participate in a women in the military self-diagnosis study**

— If you are an active-duty female and have symptoms of a vaginal infection (vaginal discharge that looks or smells abnormal; itching, burning, pain inside or outside your vagina) or a urinary tract infection (pain or burning upon urination; frequent urination; or greater than normal urge to urinate), you are invited to participate in a research study to test military women's ability to use a newly developed self-diagnosis kit to determine the cause of their vaginal/urinary symptoms.

If interested in participating in the study, call Lynn Money, research nurse practitioner at DiRaimondo Troop Medical Clinic, 524-2047 or 2051.

### Health and Safety Office closing —

The American Red Cross Health and Safety Education Office in room 1801 at Evans Army Community

Hospital will be closed for two months. The Health and Safety program is part of the Pikes Peak Chapter in Colorado Springs which is currently undergoing a transition.

If your military unit or family members are interested in a community cardiopulmonary resuscitation/first aid or other health and safety education classes, call the chapter at 632-3563. The new address is: 1040 S. 8th Street in Colorado Springs, across from Motor City.

**Youth sponsorship training** — Army life means having to leave your home, school and friends to move to a new installation. Youth sponsorship offers you the opportunity to make new friends and help someone adjust to his or her new home.

Classes are offered one Saturday per month at the Family Connection Center in building 1354, from 2 to 4 p.m. Upcoming classes are Aug. 21, Sept. 18 and Oct. 16. For more information on youth sponsorship, call 526-1070.

**Voting information** — For voting information or voting materials, see your unit's Voting Assistance Officer or contact the Fort Carson Voting Assistance Officer at 526-8419. You can also find voting information by going to the Federal Voting Web site at [www.fvap.gov](http://www.fvap.gov) or the Fort Carson Web site at [www.carson.army.mil](http://www.carson.army.mil), click on links.

**Yard Sale** — The Fort Carson Mayors' yard sales are twice a month on the first and third Saturday of the month between 8 a.m. and 3 p.m.; dates are Saturday and Aug. 21, Sept. 4 and 18, Oct. 2 and 16, Nov. 6 and 20 and Dec. 4 and 18.

Both on- and off-post residents can participate. Housing residents can set up yard sales in front of their houses; barracks and off-post residents can set up in the Beacon Elementary School parking lot.

All residents and sellers must comply with the following guidelines:

- Residents are responsible for conducting their yard sale.
- Individual occupants are responsible for trash control and removal, which must be completed by 5 p.m. the day of the sale or citations will be issued.
- Commercial organizations and individuals will comply with all regulations related to commercial solicitation.
- All sellers are prohibited from offering for sale items such as drugs, guns, food or anything that does not conform to the rules and regulations of Fort Carson or the state of Colorado.

For more information, contact your village mayor or the mayor program coordinator at 526-1082 or 526-1049.

**Civilian Wellness Program** — Make that change from being a couch potato watching sports to being on the team; join the Civilian Wellness Program. Get ready to play those sports, take that hike, bike or pursue a new sport. Are you ready and able to hike one of Colorado's 14,000-foot mountains and see what a real Rocky Mountain high is all about? Have you ever biked the Sante Fe Trail from Monument to Fountain to see another view of Colorado? Get off the sofa and out of the house and enjoy the beautiful weather and the breathtaking sites of Colorado. Take the challenge and join the Civilian Wellness Program for Department of Defense employees. Join the team at the Mountain Post Wellness Center for this unique opportunity. The Civilian Wellness Program allows three hours each week of duty time to work out at the wellness center (approval from supervisor required).

The program starts with an assessment and baseline testing. Individuals set goals and the wellness center team sets up a physical exercise program and provides educational opportunities to increase your total health. This is the opportunity to start a holistic program for a lifetime of good health. Take that first step to a healthier lifestyle. Then step up that mountain and enjoy the view. Call Sandra Ensmen at 526-4264 for information or pick up your enrollment packet. Join the Civilian Wellness Program for DOD civilians. The next session begins Sept. 16 at 9 a.m. This is the last session and chance to get in shape before the holi-



Army Community Service  
Family Readiness Center  
719-526-4590

## OPERATION back to School

- ✓ Providing school supplies for eligible school age children
- ✓ Applications now available
- ✓ Appointments available:  
-Tuesday thru Friday, 5:30 p.m. - 7:00 p.m.  
-Saturdays, 8:30 a.m. - 4:00 p.m.
- ✓ Please bring to appointment:  
-Social security numbers for all eligible children  
-Most recent end of month LES  
-Pay stubs (if applicable)  
-Military ID
- ✓ Application Deadline: Saturday, 7 August.

Schedule your appointment with your ACS  
Financial Readiness Program, (719) 526-4590.

days.

**Metering equipment installation in housing villages** — Energy Billing Systems and Fort Carson Family Housing began installing of metering equipment throughout the following villages Monday; Arapahoe, Choctaw, Apache, Sioux and Shoshoni. Residents will be given a notice of 48 hours prior to the visit. The EBS technician will be accompanied by an Omni employee. The installation should take 20 to 30 minutes. Technicians will need access to backyards, basements and attics, when applicable. If you are a pet owner and will not be available during the window of time you are given, we ask that you assist us by making arrangements for your pet to be cared for during that time. Our thanks in advance for your cooperation and assistance with this process.

