

# MOUNTAINEER

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Photo by Sgt. Roy Gomez

## *Sling-loading soldiers ...*

Soldiers of the 871st Troop Command move away from a UH-60 Black Hawk helicopter loaded with supplies. The unit is helping resupply soldiers from the Arkansas National Guard 39th Separate Infantry Brigade Enhanced during the brigade's two-week annual training. See story, page 5.

## 43rd ASG troops 'provide' for deployed soldiers

by Maj. Tim McKernan  
43rd Area Support Group

For members of the 43rd Area Support Group, taking care of soldiers isn't something they are forced to do — it is their job and they love what they do. They sustain U.S. military forces and uphold the unit motto as the "Providers."

Since deployed to Kuwait in January, 43rd ASG soldiers have completed a multitude of tasks supporting soldiers deploying first in support of Operation Enduring Freedom and subsequently Operation Iraqi Freedom. In early March, just as coalition forces entered Baghdad, the unit received the challenging mission of deploying to Iraq to establish a logistics hub serving military forces throughout the Baghdad and Northern Iraq area.

Once the 43rd ASG staff located a site for the hub, the 541st Maintenance Battalion, the "Pacesetters" from Fort Riley, Kan., quickly cleaned up a compound formerly used by Iraqi Army parachute forces. Within days, warehouses were cleaned, parking areas were graded and the Pacesetter team began doing what it does best: sustaining the fighting forces. From food to general supplies to transportation, the 541st and was able to take care of the many needs for the thousands of military and other governmental organizations in the Baghdad area.

See 43rd ASG, Page 7

## President chooses retired general as next Army chief

### Army News Service

WASHINGTON — President Bush has nominated retired Gen. Peter J. Schoomaker to be the U.S. Army's new chief of staff, following the retirement of former Chief of Staff Gen. Eric K. Shinseki.

Schoomaker spent three years as commander-in-chief of the U.S. Special Operations Command at MacDill Air Force Base, Fla., before retiring in 2000. He would be the first

retired four-star officer ever to be called back to serve as the U.S. Army chief of staff.

In fact, Schoomaker is the first retired general to be called back to active duty with the Joint Chiefs since President John F. Kennedy recalled Gen. Maxwell Taylor in 1962 to serve as chairman of the Joint Chiefs of Staff. Taylor had served a four-year term as Army chief of staff from 1955-1959 and retired in 1959

before being summoned by the president to return in 1962 as chairman.

Defense Secretary Donald Rumsfeld announced June 16 that the president had nominated Schoomaker as Army chief of staff. Army Vice Chief of Staff Gen. John M. Keane has served as acting chief of staff since Shinseki's retirement June 11 and will continue in that position until the Senate confirms Schoomaker.



Schoomaker

## INSIDE THE MOUNTAINEER

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Lady Mountaineers win again. Page 19

### Feature



Elkhorn carnival provides fun-filled evening to Fort Carson community members.

See Pages 16 and 17.

### Happenings



"Flying W Wranglers" perform for diners following a chuck-wagon supper at the Flying W Ranch.

See Page 25.

### Road work

The Army Corps of Engineers and Fort Carson Directorate of Public Works is installing a sanitary sewer line along Kwajalein Drive, from Gaudacanal Circle past Sheridan Drive. The construction will finish by Aug. 11. Please be cautious in the area.

Next issue of the *Mountaineer* will be published July 2 because of the training holiday.

# Shinseki leaves legacy of momentum

by Joe Burlas  
Army News Service

WASHINGTON — You cannot consider Gen. Eric K. Shinseki's tenure as the 34th chief of staff of the Army without thinking about two subjects that reflect his passions: soldiers and Transformation.

Shinseki retired from the Army June 11 after a career that spanned the globe and 38 years of service in peace and war.

When the chief started taking me on the occasional trip to visit troops, he told me that my purpose was to tell the soldiers' story — not his. I told him what he had to say to those soldiers during those visits was an important part of the story, but I would find a balance between the two.

For the most part, I have been able to live up to that agreement, and I have tried for that balance here, as what Shinseki has accomplished as chief is tied directly to the welfare of soldiers and their ability to remain the world's greatest warfighters.

Shortly after becoming chief, Shinseki turned the Army on its ear with the announcement that one of his top priorities was to create an Interim Brigade Combat Team capable of deploying anywhere in the world within 96 hours. His vision of units equipped with vehicles lighter than Bradley M2 Fighting Vehicles and Abrams M-1 Tanks would serve as a bridge for the Army's future Objective Force while providing the Army a more lethal, mobile and survivable force than the light forces which initially held the line in Saudi Arabia against Iraq during the Gulf War.

Lacking only its Mobile Gun System and Nuclear, Biological and Chemical Reconnaissance variants, the first Stryker Brigade Combat Team is a

reality today. It finished certification testing in late May and could be ready for deployment as early as late summer, according to officials. The second Stryker Brigade has already started receiving its vehicles and is scheduled to undergo certification testing next May.

Speaking to soldiers, Shinseki said that Transformation isn't just about shiny new equipment

— it's also about changing systems and processes. In the case of the Stryker brigade, part of Transformation was about taking a major Army acquisition system that traditionally takes a decade or more to develop and test before fielding them and changing the processes to cut that time to less than four years from concept to fielding.

In the personnel field, Shinseki chartered

an Army Developmental System XXI study and four separate panels that examined in-depth the training leadership and development expectations and opinions of Army civilians and the noncommissioned officer, Warrant Officer and Officer Corps.

Recommendations from those studies have resulted in a number of initiatives:

- A training holiday prior to three-day holiday weekends to lessen the effects of operation tempo and allow soldiers to balance the needs of work with that of families.

- A one-year stabilization at the current duty station for soldiers with family members attending their senior year at high school.

- An updated NCO career development guide keyed to each military occupational specialty vice the generic guide it replaced.

- A mobile working-spouse forum to encourage industry to hire spouses of soldiers in jobs where

they can telecommute or stay with the business as Army families move from post to post.

- Masking all lieutenant officer evaluation reports upon making captain to allow new officers to learn and survive in what had become a zero-defects environment.

Recognizing that the quarterly Unit Manning Report created during the Cold War often contained 60-day-old information by the time it reached the Pentagon and did not reflect all that is needed to make a readiness evaluation, he charged a group of War College officers to come up with a better way of doing business. The kicker was the requirement that it didn't add another report needing to be filled out to a commander's already overflowing inbox.

The group recommended a Web-based collection system where real-time changes could be made as they occurred and relied mostly on reports that were already being collected. Department of the Army staff and major commands began using the Strategic Readiness System last summer. War College officers were also charged with determining what well-being means and to develop a measurement system that ties dollars to each well-being element. That work was completed more than a year ago with well-being being measured as part of SRS.

Considering that about half of Shinseki's tenure was after the terrorist attacks of Sept. 11, the chief's accomplishments for soldiers and the Army are remarkable.

While the chief has done a lot, he was only half of a very effective command team. His wife Patty hosted the annual Army Education Summit and separate Army Family Action Plan, while making time to visit dozens of family readiness groups. She also hosted a Spouse Orientation Process Action Team of active, Reserve and National Guard spouses that developed a more efficient means of communicating Army resources available to family members.

As a young man, I learned that a good citizen always leaves a place better than he found it. The Shinsekis are great citizens by that definition as they leave the Army a much better place than when they joined it in 1965.

## A few of Gen. Eric Shinseki's accomplishments ....

- A training holiday prior to three-day holiday weekends to lessen the effects of operation tempo and allow soldiers to balance the needs of work with that of families.

- A one-year stabilization at the current duty station for soldiers with family members attending their senior year at high school.

- An updated NCO career development guide keyed to each military occupational specialty vice the generic guide it replaced.

## Shoppers give commissaries high grades

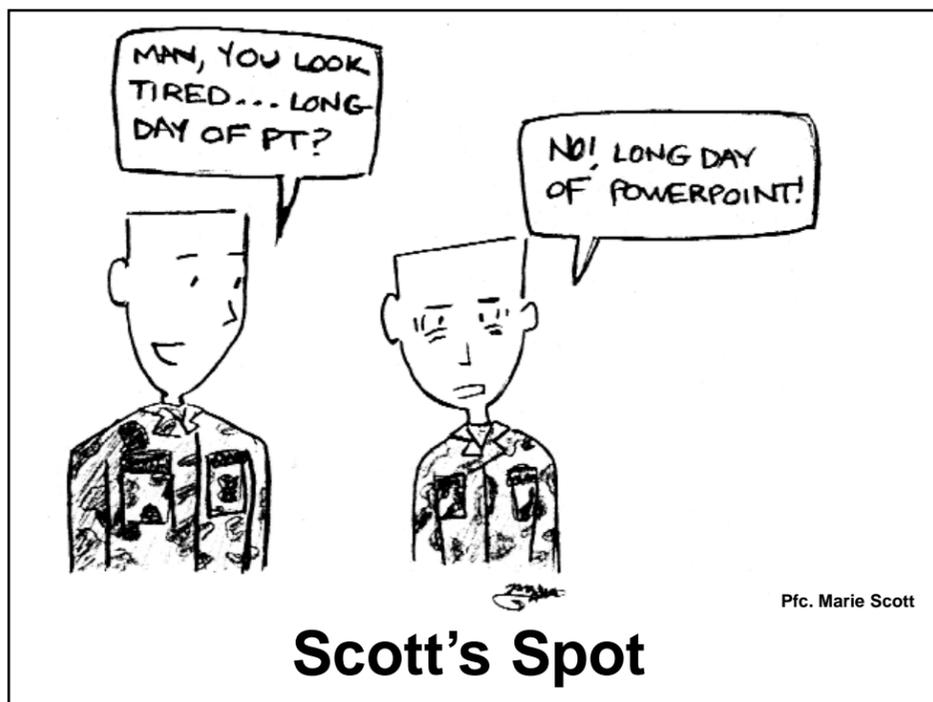
by Rick Brink

Special to American Forces Press Service

FORT LEE, Va., — A steady rise in customer satisfaction continues as commissary shoppers gave high marks — a 4.42 overall score out of a possible 5.0 — in the latest commissary customer service survey, Defense Commissary Agency officials announced today.

"We're extremely pleased with the high regard our customers have for their commissaries and the commissary benefit," said Bob Vitikacs, DeCA's executive director for operations and product support. "We know that it's the whole shopping experience — clean, attractive stores, courteous employees, convenient hours, speedy checkouts — along with our great prices and quality products that keep our customers coming back and attract new customers."

The results of the 2003 mid-year customer service survey, conducted in April, marks a steady rise in customer satisfaction going back to 2000. That year, customers gave commissaries an overall score of 4.23. By 2001, the score had risen to 4.33, and by November 2002 the score had risen to 4.39. The survey tallies the responses to 14 questions from more than 20,000 commissary customers worldwide. The increased frequency makes it easier for the agency to measure improvements and to identify what and where to improve.



### MOUNTAINEER

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# News

## 2003 Soldier Show hits road with tribute

by Victoria Palmer

Community and Family Support Center  
Public Affairs

**ALEXANDRIA, Va.** — The U.S. Army Soldier Show “Legacy” is now on the road for its 103-performance 2003 world tour. The troupe will perform at 57 locations in 21 states, the District of Columbia, Korea and Cuba.

This year, Fort Carson will host the Soldier Show July 8 and 9 at McMahon Theater. There will be a performance July 8 at 7:30 p.m. and two performances July 9 at 2:30 and 7:30 p.m. In addition, there will also be an Audition Workshop July 10 at 9 a.m. This will provide interested soldiers an opportunity for advice and tips for next year’s audition.

From the opening starlit scene of Sgt. Irving Berlin’s fireside musings on what will become of his musical legacy and inspiration for the first soldier show, through the final patriotic strains of “God Bless America,” the show is a fast-paced tribute to the many musical genres enjoyed by soldiers over the years.

The musical medley of Legacy ranges from classic Motown standards to girl-band favorites, popular country to current dance club and chart-topping hits, show tune adaptations from “Aida” and “Chicago,” a nonstop nod to the music legacy of American Indian, Latin, classic, and angst-filled rock, rejoices in the unabashed exuberance of contemporary Gospel and

features show-stopping soloists.

Talented dancers in the cast allow for more dancing in the show than in previous years, with jazz, tap, ballet, Bob-Fosse styled choreography and a Native American Hoop Dance worked seamlessly into the show.

The cast and crew include active duty, National Guard and Reserve Component soldiers from 11 states, Japan, Korea and Germany.

The participants vary in rank from private first class to first lieutenant and include an infantryman, broadcast journalist, military police-woman, armored vehicle gunner, licensed practical nurse, food-service specialist, microwave systems operator and mental health specialist, among others. While in the show, the soldiers are assigned additional duties according to their rank, such as vocal director, dance captain and wardrobe/costume manager.

The soldiers selected for this year’s show, fewer in number due to Operation Iraqi Freedom deployments, understand how important their artistic contribution is, especially during wartime.

The soldiers are attached to the U.S. Army Community and Family Support Center’s Army Entertainment Detachment for 179 days. The Soldier

Show operates as a deployable military unit under the leadership of the detachment commander, first sergeant and a Soldier Show NCOIC who travels with them on the road.

The civilian artistic staff guiding the performers and technicians includes full-time Army Entertainment Division staff member Victor Hurtado, a Latin recording artist who performed with the Soldier Show while on active duty from 1986 to 1989, musical director and Soldier Show alumnus Dennis Buck, and Broadway performer and acclaimed choreographer Tanya Gibson-Clark.

Today’s U.S. Army Soldier Show cast carries on the tradition of “entertainment for the soldier, by the soldier” first established during World War I by Berlin, the “founding father” of today’s Army entertainment program. Berlin, famous for “White Christmas” and “God Bless America,” wrote the first U.S. Army Soldier Show while on active duty at Camp Upton, Long Island, N.Y. in 1918.

Tickets will be available through Fort Carson’s Information, Tickets and Registration office, and even though tickets are free, patrons must have a ticket to get into one of the three performances. For more information, call ITR at 526-5366.

**Soldier Show**  
Fort Carson will host the Soldier Show July 8 and 9 at McMahon Theater. There will be a show July 8 at 7:30 p.m. and two performances July 9 at 2:30 and 7:30 p.m.

# Carson welcomes new garrison commander

by Spc. Jon Wiley  
Mountaineer staff

Col. Michael Resty Jr. took charge of the Mountain Post's garrison during a change-of-command ceremony on Manhart Field here Friday.

Col. Simeon Trombitas, who served as Fort Carson's garrison commander for the past three years, was reassigned to Bogotá, Columbia, where he will serve as the Military Group Commander.

"In a couple of days, I'll be sitting on my dad's porch in Ohio looking to the west, and I'll know the sun sets somewhere behind Cheyenne Mountain, and my friends sit somewhere at the foot of that mountain. I think a piece of my heart will always be here," Trombitas said.

Maj. Gen. Robert Wilson, commanding general 7th Infantry Division and Fort Carson, said Trombitas "shaped the activities and agencies he was responsible for into a single team" during his tenure here and played a major role in making Fort Carson what he considers to be the finest installation in the Army.

"Sim set new benchmarks for installation excellence in support of quality of life, customer service

and caring. I've seen none better," he said.

Wilson added that while Trombitas has set high standards, he has confidence in Resty's ability to build on the successes of his predecessor.

Resty, a New York native, is no stranger to the post and the region. He served as the 4th Infantry Division chemical officer here in 1995 and then as the chief of Battle Damage Assessment Branch, Operations Division North American Aerospace Defense Command at Peterson Air Force Base until 1999. He described his return to the post as a homecoming.

The graduate of the U.S. Military Academy at West Point, N.Y. brings a broad range of troop and garrison experience to his new position.

His awards include the Legion of Merit, the Defense Meritorious Service Medal and the Army Meritorious Service Medal with three oak leaf clusters.

"The garrison's primary mission is to care for the great national asset (of soldiers). I take this responsibility with great honor," he said.

Resty is accompanied by his wife Anne and their four boys, Nick, Tyler, Mikey and Nathan.



Photo by Spc. Jon Wiley

**Maj. Gen. Robert Wilson, commanding general, 7th Infantry Division and Fort Carson, passes the colors to the incoming garrison commander, Col. Michael Resty Jr. as outgoing commander Col. Simeon Trombitas looks on.**

# Military

## Important load

# Sling loaders — Sending morale to troops

by Sgt. Roy Gomez

**14th Public Affairs Detachment  
Fort Chaffee, Ark.** — Inbound,

inbound! A soldier's yell is muffled by the screams of a U.S. Army UH-60 Black Hawk helicopter as it races down from the sky, slowing to a hover over a small group of soldiers.