### Improved self-help station for housing —

Come visit our new and improved self-help area located at 6271 Mekong St. Monday, the self-help station began operating from 9 a.m. until 3 p.m., Mondays through Fridays. Please use the side entrance to the building. You will be pleased to find several items that will assist you in maintaining your home.

**ESCO Scrapbook fundraiser** — Come and catch up on all those photos you've set aside Sept. 11 2 to 7:30 p.m. at Waa-Nibe House, building 1007.

The cost is \$25 to register in advance and \$30 at the door. Cost includes dinner.

If you're new to scrapbooking and want to see what it's all about, bring six to 10 photos (most recent event) for a product presentation and demonstration. Bring someone new and receive a \$25 credit on your Memory Keepers Card. There will also be a raffle for a 12 by 12 inch album, and 15 percent of product purchase will be donated to ESCO.

If you are unable to attend but would like to sign up and would like your purchase go towards ESCO, please call Jessica Masisak at 597-1710.

**Crafters needed** — The First Fort Carson Craft Fair will be held Oct. 2 at the Special Events Center. Booths will cost \$25 or \$20 with a donated door prize. Call Jessica Masisak at 597-1710 for more information.

**ID Card/DEERS Section closure** — The Fort Carson ID/DEERS Section will be closed Aug. 30 and 31 for installation of new software. For more information, call Mary Foster at 524-3704.

## Chapel

## Protestant Adult Sunday School Classes

— are offered at 9:30 a.m. at Soldiers' Memorial Chapel, building 1500 (next to the post exchange).

**Native American Services** — The He Ska Akicita Inipi is located on Fort Carson. All native and non-native people, military personnel, family members and Defense Department personnel are welcome.

Anyone interested in attending and praying in this manner can contact Michael Dunning at 382-5331, (c) 330-9537, or (e-mail) [micheal.dunning@carson.army.mil](mailto:micheal.dunning@carson.army.mil), or Charles Erwin at (h) 382-8177, (e-mail) [erwin106@juno.com](mailto:erwin106@juno.com), or Zoe Goodblanket at 442-0929 for information and directions.

**Daily Bible readings:** In order to assist in regular scripture reading, the following scriptures are recommended. These scriptures are part of the common daily lectionary which is designed to present the entire Bible over a three-year cycle.

**Friday** — Psalms 61 & 2 Chronicles 16-18

**Saturday** — Psalms 62 & 2 Chronicles 19-21

**Sunday** — Psalms 63 & 2 Chronicles 22-24

**Monday** — Psalms 64 & 2 Chronicles 25-27

**Tuesday** — Psalms 65 & 2 Chronicles 28-30

**Wednesday** — Psalms 66 & 2 Chronicles 31-33

**Thursday** — Psalms 67 & 2 Chronicles 34-36

## Chapel Schedule

## ROMAN CATHOLIC

Day	Time	Service	Chapel	Location	Contact Person
M-W-F	noon	Healer	Healer	Evans Army Hospital	Fr. Battiato/649-5260
Tues., Wed., Thurs.	noon	Mass	Soldiers'	Nelson & Martinez	Chap. Amano/526-5769
Saturday	5 p.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Amano/526-5769
Sunday	8 a.m.	Mass	Prussman	Barkeley & Prussman	Chap. Amano/526-5769
Sunday	9:30 a.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Amano/526-5769
Sunday	10:45 a.m.	CRE	Soldiers'	Nelson & Martinez	Pat Treacy/524-2458
Sunday	11 a.m.	Mass	Healer	Evans Army Hospital	Fr. Battiato/649-5260
Sunday	12:15 p.m.	Mass	Provider	Barkeley & Ellis	Chap. Amano/526-5769
Tuesday	6:30 p.m.	RCIA	Soldiers'	Nelson & Martinez	Pat Treacy/524-2458
Saturday	4 p.m.	Reconciliation	Soldiers'	Nelson & Martinez	Chap. Amano/526-5769

## PROTESTANT

Sunday	9 a.m.	Protestant	Healer	Evans Army Hospital	Chap. Kincaid/526-7387
Sunday	9 a.m.	Protestant	Provider	Barkeley & Ellis	Chap. Borden/526-3711
Sunday	11 a.m.	Protestant	Soldiers'	Nelson & Martinez	Chap. Kennedy/526-8011
Sunday	11 a.m.	Prot./Gospel	Prussman	Barkeley & Prussman	Chap. Bowman/526-5513
Sunday	9:30 a.m.	Sun. School	Prussman	Barkeley & Prussman	Chap. Bowman/526-5513
Sunday	9:30 a.m.	Sun. School	Soldiers'	Nelson & Martinez	Dr. Scheck/526-5626
Tuesday	9 a.m.	PWOC	Soldiers'	Nelson & Martinez	Chap. Kennedy/526-8011
Sunday	11 a.m.	Contemporary	Veterans'	Magrath & Titus	Chap. Ellison/526-8890
Sunday	6 p.m.	PYOC	Soldiers'	Nelson & Martinez	Chap. Kennedy/526-8011
Friday	noon	Prayer	Soldiers'	Nelson & Martinez	Ms. Scheck/524-1166

## LITURGICAL

Sunday	10:45 a.m.	Lutheran	Provider	Barkeley & Ellis	Chap. Lloyd/526-3888
--------	------------	----------	----------	------------------	----------------------

## JEWISH

For information and a schedule of Jewish Sabbath services, call the U.S. Air Force Academy Cadet Chapel at 333-2636.