As helicopter blades spin just a few feet above their heads, soldiers from the Arkansas National Guard Multi State Task Force stay low to the ground and make certain the aircraft leave carrying the cargo needed by the soldiers in battle.

"Our job allows us to provide soldiers in the battlefield with the necessary equipment and materials to continue and finish the fight," said Staff Sgt. Jeff Tate, 871st Troop Command, Arkansas NG MSTF.

Currently, Tate and the rest of the 871st Troop Command are here helping resupply soldiers from the Arkansas NG 39th Separate Infantry Brigade Enhanced and the 7th Infantry Division from Fort Carson, during the brigade's two-week

annual training.

The sling loaders, as referred to by observers, are responsible for making sure the equipment being taken into the field is safe for the helicopter to carry and is properly attached to the aircraft. The U.S. Army Air Assault School teaches sling loaders how to package different kinds of equipment, ranging from ammunition to food and water. Although the sling loaders hardly meet the soldiers they resupply, they know their efforts under the helicopters are appreciated.

"In the field, seeing a helicopter come over the tree line with a bundle under its belly can lift the morale of the entire squad. If they work hard, those guys (sling loaders) can make all the difference — whether we win or lose out there," said Sgt. Luis Salinas, Headquarters and Headquarters Co., 7th Infantry Division.

A sling-loader's life is a dangerous one however. With helicopters hovering overhead and the wind from the blades hurling rocks and debris, there is no



Photo by Sgt. Roy Gomez

**Soldiers of the 871st Troop Command, Arkansas National Guard, sling load a UH-60 Black Hawk with supplies.**

room for error during sling-load operations.

"There are a lot of moving parts all around the loaders, and we have no oral communication with the pilots," said Sgt. 1st Class Marvin Mathis, Installation Supply Unit, Arkansas National Guard MSTF.

"It takes soldiers who pay a lot of

attention to their job and are always concerned about safety because a lot can go wrong under a bird."

But with proper training and a constant awareness of their surroundings, the MSTF sling-loaders successfully accomplished another mission this year, preparing and making sure 37 loads of equipment made it onto the battlefield.

# Military Briefs

## Hours of operation

**Information, Tickets and Registration Office and the Outdoor Recreation Complex Information Desk** have been combined in an effort to better serve customers. Hours of operation are Tuesday through Saturday, 10 a.m. to 5:30 p.m. For information, call 526-2083 or 526-5366.

For official travel services, Carlson-Wagonlit Travel, in building 1012 on Long Street, is open Monday through Friday from 7:30 a.m. to 4 p.m., and until 3 p.m. on training holidays.

Travelers are reminded to bring three copies of travel orders when picking up tickets for official travel. Soldiers and family members must have one original and one copy of their "travelopes" and three copies of each order, to include amendments, for overseas permanent changes of station. If you cannot pick up your tickets in person, you can fax a copy of orders to 526-1142 or 576-5262 for issuance of an e-ticket.

Please call 576-5188 to confirm receipt of faxed orders. Tickets will

not be issued without orders. If you do not use your ticket, you must bring it and two copies of your orders. If you were issued an e-ticket and did not travel, you still must bring in two copies of orders to process a refund for the unused ticket.

**Legal Assistance hours** — Hours at the Legal Assistance are back to normal. Walk-ins to see attorneys are Mondays and Fridays only; sign in is at 12:30 p.m. on a first-come, first-served basis. Powers of Attorney and notaries are done on a walk-in basis 9 a.m. to 4 p.m., Mondays, Tuesdays, Wednesdays and Fridays and Thursdays from 1 to 3 p.m.

## New CIF Hours

Effective immediately, individuals may conduct their business at Central Issue Facility (draw, turn-in, direct exchange) during the following times:

**Building 330:** Mondays, Tuesdays, Wednesdays, Thursdays and Fridays from noon to 3 p.m.; Tuesdays 8 to 11 a.m.; Wednesdays 8 to 11 a.m.

**Building 309 (desert items):** Mondays, Tuesdays, Wednesdays, Thursdays and Fridays, 8 to 11 a.m. and noon to 3 p.m. There may be an occasional change to the hours if there is a large unit mobilizing or demobilizing. The change will be put out through e-mail, mobilization meetings, command sergeant major channels and signs at CIF.

Turn-in of complete TA-50 (End of Time in Service, Permanent Change of Station) is by appointment; call 526-5512.

Bulk issue or turn-in of items by supply sergeants must still be done by appointment. Appointments should be made with Connie Thompson, CIF, at 524-2006.

## Briefings

**eArmyU** — eArmyU Program briefings are conducted at the Mountain Post Training and Education Center, building 1117, Tuesdays at 9:30 and 11:30 a.m. and Wednesdays at 11:30 a.m.

**Special Forces briefings** — Special Forces recruiting briefings are Wednesdays at 1:30 p.m. and Thursdays at 1:30 and 3:30 p.m. at the Grant Library for males in the pay grades E-3 to E-7 with a general test score of 100 or higher and who are U.S. citizens.

**ETS/Transition briefing schedule** — In order for soldiers to receive their End of Time in Service orders, soldiers must attend an End of Term of Service briefing. Soldiers may sign in at 7:15 a.m. and the briefing begins at 7:30 a.m. in building 1118, room 317.

For more information, call the Transition Center at 526-2240 or 526-4298.

## The Commanding General's

**Newcomers' Brief** is the third Wednesday of each month, 1 to 3 p.m. at McMahon Theater.

## Laundry Service

**Post Laundry Service** — The Post Laundry service provides free laundry and dry cleaning service to soldiers for government-owned property only. Items issued by the Central Issue Facility should be cleaned at the Post Laundry prior to turn in. Soldiers are reminded to allow extra time for items to return from the cleaners. It is not recommended to pick up your equipment on the same day as the scheduled CIF appointment. The turn around for the service is 72 hours. No appointment is necessary. The Post Laundry will not clean personal items like BDUs, boots, tent pegs, canteens, entrenching tools or wet-weather gear. Material TA-50 items that can be washed include: sleeping bag assembly, chemical suits, Gortex, ruck sacks, coveralls, CVC jackets and most web equipment.

Hours of operation are 7:30 a.m. to noon and 12:30 to 3:45 p.m., Mondays through Fridays, excluding holidays. For more information, call 526-8806 or 526-8804.

**Editor's note:** The deadline for submitting "briefs" to the *Mountaineer* is 5 p.m. Friday before publication.

# AFAP recommendation targets youth activities

by Nancy A. Montville

## Army Family Action Plan Program Manager

Fort Carson held its annual Army Family Action Plan Conference in November 2002. The Directorate of Community Activities and Consumer Affairs work group prioritized "Optimizing Fort Carson youth and teen resources" as a top issue.

The scope of this issue stated that Army youth and teen community are often unaware of services, programs and special events available to them on Fort Carson. The group made the following recommendations: 1) Ensure current advertisements utilize all available media outlets both on and off the installation (i.e. school district newsletters, internet, school community channels, etc.) 2) Emphasize upcoming CYS activities and disseminate information to all schools that military children of Fort Carson attend.

McDonald Kemp, director, Directorate of

Community Activities, responded to this issue. In January 2003, a yearly calendar with information concerning daily youth center programs and services, school information, scholarship and college information, and other helpful information for middle and high school youth and parents was released to the community. This information was given specifically to the Fort Carson mayors, senior spouses, the garrison newsletter, the DCA Web page, community facilities, the *Mountaineer*, and our schools. In preparation for the fiscal 2004 budget, Youth Center staff met with middle and high school youths to determine Youth Center programs for 2004. This August, the Youth Center will sponsor a meeting for parents, middle school age youth, and

teens to evaluate the success of this year's youth programs and the marketing and advertising strategy.

This status of this issue remains active at Fort Carson. The AFAP Steering Committee chaired by the garrison commander meets quarterly to determine the status of Fort Carson issues. This issue will remain active until the August meeting takes place.

For additional information on this issue or to submit a new issue for the next Army Family Action Plan Conference, contact Nancy A. Montville, the Fort Carson AFAP Coordinator, at 526-4590, or via e-mail at [Nancy.Montville@carson.army.mil](mailto:Nancy.Montville@carson.army.mil).