## WICCA

Monday	6:30 p.m.		Family University	Building 1161	Melissa Dalugdug/330-7873
--------	-----------	--	-------------------	---------------	---------------------------

## MORMON

Sunday	2 p.m.	LDS	Provider	Barkeley & Ellis	Chap. Jones/526-3718
--------	--------	-----	----------	------------------	----------------------

## NATIVE AMERICAN SWEATLODGE

Native American Sweatlodge ceremonies (He Ska Akicita Inipi) are offered to military dependents and Department of Defense personnel for traditional prayer and purification. Fasting before the ceremony is recommended and refreshments are offered following the ceremony. Please call the following for information and directions: Michael Dunning 382-5331 or 330-9537, or Zoe Goodblanket 442-0929.

The Army Cycle Of Prayer — Each week the Office of the Army Chief of Chaplains will highlight Army units, the Army at large, the nation and religious organizations to focus prayer.

You are invited to join the chaplain community and pray for these individuals and organizations.

Unit: For the Soldiers and leaders of the 81st Infantry Brigade, a separate brigade located throughout the state of Washington.

Army: For the Army G-2, Lt. Gen. Keith B. Alexander, and the military and civilian personnel who work in the Office of the Deputy Chief of Staff for Intelligence.

State: For all the Soldiers and families from the state of Oklahoma. Pray also for Gov. Brad Henry, the state legislators and local officials of the "Sooner State."

Nation: For the Secretary of the Environmental Protection Agency Michael O. Leavitt. Pray for the

18,000 men and women of this agency and its mission to protect human health and safeguard the national environment.

Religious: For the Soldiers and families from the Anglican Church bodies of America. Pray also for the chaplains endorsed to military service by this community of faith.

For more information on the Army Cycle of Prayer, visit the cycle's Web site at [www.usarmy.chaplain.com](http://www.usarmy.chaplain.com).



The stock cars come roaring around the track during the the Salute to the Troops 250 NASCAR Busch Series race at Pikes Peak International Raceway Saturday. Greg Biffle had to start from the back of the pack, but a first class pit crew and some fancy driving handed him the win and \$74,835. Martin Truex Jr. set the track record on Friday with a qualifying speed of 137.478 mph.



Country superstar Martina McBride gets the crowd going during a concert that took place after the the Salute to the Troops 250 NASCAR Busch Series race at Pikes Peak International Raceway Saturday.



Members of the SCORE Motorsports pit crew push the FanZCar, driven by Hermie Sadler, toward the track in preparation for the Salute to the Troops 250 NASCAR Busch Series race at Pikes Peak International Raceway Saturday. The FanZCar is sponsored by fans, giving them a chance to be more personally involved in the racing experience.

# Race day

**Story and photos by Spc. Stephen Kretzinger  
Mountaineer staff**

Whether it was the rev of a V-8 engine, the yell of a child cheering for his favorite driver or the pitch change of the announcer's voice as one car overtook another for a quick break, nothing overshadowed the feeling of patriotism that filled Pikes Peak International Raceway at the Salute to the Troops 250 NASCAR Busch Series race Saturday.

PPIR has a maximum capacity of 42,700 and July 31 now holds the record of the highest attended event in PPIR history. People from all walks of life attended the event and revelled in its festival-like atmosphere.

The day began with the NASCAR Elite Division Midwest Series

Freedom 150. The drivers raced around the one mile loop at speeds that averaged 95 miles per hour. Eddie Hoffman, of Wheaton, Ill., took the event, winning \$9,430.

Hoffman took the lead on lap 59 and survived a late race push from Auggie Vidovich, of Lakeside, Calif., by just .620-seconds to score his first triumph of the year.

Midwest Series championship point leader Justin Diercks of Davenport, Iowa, finished third. West Salem, Wis., driver Steve Carlson finished fourth and Colorado Springs native Kevin Clark came in fifth.

Between races, Maj. Gen. Robert Wilson, commanding general, 7th Infantry Division and Fort Carson, was presented a token of appreciation from PPIR.

The drivers for the next race, the Salute to the Troops 250 NASCAR Busch Series race, were introduced and escorted to their cars by Operation Iraqi Freedom veterans. A parachutist carrying a giant American flag airdropped onto the track. As the flag was held aloft at the finish line by pit crew workers, Martina McBride stepped up and sang a stirring rendition of the national anthem.

The call of "start your engines" was sounded and the cars started their way around the track. Wilson waved the green flag and the Salute to the Troops 250 NASCAR Busch Series race had begun.

Greg Biffle had to start from the back of the pack, but a first class pit crew and some fancy driving handed him the win and \$74,835.

Stacy Compton finished second despite losing a cylinder halfway through the race. He was followed by Jason Leffler, rookie Clint Bowyer and Martin Truex Jr. who set the track record on Friday with a qualifying speed of 137.478 mph.

During the end of the race ceremonies, several OIF veterans attended a "meet and greet" with McBride in a backstage VIP area in the infield section of the track.

Following the end of race ceremonies, McBride took the stage. She wowed the crowd with many of her hits, such as "This One's For the Girls," "Concrete Angel" and "Independence Day." She also threw in a few cover songs such as "Hit Me With Your Best Shot" by Pat Benetar, "I Can See Clearly Now" by Johnny Nash, and a heart-wrenching version of "America the Beautiful."

Throughout the day attendees could peruse the many booths set up behind the grandstand seating area and purchase a plethora of food and drink items, T-shirts, jackets and other souvenirs. There was also several informational booths such as one put up by the Army with static displays of different types of "Humvees."

The plan was to have a day of national pride and appreciation for the Soldiers who sacrifice so much to defend the freedom of all Americans. The record attendance, crowd applause and cheers for the Soldiers of the U.S. Army are proof positive that the day was a success.



A Pikes Peak International Raceway-record crowd fills the grandstands Saturday.



A lone parachutist glides gracefully from the sky delivering the American flag for the national anthem, which was sung by McBride, at Pikes Peak International Raceway Saturday.



Maj. Gen. Robert Wilson, commanding general, 7th Infantry Division and Fort Carson, waves the green flag signaling the beginning of the Salute to the Troops 250 NASCAR Busch Series race at Pikes Peak International Raceway Saturday.



Proudly Brought to You by Your Fort Carson Directorate of Community Activities, Bldg. 1217 Specker Ave. 719-526-3161  
Visit us at [www.ftcarsonmwr.com](http://www.ftcarsonmwr.com)

# Out & About

Aug 5 - 13, 2004

## INTRODUCING ITR Adventure Tours



August 28  
jeep tours



August 21  
skydiving



August 12  
paintball



August 15  
atv tours

customized trips & dates available

☎ for more information 719.526.8325 ☎



## Parent & Child



**Golf Outing**  
\$10 entry fee  
**August 7, 2004**  
**at 3:30 p.m.**  
at the Fort Carson Golf Club  
*Parent pays for their cart & greens fee  
the child plays for FREE!  
Grandparents can play too!*

9-hole scramble format  
Call the Pro-Shop at 526-4102  
Open to military families only



**Pikes Peak or Bust Rodeo**  
at the World Arena  
**August 11 - 15, 2004**  
Tickets available now  
at the Fort Carson ITR Office  
Call 526-5366  
**MILITARY APPRECIATION NIGHT**  
11 AUGUST 2004

**SOUTHWESTERN PICTURE FRAME**  
Friday, August 20  
3 pm - 6 pm  
\$10.00 (pre-register fee)  
Call 526-0070 for info.

**McKibben's POWER LIFTING Competition**

Event Date: Aug. 21 - 22, 2004  
Entry Deadline: no deadline  
Event Time: 9 am to 7 pm  
Events: Dead lift, squats, bench press  
POC: Lenwood Jordan  
Contact Info: 526-2137, 526-2597  
Location: Building 1160

\*Notable to the Fort Carson DCA Marketing, Advertising & Sponsorship Team  
No Federal Endorsement of Sponsor(s) Intended.

**FT. CARSON GOLF CLUB SIDEWALK SALE!!**  
**AUG 13 - 15**  
**7 AM TO 5:30 PM**  
**10% - 70% OFF**  
**FOR INFO, CALL 526-4102**

# Sports & Leisure

## State Games

### Carson represents well at state games



Photos by Walt Johnson

Reigning Olympic heavyweight freestyle champion Rulon Gardner holds up the torch after lighting the flame to officially open the Colorado State Games.



Michael Hagan, back, watches as his son Luc gets ready for the children's swimming part of the Colorado State Games Saturday at the post indoor pool.

#### by Walt Johnson Mountaineer staff

The Colorado State Games were opened with a message to the competitors by Olympic heavyweight freestyle wrestling champion Rulon Gardner.

Gardner implored the athletes to thank their parents for sticking with them and give the games the best they had from a performance and sportsmanship standpoint.

Both youth and adult teams from the post took part in the games. Representing the post were teams from: the 1st Battalion, 68th Armor, 3rd Brigade Combat Team; 1st Squadron, 3rd Armored Cavalry Regiment; 2nd Squadron, 3rd ACR; Fort Carson Aces, Lucky 12, Fort Carson Mountaineers (corporate, male and female teams); Fort Carson Titans and many other youth teams.

The teams from the Mountain Post community took Gardner's words to heart and the games involving post teams on post and at the Skyview sports complex brought out the best the teams had to offer.

The Fort Carson Aces, the post varsity men's softball team, won the silver medal in the D-level competition and finished fifth overall during the games. The Aces are getting ready for the upcoming D recreation league tournament Saturday at Skyview Sports Complex at Colorado Springs.