To visit the DA AFAP Web site to review any DA issues go to [www.goacs.org](http://www.goacs.org) and click on AFAP Issue Book.



# Dining Schedule

Week of June 28 to July 4

## Weekday Dining Facilities

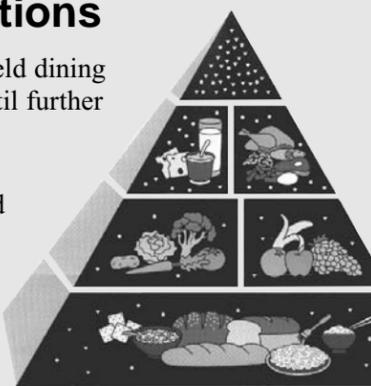
43rd ASG Cheyenne Mtn. Inn (building 1040)  
3rd ACR CAV House (building 2461)  
3rd ACR Patton House (building 2161)  
10th SFG (A) (building 7481)

## Weekday Meal Hours

Breakfast 6 to 9 a.m. (All facilities)  
6:30 to 8:30 a.m. (Cheyenne Mtn. Inn)  
Lunch 11:30 a.m. to 1 p.m.  
Dinner 4:30 to 6:30 p.m.

## Exceptions

- Butts Army Airfield dining facility is closed til further notice
- 3rd BCT is closed indefinitely
- Cheyenne Mtn. Inn is closed July 2-6



## Saturday, Sunday and Training

### Holiday Dining Facilities

3rd ACR Cav. House. (building 2461)  
43rd ASG (building 1040)  
3rd ACR Patton House (building 2161)

## Saturday, Sunday and Training

### Holiday Meal Hours

Breakfast 7:30 to 9:30 a.m.  
Lunch 11:30 a.m. to 1 p.m.  
Dinner 4:30 to 6:30 p.m.  
3 to 5 p.m. (Cheyenne Mtn. Inn)

## 43rd ASG

From Page 1

The Army Reserve “Sand Cats” from Greensburg, Pa., impact soldiers around Baghdad every day. They provide general supplies such as office supplies, oils and lubricants and barrier materiel such as plywood and concertina wire used to defend our troops from attack. They also set up gas stations and purify water.

With the thousands of trucks, generators, and other pieces of equipment that make the Army run, the soldiers of the 542nd Maintenance Company, “Good Wrench” from Fort Lewis, Wash., make sure broken equipment gets fixed and back to units quickly.

Two units play a critical role by producing and storing water for not only the soldiers around Baghdad, but for the local population as well. The 1555th Quartermaster Water Purification Detachment, the “Water Dawgs” of the Iowa National Guard from Dubuque, Iowa, purify between 200,000 and 800,000 gallons of water a day. They transfer it to larger tanks via a Tactical Water Distribution system where the 79th Quartermaster Water Supply Company stores it in a large bag farm and issues it to customers.

The “Fuelers” of the 53rd Quartermaster Petroleum Supply Company of Fort Hood, Texas,

using the same type of bags as the water units use, store several hundred thousand gallons of fuel used to make Army machines move. They issue the fuel to large tankers that belong to other units as well as to individual vehicles.

Army transporters often say “Nothing happens until something moves.” The 1161st Transportation Company “Cougars” of the Washington National Guard not only know how to move things, but they know how move a lot. These truckers make sure soldiers throughout central Iraq receive the thousands of pounds of food, supplies, and repair parts needed to keep the Army rolling.

Although Iraq is not all desert, it certainly is a hot, dirty place. With frequent sandstorms, staying clean is usually difficult. To provide some relief, however, the “Cobras” of Fort Lee, Va.’s 16th Quartermaster Field Service Company come to the rescue. When soldiers find themselves sweaty and grimy, 16th soldiers are there to provide showers. When clothes get dirty, they are there to launder them.

Keeping the peace with the local population is critical to maintaining stability in Iraq, and the 414th Civil Affairs Battalion, the Army Reserve “Peacemakers” from Utica, N.Y., take on this mission for the 43rd ASG. On a daily basis, these soldiers visit local citi-

zens, meet with village elders and assist units in finding critical supplies available in Baghdad.

One of the oldest military sayings is that, “An army travels on its stomach.” And although Meals Ready to Eat are always available for soldiers on the move and during intense combat, having a hot meal is a morale booster. Army cooks of the 43rd ASG are up before the sun rises and working late into the night. Cooks are critical to every unit’s well-being, yet are rarely recognized for their contributions.

Sometimes, getting a good meal just isn’t enough. Mental nourishment, especially in a high-stress environment such as encountered in a combat zone, is provided to every servicemember by one of the many chaplains assigned. Whatever the faith, 43rd ASG chaplains stand by to offer spiritual guidance, support and counseling.

Logistics soldiers are unsung heroes of every battle our country has fought. Although often portrayed as being in the rear area where the danger is low, wherever a battle is being fought a logistician is close by, making sure combat soldiers have everything they need to win our nation’s wars. And for the many brave young men and women serving with the 43rd ASG in Baghdad, Iraq, they are ready to support their fellow soldiers anytime, anywhere.

# 4th Finance: Paying way in Kuwait, Iraq



Courtesy photo

**A deployed soldier receives money from a 4th Finance Battalion finance specialist. The battalion currently has six operating locations in Kuwait and two in Iraq.**

**by Lt. Col. Troy Clay  
4th Finance Battalion**

The 4th Finance Battalion Iron Eagles deployed from Fort Carson in early April to do its part in support of Operation Iraqi Freedom. The battalion deployed 79 soldiers from Fort Carson and Fort Riley, Kan., with the mission of providing battlefield finance support.

Two months into its deployment, the battalion is fully engaged in finance operations throughout Kuwait and Iraq. The battalion currently has eight operating locations, six in Kuwait and two in Iraq. In Kuwait, the battalion conducts finance operations to support the six northern camps with a population of around 25,000 soldiers.

The battalion's two operating locations in Iraq with 18 soldiers are in direct support of the 3rd Armored Cavalry Regiment at Al Asad Airbase and the city of Ar Ramadi. These soldiers support about 12,000 troops making up Task Force ACR and 2nd Brigade, 3rd Infantry Division out of Fort Stewart, Ga.

So far, the battalion has been engaged in a wide variety of finance missions. The biggest missions have been supporting the procurement process through the use of

field ordering officers and paying agents, providing casual payments and check cashing support for the troops, accounting for and safeguarding captured or seized currency and providing funds for the Office of the Coalition Provisional Authority, formerly known as the Office of Reconstruction and

Humanitarian Assistance. This agency is responsible for setting up the interim Iraqi Government and the rebuilding efforts in Iraq. To date, the battalion has been involved in the transfer of more than \$35 million to Iraq officials in support of OCPA operations.

Although the battalion has a significant number

of its personnel deployed, the battalion is still fully dedicated to its finance operations at both Fort Carson and Fort Riley. To aid in the battalion's rear operations, great reserve component soldiers from the 395th Finance Battalion, 5025th General Support Unit and the 6025th General Support Unit have combined with the battalion's rear elements to handle operations at these locations. These soldiers along with the battalion's dedicated civilian force have made the battalion's overall operations successful in the rear and abroad.

**Working hard ...  
4th Finance  
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lion to Iraq officials in  
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Coalition Provisional  
Authority operations.**

# Community

*Dangerous high. . .*

## Methamphetamines

by Spc. Jon Wiley  
Mountaineer staff

Even though the United States has been waging a war on drugs for longer than many of the soldiers serving in its Army have been alive, victory is nowhere in sight. While we were able to accomplish the major objectives of Operation Iraqi Freedom within a matter of weeks, we've battled drugs for decades, only to watch them claim an increasing number of casualties.

On the Colorado front, methamphetamines are among the latest group of shock troops.

Methamphetamine abuse in the Colorado Springs area has increased dramatically over the past seven years. In 1996, local police seized two labs that were producing methamphetamines. In 2002, that number jumped to 153, according to a chart compiled by the city of Colorado Springs.