The state games brought a number of athletes from other states to the post and other areas in town. One of those athletes, Jendy Burchfield from Pennsylvania, echoed the sentiments of most athletes about competing in the games.

"This is a smaller race than the last one I did which had about 3,000 competitors. It's nice to do a race this size because the competition was good and the people made it fun," Burchfield said.

"We were so glad we were able to help contribute to the great games played this weekend," said Bill Reed, special events center manager. "We had good games good people and the people had a great time. This is what the state games are all about."



World Class Wrestling program athletes Oscar Wood, left, head coach Shon Lewis, center, and Kevin Jackson, right, National Teen Coach for freestyle wrestling, were joined by Keith Sieracki, behind Wood and Dremiel Byers, behind Lewis, as they participated in the opening ceremonies of the Colorado State Games.

## Mountaineer Event of the Week

*We love our  
military  
team, too ...*

Showing they know how to pick winning teams, members of the 2004 Denver Broncos cheerleaders pose with members of Harmony-In-Motion after the Army singing team sang the national anthem to open the Colorado State Games at the Air Force Academy Friday night.



Photo by Walt Johnson

# Runner shows courage in triathlon



Photo by Walt Johnson

Rachelle Garcia, left, sprints toward the finish line as she completes the triathlon event at the Colorado State Games on post Saturday.

by **Walt Johnson**  
**Mountaineer staff**

Two years ago, Rachelle Garcia was fighting back from a condition that wouldn't let her walk, let alone run.

Even today, the simple chore of getting out of bed can be troubling for Garcia. Each day, though, Garcia has one thought in mind — to overcome the health obstacle and achieve outstanding results.

That is why Garcia was triathlon participant number 130 Saturday at the Colorado State Games triathlon at the Mountain Post outdoor swimming pool.

Garcia was diagnosed with scoliosis, a curvature of the spine, while in the eighth grade and it got progressively worse leading up to last year when doctors performed surgery to correct the situation.

"As I got older, I developed two curves in the back, and one of the curves was starting to close in on a lung. At that point the doctor told me I had to get it fixed or the condition would close in one of my lungs."

It was two years to the day of the race that the doctors opened her up. This was not an easy time for Garcia, who actually had to have a will done prior to the surgery because of the risk involved.

They took out a rib, fused some ribs

and put 12 screws and two titanium rods in her spine. After the surgery her family ("gave me so much love and support") helped Garcia fight the toughest battle of her life.

Prior to the surgery, Garcia ignored the pain and continued running through her high school and college years. In college she actually had to get a lift for her shoe that allowed her to compete.

As she got stronger, she realized she could not run for distance like she was used to. (She held the school record for one year in the 10-kilometer run at the University of Northern Colorado.)

"I started to get into low impact workouts like swimming and cycling. Then I signed up for my first triathlon after the surgery so I could motivate myself to cross train because I couldn't run so much anymore. I knew it would be a challenge but everything I do is a challenge, so I wanted to do it," Garcia said.

Garcia had another reason to push herself. She is a high school cross country and track coach and has a wonderful support system from her family and friends. "I have a lot of support from the people I run with in Pueblo and my family. I had to practice what I preached to the kids. It's all mental and what you choose to overcome from a mental standpoint," Garcia said.

## On the Bench

# Fountain-Fort Carson Trojans open high school football practice Aug. 16

by Walt Johnson  
Mountaineer staff

**It's that time of the year again! The play-for-pay boys have hit training camp, and Aug. 16 the high schoolers will have their chance to get ready for the upcoming season.**

High schoolers interested in playing for this year's Fountain-Fort Carson Trojans football team should mark Aug. 16 on the calendar. The high school team will hold its first official practice session of the year as it prepares for the upcoming season. Trojans head coach Mitch Johnson said the team will have its first practice at 3 p.m. He added if anyone wishes to participate on the team and has not signed up they should report to the high school's football stadium at 2 p.m.

**The next boxing smoker is set to take place Aug. 26 and 27 at the Special Events Center on post.**

According to Bill Reed, post special events manager, the smoker is designed to help form the post boxing team that will be formed to allow Soldiers to practice their pugilistic skills and meet in competition. The smoker should be one of the best the post has put on since many of the boxers are currently training and learning from members

of the World Class Athlete Program boxing team among others on correct techniques and conditioning, according to Reed.

**The post youth center is gearing up for the upcoming fall football and soccer seasons.**

Registration is currently under way for coed volleyball (5th and 6th grade) flag football, cheerleading and youth soccer, and will take place until Aug. 28.

The coed volleyball season is set to begin Sept. 6, and the season will run through Nov. 6. The cheerleading season is scheduled to begin Sept. 9 and run through Oct. 11.

The fall soccer season is scheduled to begin in September with skills assessments for children 7 to 9 years old and 10 to 12 years old. To play soccer, a child must have an annual membership with the youth center. Call the youth center at 526-1233 or 526-4425 to make an appointment for the skills assessment and register your child. Also, coaches are needed for the upcoming season. The flag football season is scheduled to begin Sept. 9 and run through Oct. 11. Please call central registration at 526-1100 or 526-1101 for registration information.

Each of the activities requires a physical for the child to participate.