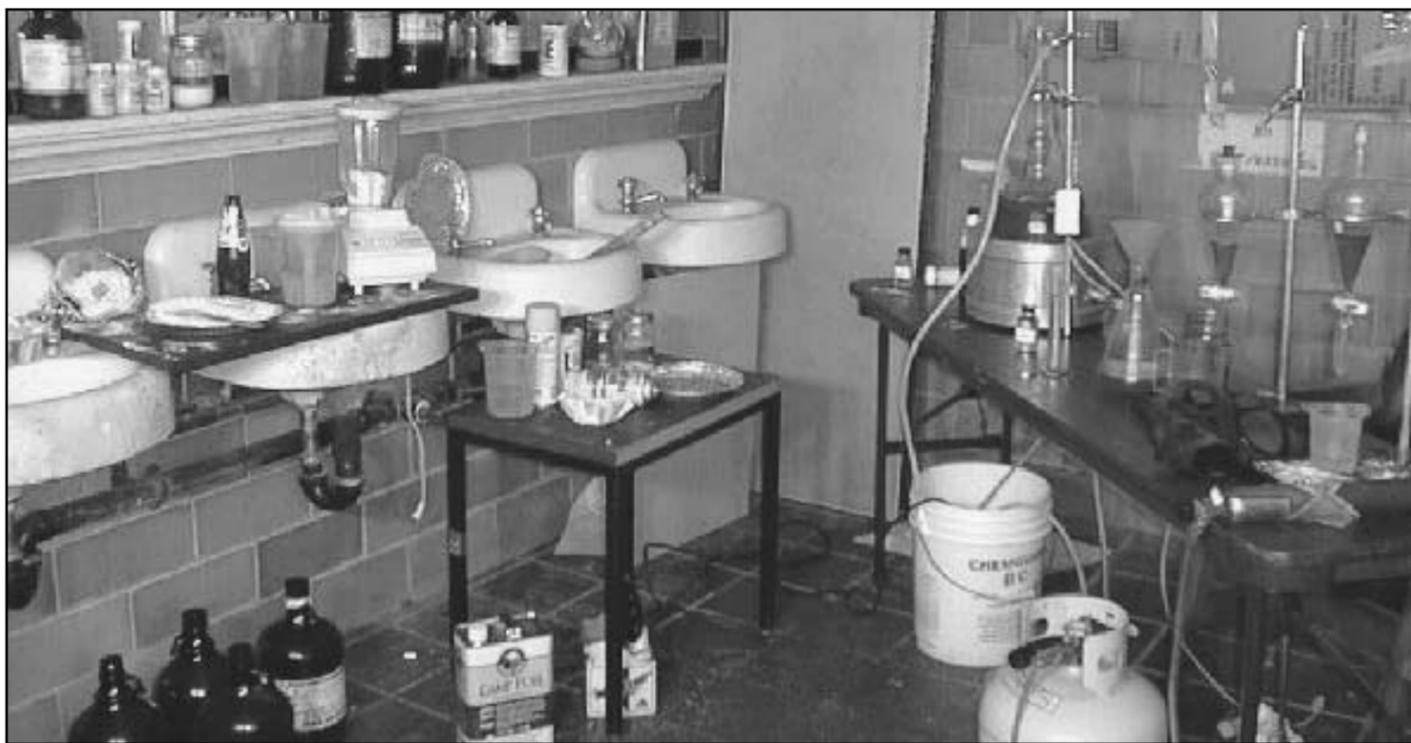
Also, according to the U.S. Supreme Court, more than 30 percent of drug-related federal offenses in the state involve methamphetamines, more than twice the national average. Additionally, Colorado's Alcohol and Drug Abuse Division reports since 1999, treatment admissions for methamphetamine abusers have increased while admissions for cocaine, heroine and marijuana have declined.

Fort Carson has felt the impact of the drug's rising popularity. Russell Jordan, a prevention coordinator for the post's Army Substance Abuse Program, said he has seen an increase in the drug's usage since he took the position in 1998.

Last year, 48 Carson soldiers tested positive for chemicals found in methamphetamines and an additional 16 for those found in closely-related amphetamines, according to ASAP.

The reason people abuse methamphetamines — commonly referred to as speed, chalk, meth, ice crystal or glass — is clear enough. Meth is a powerful central nervous stimulant that causes the brain to release high levels of the neurotransmitters dopamine and serotonin, which enhances the body's mood, movement and energy level. A person using meth can go without sleep for days.

However, despite the short-term benefits, users are usually ignorant of



Courtesy photo

**In 2002, local police seized 153 meth labs in the Colorado Springs area. Law enforcement officials estimate that for every lab seized, 10 more are set up to replace it.**

the drug's long-term negative effects, said Jordan.

"What we find in most cases is that our soldiers are not educated. They know when you use meth you get high and have a lot of energy, but what they don't know is that body doesn't fully replenish the enormous amount of neurotransmitters it secreted to generate those euphoric feelings," Jordan said.

Following the high, meth users experience a huge crash or depression. Sometimes referred to as tweaking, in this stage meth users experience paranoia, delusions and extreme feelings of emptiness and dysphoria.

To ward off these lows, they often use again, Jordan said. He explained, though, that on subsequent uses, they don't get quite as high, and when they crash, they crash harder.

Eventually, meth users need the drug just to maintain the body's normal balance of dopamine and serotonin and avoid depression.

For this reason, the drug is highly addictive, and users often need to receive in-patient rehabilitation to get off it, Jordan said.

By this time, it may be too late to reverse the drug's adverse effects on the brain. According to a study published in the March 2001 issue of the "American

Journal of Psychiatry," the level of dopamine found in meth users' brains was 24 percent lower than that found in those of nonusers. This makes it harder for users to focus and impairs their memory, mood and motor function.

Soldiers who abuse not only harm their minds and bodies; they also undermine the Army's readiness capabilities.

"We're in the life or death business of national defense. With the Iraqi conflict, they can call you at any moment and tell you it's time to go, and if you can't focus because of the impact drugs have had on you, then you're not functioning as a person and a soldier," Jordan said.

Soldiers who are caught abusing meth are not necessarily separated from the Army, Jordan said. Due to Army Regulation 600-85, commanders must initiate separation, but soldiers may be given a chance to reform, depending on their service record, motivation to change and various stressors. However, if a soldier is caught abusing again, he or she will be separated.

In addition to harming users' health and careers, meth poses a threat to the community because of the dangerous methods used to produce it.

Meth is made from highly-flammable chemicals found around the house such as ephedrine, lithium (found in camera batteries), iodine, matches, lye, gasoline, kerosene and paint thinner.

"Folks who set up labs aren't chemists. When handling these chemicals, they risk blowing up their homes, killing themselves and others," Jordan said.

Even if a meth lab doesn't explode, the chemical residue left behind from the drug's production is a health hazard.

To extract meth, producers boil the ingredients creating deadly gases and chemical compounds that soak into the lab's walls and floors remain for months, even years, if not properly cleaned.

Soldiers are particularly vulnerable to this problem because they rent at a much higher rate than the general population. You could be living in a place that was used as a meth lab and not even know it.

You can find out if your dwelling was the site of a meth-lab bust by calling Equinox Environment Services at (303) 308-3640. It costs \$35 to check into the history of a property.

Whether it's by poisoning the environment, the health of users or the Army's readiness, meth abuse is a problem that affects everyone. It's also a problem that requires everyone to solve, Jordan said.

"Prevention requires installation and command commitment at all levels," he said. "It's on the back of commanders, noncommissioned officers, each soldier and the community as a whole."

Jordan said if a united front is not presented we will continue to lose the war on drugs.

"If we do not come as victors, we will continue to see casualties in great numbers. The casualties will be manifested as Chapter 14s, DUIs, demotions, jail time, spouse abuse, child abuse, indebtedness" and more.

***"We're in the life or death business of national defense ... if you can't focus because of the impact drugs have had on you, then you're not functioning as a person and a soldier."***

Russell Jordan  
Army Substance  
Abuse Program

# Community Events

## Claims against the estate of:

### Staff Sgt. Andrew Robert

**Pokorny:** With deepest regret to the family of Staff Sgt. Andrew Robert Pokorny, deceased. Anyone having claims against or indebtedness to his estate should contact 1st Lt. Danny Thompson at 526-1040 or (719) 650-9210 (cell).

## Miscellaneous

**Fort Carson's instructional walking program** — The Fort Carson Well Walkers walk Tuesdays and Thursdays at 8 a.m. for the duration of the summer. Pre-registration is required and is ongoing so you can start anytime. Call the Mountain Post Wellness Center at 526-3887 for information and to receive your registration packet.