Photo by Walt Johnson

## Go little guys ...

From left to right, Laura Petersen, Scott Petersen, Brody Petersen, Dale Spencer, Kelley Geddes and Jeannie Sweet look on as the youth center Yankees and Red Sox met Saturday at the youth baseball field.

# Mountaineer Sports Spotlight



## *Future NASCAR drivers? ...*

David Wissinger, right, and a member of one of the race team crews, back, look on as Wissinger's grandsons Andre Marcum, left and Blaine Marcum, second from left, check out one of the race cars in front of Xtremes Sports and Entertainment Lounge on post Thursday prior to the Salute to the Troops racing event held Saturday at the Pikes Peak International Raceway in Fountain.

Photo by Walt Johnson

# Mining in the West

The Western Museum of Mining and Industry tells the story of mines, miners



The gigantic Corliss steam engine was used to power gold mines. The machine weighs 36 tons.

Story and photos  
by Nel Lampe  
Mountaineer staff

**G**old mining was an important industry in the Pikes Peak area in 1891 and the years following. Once gold was discovered near Cripple Creek, prosperity and progress followed. Prospectors and adventurers arrived, stocking up on shovels, picks and gold pans purchased from merchants hoping to make their fortune in hastily set up general stores.

But few prospectors struck gold and many of them took jobs in mines where

gold had been found. A day's pay was \$3 and the work was hard. The miners usually worked every day, dawn to dusk. Much of the work was done by hand — drilling into hard rock, blasting out the rock and loading it by hand into carts so it could be lifted to the surface.

Large machines were brought in to provide electricity and power to the mines and to speed up the ore-gathering and extraction process.

Several small to gigantic machines used in mining operations are at the Western Museum of Mining and Industry and help tell the story of mines and miners.

Arrive at any time the museum is open and take a self-guided tour. To make the most of the visit however, take one of the twice-daily guided tours, at 10 a.m. and 1 p.m. The guided tour is included in the price and is a great improvement over a self-guided visit.

The tour guide also demonstrates machinery during the tour and adds colorful insider details.

The biggest attraction in the



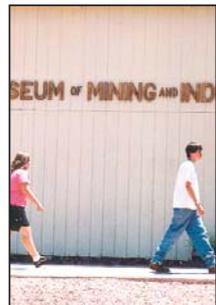
Guide Sean McMurry, second from right, shows the Skinner Automatic Steam Engine and Westinghouse generator to a tour group.

museum is the 500-horsepower Corliss steam engine, which dominates the main room. The machine dates back to 1895 and weighs 36 tons. The engine was the power source for a typical western mine. The gigantic machine could be disassembled, but each piece weighs about eight and a half tons. Try to imagine the logistics of getting 36 tons of equipment into place at the mine's headframe at an



An 1890s-style assay office is an exhibit in the museum.

# Happy Miners



Places to see in the Pikes Peak area.

Aug. 5, 2004

## Mining museum

From Page 25

altitude of more than 9,000 feet, even if it was in four pieces.

The Corliss was a hot-friction machine and required oil constantly. Boys were employed as "grease monkeys" at 10 cents an hour, 60 hours a week, to make sure the oil got to the working parts while the engine was running. It was dangerous work for \$6 a week.

Near the large Corliss is an 1880 Thomas Edison generator and an Edison dynamo from 1895. Both machines are quite rare and are still in working condition.

Edison thought the dynamo would be able to "light up New York." In truth, it would have taken a dynamo on almost every street to accomplish the task of lighting up New York. The dynamo, however, was effective in lighting a mine and providing power to some machines. The Edison Dynamo in the mining museum is the only working model anywhere in the world.

A 1907 bright-red Skinner Automatic Steam Engine and Westinghouse generator combination produced electricity. Machines by this time were self-oiled as young boys could no longer be employed to oil the machinery because of child labor laws.

Some visitors don miners' clothing for a tour through the dark, simulated mine shaft as the tour guide demonstrates equipment that was used for drilling and demonstrates how dynamite was used for blasting.

Once the ore was chipped or blasted from the mine walls, the gold had to be removed from the rock. A working model of a stamp mill illustrates

the process of crushing the rocks and extracting the gold.

A real stamp mill is on the museum grounds, the 1890s Yellow Jacket Stamp Mill. It was relocated from a Colorado Mine at Montezuma.

The entire picture of gold mining is shown in the museum. A typical 1890s assay office is in the museum, where prospectors would take ore to be tested for gold content.

There's a working blacksmith shop, a typical mine shaft, a changing room, melting furnace and mine office. Even a bar scene is in the museum, as bars seemed to also play a vital role in miners' lives.

There's a gold-panning trough where visitors may learn to pan for gold.

"What's Mined is Yours" displays minerals commonly used in today's households, such as baby powder, and ingredients used in toothpaste and chocolate sandwich cookies.

Hands on exhibits help explain the process of extracting the gold.

Also included with the tour price is a 20-minute video presentation which portrays the life of early miners.

The museum was established in 1970 and has been in its present location since 1982. The museum has about 50,000 visitors each year.

Several pieces of machinery are displayed on the grounds, such as a Cornish Steam Engine manufactured in 1838 in Cornwall, England.

Two burros live on the museum grounds, and are descendants of mine-worker burros. Burros were used in mining operations and were given the nickname "Rocky Mountain Canaries."

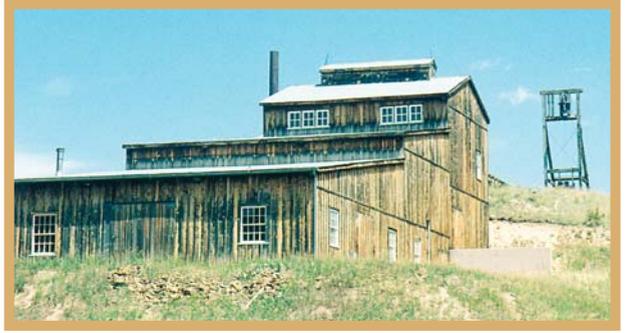
No food is sold at the mining museum, but visitors are welcome to bring their own lunches. There are picnic tables on the grounds.

The Western Museum of Mining and Industry sponsors special monthly "Super Saturdays," of interest to children families. Super Saturdays events cover a subject related to mining are "hands-on." The cost is \$3 per person. The next Super Saturday event is "Rock Odyssey" Oct. 9. Reservations are requested, call 488-0880.

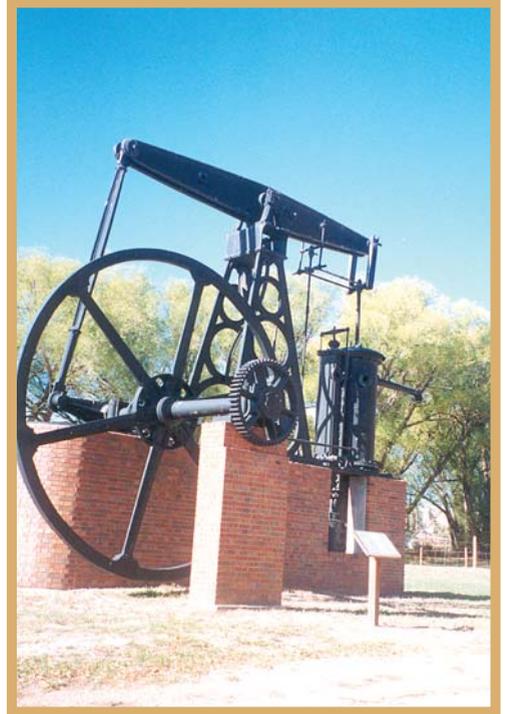
A special activity Aug. 28 at 1 p.m. is called "Outside Machinery." The 1920 steam shovel and air-powered locomotive will be operated for the last time this year.

The museum is open from 9 a.m. until 4 p.m., Monday through Saturday. Admission is \$7 for adults; children ages 5 to 13 recharged \$5. Children under 3 get in free with a paying adult.

A small gift shop at the museum features mining-related souvenirs such as rock



A reconstructed stamp mill and mine headframe are on the museum grounds.



The Cornish steam engine, manufactured in Cornwall, England, in 1838, is on the museum property.



TOP: Guide Sean McMurry demonstrates gold panning to mine visitors. BELOW: Sean McMurry points out a piece of gold in the pan.

samples, jewelry, T-shirts, geods, polished rocks and gold panning equipment. Quartz and amethyst crystals are available, as are vials of real silver, copper and gold. Fools' gold, stones, pendants and gold-dipped aspen leaf jewelry is sold. There's also a selection of Colorado and mining related books.

The museum is located at exit 156A, at 1025 North Gate Road — just opposite the North Gate entrance to the Air Force Academy. Watch for the red farm house and the museum sign. There's free parking in front of the museum.

### Just the Facts

- **Travel time** half an hour
- **For ages** all ages
- **Type** museum
- **Fun factor** ★★★★★ (Out of 5 stars)
- **Wallet damage** \$\$

\$ = Less than \$20

\$\$ = \$21 to \$40

\$\$\$ = \$41 to \$60

\$\$\$\$ = \$61 to \$80

(Based on a family of four)

## Get Out!

### JoyRides appreciates military

**JoyRides Family Fun Center** is honoring the Military through Sunday. Military members with identification receive a free all-day wristband for JoyRides. Family members can buy an all-day wristband for half-price, with valid identification. Today's hours are 10 a.m. to 9 p.m., Friday and Saturday from 10 a.m. to 10 p.m., and Sunday, 11 a.m. to 9 p.m.

### Rodeo parade

The annual rodeo parade is at 10 a.m. Wednesday in downtown Colorado Springs. The parade includes marching bands, horses, floats and more. It's the city's biggest parade and kicks off the Pikes Peak or Bust Rodeo.

### Colorado State Fair

The Colorado State Fair runs Aug. 21 to Sept. 5. Concert tickets are on sale at the State Fair Box Office and Ticketmaster, 520-9090, for Stacie Orrico, Chris Cagle, Chris LeDoux, ZZ Top, Dierks Bentley, Trick Pony, Brad Paisley, REO Speedwagon, Olivia Newton-John and Clay Aiken. Tickets are \$13 to \$33.