**Enlisted Spouses Charitable Organization** — The Enlisted Spouses' Charitable Organization will meet July 16 at 6:30 p.m. at the Elkhorn Conference Center. Membership in ESCO is open to all spouses of enlisted or warrant officer soldiers, whether active duty, Reserve, Guard or retired, and all are invited to attend. Children are always welcome to attend with a parent. If you are interested in joining, please attend a meeting, e-mail us at [CarsonESCO@hotmail.com](mailto:CarsonESCO@hotmail.com) or call our office at the Family Connection 524-1115.

**ACAP job openings** — Army Career and Alumni Program currently has the following jobs listings for interested personnel. For more information about the jobs, call 526-1002.

**What:** Counterterrorism analyst in Colorado Springs Who: Anyone with a secret security clearance, bachelor's degree or three to five years experience

**What:** Loss Prevention Officer in Colorado Springs, (nationwide positions also available)

**What:** Heavy equipment mechanics, nationwide opening Who: Anyone

with three years experience

**Red Cross** — The American Red Cross is seeking volunteers for the following positions: management/leadership, Previous Red Cross leadership experience required; Web-page design and maintenance, proficiency in FrontPage software required; social service casework and emergency communications; hospital administrative services (various departments) at Evans Army Community Hospital.

Applications may be picked up at the Red Cross office in the Family Readiness Center, building 1526, room 272 between 8:30 a.m. and 4 p.m. For more information, call 526-7144 or 526-2311.

## Closures

**The Fort Carson Identification Card** section will be closed July 3 and 4 for the training and federal holiday. Section will resume normal hours July 7.

**Sports, daycare and camp physicals** — Appointments for physicals at Evans Army Community Hospital are provided on a space-available basis through the month of August.

Please be aware that because of deployments associated with Iraqi Freedom, there will be a decrease in available appointments for children requiring sports, daycare and camp physicals. Call Tricare at 264-5000 to schedule an appointment for a physical. If you are unable to access an appointment at EACH, see additional options below.

For vaccinations only, call the Pediatric Immunization Clinic at 526-7653. Walk-in hours are from 7:30 to 11:30 a.m. and 1 to 3:30 p.m. Monday through Friday (closed in afternoon on the second Thursday of each month). Bring your child's shot records. If you have your child's medical records, bring them also.

School physicals are not mandated by any of the local Colorado Springs School Districts for enrollment. If space is not available at your MTF, physicals can be obtained at the following locations:

Emergicare: All locations provide physicals on a walk-in basis.

Approximately cost — \$50  
402 E. Garden of the Gods Road

Phone: 590-1701  
4083 Austin Bluffs Pkwy  
Phone: 594-0046  
3002 S. Academy Blvd.  
Phone: 390-7017

Express Care: Appointments available on a walk-in basis or you can call to schedule an appointment. The cost is between \$35 to \$50 depending on type of physical.

2141 Academy Circle  
Phone: 597-4200

Local Schools: Often the local schools will offer physicals prior to the start of major sporting try-outs at a reduced cost of \$10 to \$25. Call your local school district to find out more information.

**Historic review of the North Vietnam campaigns** — Ed Rasimus, F-105 pilot and author of *When Thunder Rolled: an F-105 pilot over North Vietnam* will speak in the Penrose Library, 20 N. Cascade Ave. July 20 at 1:30 p.m., 1905 Carnegie Library.

**West Nile Virus symptoms and precautions** — West Nile Virus is a potentially hazardous disease, which can affect humans, birds and horses, as well as other domestic and wild animals. The disease can be transmitted to humans via infected mosquitoes, which have fed on infected birds, such as crows, ravens, magpies or jays.

Symptoms of WNV:

Mild symptoms include fever, headache, rash, swollen glands and pink eye. Severe symptoms include severe headache, high fever, stiff neck, disorientation, paralysis, coma and death if not treated.

Personal precautions:

- Avoid wetlands, areas of standing water, and areas of mosquito activity.

- Use insect repellent containing DEET when outside.

- Wear light-colored clothing. Long-sleeve shirts and long pants are recommended.

- Limit outside activities at dawn and dusk.

- See a doctor if you contract the symptoms listed above.

Preventative measures around the home and workplace:

- Repair holes and tears in window

**Army Community Service  
Family Readiness Center  
526-4590**

Sponsored by the Family Advocacy Program  
An Exciting Program  
Developed By DADS For DADS  
Presented by DADS

## BOOT CAMP

**FOR NEW DADS**

Preparing fathers and fathers-to-be for the challenges and joys of fatherhood.

**Brown Bag Meeting**  
(Lunch Provided)  
Every Wednesday  
11:45-12:45  
Family University  
BLDG 1161

**Module I**  
Becoming a Dad

**Module II**  
Caring for Baby  
Hands-on-Training

**Module III**  
Caring for Mom

**Module IIII**  
Wrap-up  
Graduation

TO REGISTER, CALL ACS AT 526-4590.

screens.

- Change water in birdbaths and other similar water containers every two-to-four days.

- Drain all locations of standing water, regardless of how small the amount may be (around outside faucets, yard puddles, rain gutters, etc., or any other places where water may accumulate).

Report dead birds (crows, ravens, magpies and jays) to: DECAM Pest Control at 526-0979 or 526-5141; DECAM Wildlife at 579-9088; or the Military Police at 576-2333

For more information on WNV you can also log on to [www.cdc.gov/ncidod/dvbid/westnile/](http://www.cdc.gov/ncidod/dvbid/westnile/).

**Project Santa's Christmas in July** — From July 19 to Aug. 2, Project Santa will collect new toys for needy Fort Carson children. There will be a Christmas tree in the Main Post Exchange hallway with paper stars notated with age and gender of child. Participants can chose a star, purchase a toy and put the toy in the donation box located near the tree. Toys will be distributed during the holiday season.

# Fort Carson Cub Scout makes it to top

by Spc. Matt Millham

## 14th Public Affairs Detachment

One in four American boys will try it. Of those, only four out of every 100 will make it. The few who make it to Eagle Scout are, in the ranks of scouting, generals among boys.

Nick Stevens achieved this milestone in May and was officially presented scouting's highest rank in an Eagle Scout Court of Honor at Prussman Chapel Saturday.

"It opens up so many doors," said Sgt. 1st Class Gregory Gallous, scoutmaster for Fort Carson's Boy Scout Troop 164. "It's automatic E-3 if you come into the military; colleges look at it for scholarships, and they look for it in job applications," he said.

"It really is a significant event in my life," said Stevens. "I've received great leadership training, and I hope to apply it when I join the Army," said the soon-to-be high school junior.

Stevens is the second in his family to achieve scouting's highest rank. His brother Zach, 18, received his eagle in May 2001.

A Boy Scout must complete a total of 21 merit badges, organize and complete a community service project and go before a board of review similar to an Army promotion board before being promoted to the rank of eagle.

Stevens' project, a footbridge behind Fort Carson Middle School, took a total of 82 man-hours to complete. With the help of his father, Lt. Col. Brian Stevens, 4th Engineer Battalion, brother Zach and seven others from the Directorates of Environmental Compliance and Management and Public Works and Troop 164, his project was completed in one day in September 2002.

Despite the opportunities the rank of eagle affords, the majority of Scouts won't make it, said Gallous. "Most of it's because they get into high school and

they get sidetracked. It's a lot of soul searching."

Though he's achieved scouting's ultimate goal and served as Troop 164's senior patrol leader for two years, Stevens has no plans of quitting when his family moves to Virginia this summer. Summer is often scouting's busiest time with summer camps where skills are learned and long camping and canoeing trips where those skills are put to use.

But Stevens is looking beyond the summer to college and his future career in the Army. He plans to go through a Reserve Officer Training Corps program in college so he can join the Army as an officer. He hopes that having made eagle will better position him for hard-to-find scholarship dollars.

Two of the family's three boys have made it to the top of the Boy Scout ranks so far. The youngest of the Stevens' family, Gus, is still a Cub Scout and, as Gallous joked to those at the ceremony, they'll be expecting him to make it to the top as well.

## Chaplain's Corner

# Shield of faith: Put on whole armor of God

Commentary by Chap. (Lt. Col.)

James A. Ellison

Command Chaplain

Installation Management Agency

In the New Testament (Ephesians 6:13-17), Christians are encouraged to "put on the whole armor of God." There is the helmet of salvation, the breastplate of righteousness, the sword of the spirit and, among other things, the shield of faith.