### Ice cream social

An old-fashioned ice cream social is

Saturday, from 11 a.m. to 2:30 p.m. at the 1873 McAllister House, once known as the finest house in town. Activities in the yard include face painting and games. Ice cream is 5 cents a scoop and hot dogs are \$1. Tours of the McAllister House, 423 N. Cascade Ave., are \$5 for adults, \$3 for children ages 6 through 12, and children under 6 are free.

### Pikes Peak Center

**Buddy Guy and Robert Cray**, Grammy winners, are in concert at the Pikes Peak Center, 190 S. Cascade Ave., Aug. 21 at 8 p.m. Call 520-SHOW for tickets, beginning at \$39.

### One more Renaissance day

The Air Force Academy presents a Renaissance Festival, featuring combat jousting, sword play, food and craft vendors and more. It's Aug. 21, 10 a.m. to 7 p.m., at the Cadet Athletic Fields off North Gate Road. Call 333-4497 for tickets. It's open to Department of Defense and military identification card holders. Admission is \$8 for adults; \$5 for children under 12.

### Money Museum

The Money Museum at 818 N. Cascade Ave., exhibits important American coins and currency, called "E Pluribus Unum: The Money That Made America." Entrance is free.

### Broadway in Colorado Springs

Season tickets are on sale for the new season in the Pikes Peak Center, which includes "Fiddler on the Roof," Oct. 20 and 21; "The

Full Monty," March 15 and 16, "Defending the Caveman," April 8 and 9; "42nd Street," May 8 and 9. An optional show is Hal Holbrook in "Mark Twain Tonight!" Call 520-SHOW for information.

### Fine Arts theater season

The Fine Arts Center repertory theater has scheduled its new season. "A Funny Thing Happened on the Way to the Forum" is Oct. 1 to 14; followed by "Nun-crackers: The Nonsense Christmas Musical," Nov. 19 to Dec. 12. "Cabaret" is set for Feb. 4 to 27, followed by "Singin' in the Rain" April 29 through May 22. Call 634-5583 for tickets.

### Air Force Academy concerts

The Academy Concert season is now on sale. The schedule includes Emerson Drive Sept. 17, Paul Rodriguez Sept. 18 and Capitol Steps Oct. 9. In 2005, "Crazy for You" is Jan. 22, "Steel Magnolias" is Feb. 25, "Broadway Rhythm" is March 5, "Da Noise, Da Funk" is March 12, "Contact" is March 30 and "Passing Zone" is April 23. Call 333-4497 for information.

### Indian singers and drummers

Rock Ledge Ranch Historic Site hosts the Red Spirit Singers and Drummers from Utah in a performance Aug. 15 at 11 a.m. in the American Indian Area. Ranch hours are 10 a.m. to 5 p.m., Wednesday through Sunday. Admission is \$4 for adults, \$3 for teens and \$1 for children 6 to 12. Under age 6 are free.



Photo by Spc. Aimee J. Felix

## *Pikes Peak or Bust Rodeo ...*

Catch the action at the 64th annual Pikes Peak or Bust Rodeo at the Colorado Springs World Arena, Wednesday through Aug. 15. Fort Carson Night is Wednesday. Hundreds of cowboys and cowgirls compete in team roping, pictured above, as well as bareback riding, bull riding, steer wrestling, saddle bronc riding, calf roping and barrel racing. Specialty acts this year include trick motorcycle rider Troy Lerwill, wild cow milking and wild horse racing. Tickets are on sale at Information, Tickets and Tours and the box office at the World Arena. Parking is \$5.



Program Schedule for Fort Carson cable Channel 10, today to Aug. 13.

Army Newswatch: stories from Operations Enduring Freedom and Iraqi Freedom (repeat). Airs at 7:30 a.m., 12:30 p.m., 7:30 p.m. and 12:30 a.m.

Navy/Marine Corps News: stories on family member evacuation from Bahrain, Exercise RIMPAC 2004 and the USS Crommelin (repeat). Airs at 8 a.m., 1 p.m., 8 p.m. and 1 a.m.

Air Force News: stories on treating war wounded, new flightline uniforms and new anti-missile systems. Airs at 8:30 a.m., 1:30 p.m., 8:30 p.m. and 1:30 a.m.

The Mountain Post Community Town Meeting, held monthly, airs at 9 a.m. and 5:30 p.m.

The Pentagon Channel plays on Channel 9. In addition to standard programs like Army Newswatch, the channel will feature other Army-related programs, including briefings and other Army news.

If you have comments on Channel 10 programming or wish to coordinate a broadcast on Channel 10, please contact Chief of Command Information at 526-1241 or via e-mail at [CommandInfo@carson.army.mil](mailto:CommandInfo@carson.army.mil).

Program times will be published in the Mountaineer provided coordination is made one week prior to publication.

For additions to the Community Calendar, please submit an e-mail to the above address or send a clean, type-written copy of the information to the Public Affairs Office, room 2180, 6151 Specker Ave., Fort Carson, CO 80913, or fax information to 526-1021 no later than the Friday before the desired airing time.