I have always read that passage of scripture in the singular sense: my sword, my helmet, my shield, and then the logical conclusion for me was: "my battle." I saw each Christian struggling to "quench the fiery darts of the evil one," individually using the power of the spirit of God.

Recently I read the book "Gates of Fire" by Steven Pressfield. I learned a great deal about the use of the shield in ancient warfare. To paraphrase, the



shield was "for the whole line." As the Spartan soldier marched into battle, the shield he carried was not just for him, but also for his mates. Linked with all the others in the line it had the synergistic effect of a moving armored vehicle. The shields carried in the second line could be lifted above the heads of the front line protecting the formation from arrows loosed from the enemy archers, like a bunker.

Additionally, the shield was a support mechanism when the combatants were engaged. The following lines would press their shields into the backs of the preceding lines enabling them to thrust and push forward with more strength than just their own. The shield was a community or corporate weapon. Spartan battle formations were formidable in their design and effectiveness. Usually eight deep and several compa-

nies wide, they presented a compact fighting unit that relied on its team to accomplish the mission.

Modern-day soldiers fight in teams: fire teams, wingmen, squads, etc. They rely on each other, they protect each other, and they sacrifice themselves for their battle mates, for the unit and for their country. If one is injured they go out of their way, and into harm's way, to rescue a fallen comrade. It is noble in the highest degree.

Christians should adopt the true application of the shield of faith and work together. Bring our shields of faith into a closer collection of corporate power. Rescue one another. Our collective faith in the strength of Jesus can encourage us to stand against rather than give into temptations. Since the beginning, Satan has sought to divide churches and pick us off one at a time. Instead of running for cover we should cover each other creating a close-unit "body of Christ," defending against the fiery darts and gently pushing from behind to achieve the victory.

### Chapel

**Native American Sweatlodge ceremonies** — Native American Sweatlodge ceremonies (He Ska Akicita Inipi) are offered to military personnel, family members and DOD personnel for traditional prayer and purification. Fasting before the ceremony is recommended and refreshments are offered following the ceremony. Call Michael Dunning at 382-5331 or (c) 330-9537 for ceremonial information and directions.

**Youth of the chapel** — Activities for Protestant and Catholic Middle School and High School Youth take place Tuesday evenings at 6 p.m. at Soldiers' Memorial Chapel. Protestant High School activities include Bible studies Sundays at 9:30 a.m. and Tuesdays at 6 p.m. at Soldiers' Memorial Chapel. Catholic youth classes meet at 10:45 a.m. Sundays, Soldiers' Memorial Chapel. Children must be at least 4 years old to register. Registration is ongoing Sunday mornings at Soldiers' Memorial Chapel, building 1500. Volunteer positions are available. For information, contact Dennis Scheck, 526-5626.

## Fort Carson begins annual weed-control program

by Ed Tebo

Directorate of Environmental Compliance and Management

It's that time of year when weeds thrive and become highly visible all around Fort Carson. The Directorate of Environmental Compliance and Management is responsible for the control and management of weeds; however, due to personnel and equipment constraints, DECAM must focus on high visibility and common use areas such as parade fields and entrance gates.

Army Regulation 200-5, Pest Management, requires pesticide applicators on military installations to be certified. The DECAM has developed and received Department of Defense

approval for a self-help program. The program allows military members, after they receive the necessary training, to be issued a pre-mixed Round-Up herbicide to treat weeds in rocked areas around their barracks, service and administrative areas and motor pools. Also available is a granular Weed-N-Feed herbicide to treat weeds in the lawn areas around their facilities.

Units are not authorized to purchase herbicides with their Government Credit Card or out of their own pocket and apply them in the areas identified above. As a federal facility, Fort Carson must follow strict regulations concerning the application of these products. In order to meet these regulatory requirements, units who wish to participate in

the Self-Help Weed Control Program must have their military members trained in the proper handling, transport and application of herbicides. Once an individual has received the required training, the DECAM can issue them pre-mixed herbicides in sprayers or Weed-N-Feed with spreaders for their use.

Training sessions run through the first week of October. They are held on the first and third Tuesday of each month from 10 to 11 a.m. at building 3711. Each unit may send up to five people for training unless pre-approved for more through the unit commander and DECAM.

Sprayers and/or spreaders can be picked up and returned to building 3708 every Monday, Wednesday and Friday from 11:30 a.m. to 1 p.m. The program continues until Oct. 1.

To find out more about the Self-Help Weed Control Program, call the Pest Control Facility at 526-5141.

The Fort Carson housing contractor has been

applying herbicide for weed control since the last week of May and will complete application by mid-June. For more information on housing weed control, call the housing contractor at 579-1606.

**Weed control**  
To find out more about the Self-Help Weed Control Program, call the Pest Control Facility at 526-5141.

## Chapel

**Wicca group meets at Fort Carson** — There are many traditions within Wicca and the tenets, practices and politics vary as they do in many religious groups. The goal for the Fort Carson Open Circle is to allow people of all traditions to come together and learn from each other. They are openly eclectic in that their members are not all of the same faith group but of many different faiths and traditions. They are here to teach each other and to learn from one another. They invite those who have years of experience in their tradition and those who are still seeking their path to come together. The group meets Tuesdays at 6:30 p.m., at the Family University Building, next to McKibben Physical Fitness Center, corner Ellis and Barkeley, on Fort Carson. Call 229-8948 or 634-7243, or e-mail [ftcarsonopencircle@hotmail.com](mailto:ftcarsonopencircle@hotmail.com) for more information

**Fort Carson AWANA Club:** Making the Gospel fun. AWANA shapes children's lives with a combination of good clean fun, Bible memory and spiritual teaching. AWANA is an international nondenominational organization dedicated to sharing the Gospel of Jesus Christ with young people. The group is similar to scouting and participants wear uniforms, earn badges and are motivated through awards. Meetings are held Thursdays from 5:15 to 7 p.m. Spaces are available for adults who want to be ministry leaders. The leadership training is free. For information, call Susan Webb at 538-9306.

**Daily Bible readings:** In order to assist in regular scripture reading, the following scriptures are recommended. These scriptures are part of the common daily lectionary which is designed to present the entire Bible over a three-year cycle.

**Friday** — Psalms 25 & 1 Samuel 16-18

**Saturday** — Psalms 26 & 1 Samuel 19-21

**Sunday** — Psalms 27 & 1 Samuel 22-24

**Monday** — Isaiah 12:1-6 & 1 Samuel 25-27

**Tuesday** — Deuteronomy 32:1-4 & 1 Samuel 28-31

**Wednesday** — Psalms 28 & 2 Samuel 1-3

**Thursday** — Psalms 29 & 2 Samuel 4-6

## Chapel Schedule

ROMAN CATHOLIC					
Day	Time	Service	Chapel	Location	Contact Person
M-W-F	noon	Mass	Healer	Evans Army Hospital	Fr. Battiato/649-5260
Tues., Wed., Thurs.	noon	Mass	Soldiers'	Nelson & Martinez	Chap. Stahl/526-5769
Saturday	5 p.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Stahl/526-5769
Sunday	8 a.m.	Mass	Prussman	Barkeley & Prussman	Chap. Stahl/526-5769
Sunday	9:30 a.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Stahl/526-5769
Sunday	10:45 a.m.	CRE	Soldiers'	Nelson & Martinez	Pat Treacy/526-5744
Sunday	11 a.m.	Mass	Healer	Evans Army Hospital	Fr. Battiato/649-5260
Sunday	12:15 p.m.	Mass	Provider	Barkeley & Ellis	Chap. Stahl/526-5769
Tuesday	6:30 p.m.	RCIA	Soldiers'	Nelson & Martinez	Pat Treacy/526-5744
Saturday	4 p.m.	Reconciliation	Soldiers'	Nelson & Martinez	Chap. Stahl/526-5769
PROTESTANT					
Sunday	9 a.m.	Protestant	Healer	Evans Army Hospital	Chap. Kincaid/526-7387
Sunday	9 a.m.	Protestant	Provider	Barkeley & Ellis	Chap. Jones/526-4206
Sunday	11 a.m.	Protestant	Soldiers'	Nelson & Martinez	Chap. Fox/526-8011
Sunday	11 a.m.	Prot./Gospel	Prussman	Barkeley & Prussman	Chap. Byrd/526-2811
Sunday	9:30 a.m.	Sun. School	Prussman	Barkeley & Prussman	Chap. Byrd/526-2811
Sunday	9:30 a.m.	Sun. School	Soldiers'	Nelson & Martinez	Dr. Scheck/526-5626
Tuesday	9 a.m.	PWOC	Soldiers'	Nelson & Martinez	Chap. Fox/524-1166
Sunday	9:30 a.m.	Contemporary	Veterans'	Magrath & Titus	Chap. Ellison/526-8890
Sunday	6 p.m.	PYOC	Soldiers'	Nelson & Martinez	Ms. Scheck/524-1166
LITURGICAL					
Sunday	10:45 a.m.	Lutheran	Provider	Barkeley & Ellis	Chap. Lloyd/526-3888
JEWISH					
For information and a schedule of Jewish Sabbath services, call the U.S. Air Force Academy Cadet Chapel at 333-2636.					
WICCA					
Tuesday	6:30 p.m.		Family University	Bldg. 1161	Ms. Costantino-Mead
MORMON					
Sunday	2 p.m.	LDS	Provider	Barkeley & Prussman	Chap. Jones/526-4416

For additional information, contact the Installation Chaplain's Office, building 1550, at 526-5209. Normally, free child-care is available during on-post worship services.

The Army Cycle Of Prayer — Each week the Office of the Army Chief of Chaplains will highlight Army units, the Army at large, the nation and religious organizations to focus prayer. You are invited to join with the chaplain community and pray for these individuals and organizations. Please pray this week for the following:

**Unit:** For the soldiers, families and leaders of Headquarters, Department of the Army staff, located at the Pentagon, who lead the effort to transform the

Army.

**Army:** For all soldiers, noncommissioned officers and officers who serve as staff personnel in commands all over the world.

**State:** For all soldiers and families from the state of Massachusetts; pray also for Gov. Mitt Romney, the state legislators and municipal officials of the Bay State.

**Nation:** Give thanks for the Declaration of Independence. This magnificent gift of God to our nation captures all the ideals on which we were found-

ed, and it continues to guide us in developing our public policy and in carrying out our relations with other peoples.

**Religious:** For all America, as we rejoice in the founding of our nation and the blessings of our liberty on Independence Day, the 4th of July. God bless America!

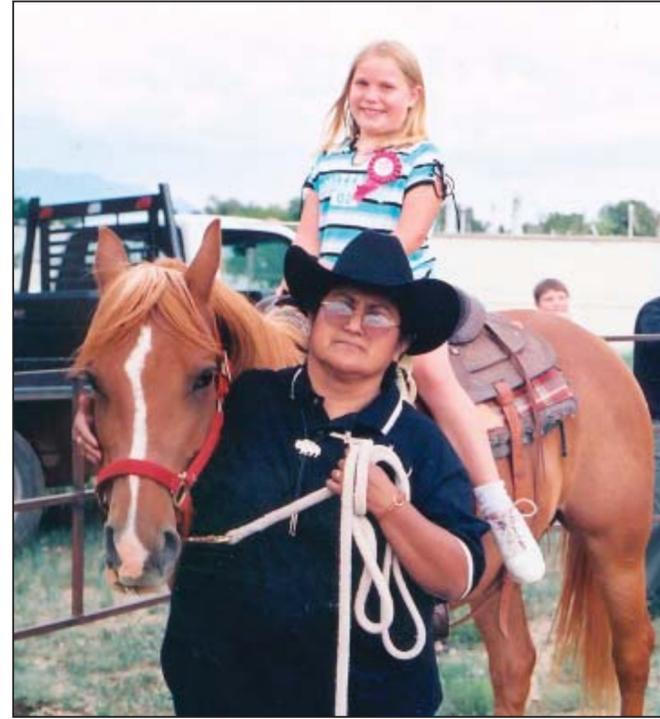
For more information on the Army Cycle of Prayer, or to pray for items from previous weeks, visit the cycle's Web site at [www.usarmychaplain.com](http://www.usarmychaplain.com).



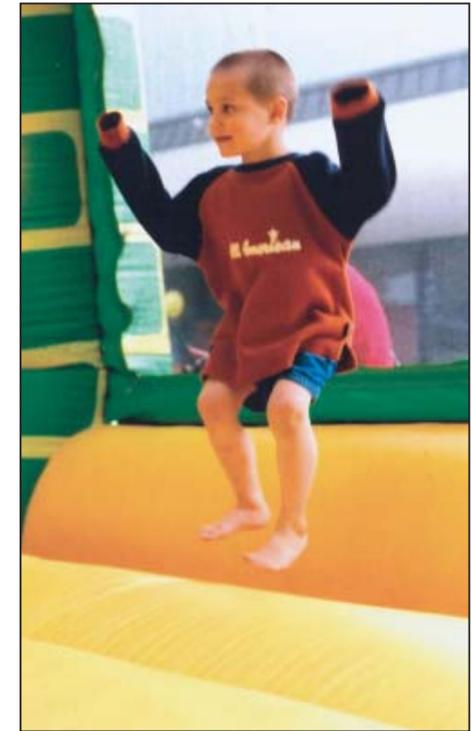
Photos by Bill Scharton  
Daisy May the clown was a child magnet at the June 19 Family Carnival Night sponsored by the Elkhorn Catering and Conference Center. Daisy May's animal balloons captured the attention of the youngsters all evening.



Four-year-old Alycia Brown gets her face painted by Leslie Lundstedt at the Elkhorn carnival June 19.



Lindsay Copenhaver rides a horse with a little help from Turkey Creek Ranch employee Gloria Martinez during the Elkhorn Catering and Conference Center Family Carnival Night June 19.



Corbin, 4, gets some air in the bouncy castle set up for the carnival.



## Carnival night entertains Mountain Post community

by Bill Scharton  
Mountaineer staff

A roving magician, Bruce Black, moved from table to table, providing entertainment and tricks along the way. Daisy May (May Rick) the clown, made a variety of balloon animals and, as a result, had kids with painted faces hanging out with her all night.

Pony rides, a bouncy castle and a sponge Bob pinata were popular outdoor events.

Popcorn, candy, cookies and a main course buffet seemed to take care of everybody's food desires.

All of this and more was provided by the Elkhorn Catering and

Conference Center staff Thursday at a Family Carnival Night. About 300 members of the Mountain Post community turned out for the fun-filled family festival.

"We had to stop taking reservations at 300 in case we had to move everybody indoors due to bad weather," said Elkhorn Manager Stephanie Camp, while standing outdoors at 5:15 p.m. At 6:30 p.m., everybody had to move indoors due to a driving rain storm.

Lindsay Copenhaver was attending the carnival and having a birthday party at the same time.

Her mom, Kim Hossler, brought

Lindsay and 10 friends to the carnival to celebrate her eighth birthday.

"When I saw the advertisement for the carnival, I thought it was perfect timing," Hossler said.

"We can attend the carnival and have a birthday party celebration at the same time."

Sisters Leslie and Cara Lundstedt, along with their mother Holly Smith helped keep the kids entertained in a variety of ways. Holly and Leslie painted faces at a rapid clip and Cara was in her clown suit handing out popcorn and levity.

Six-year-old Malory Mora, her 4-year-old brother Damion Mora and

their 4-year-old friend Daysla Yero posed for a group photograph. After that, they went outside and took a whack at the pinata right before the rains came.

Three-year-old Grant Palagonia also had an opportunity to hit the pinata, but was not quite strong enough to break it open. "I tried to smack it really hard," said Grant.

Elkhorn has been staging special theme nights the past several months and the next theme night is slated for August. "We are planning a luau for August," said Camp. "This will be another family-friendly event for the Fort Carson community."



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### WEEKDAY EVENINGS

DATE	MOVIES	RATING
27 Jun	COYOTE UGLY	PG-13
28 Jun	BRING IT ON	PG-13
29 Jun	THE WATCHER	R
30 Jun	WHAT LIES BENEATH	PG13
1 Jul	WAY OF THE GUN	R
2 Jul	NURSE BETTY	R
3 Jul	LADIES MAN	R

### SATURDAY MOVIE MATINEE

21 Jun	RUGRATS IN PARIS	G
28 Jun	THE LITTLE VAMPIRE	PG

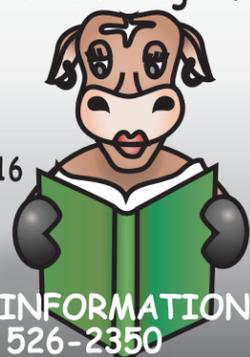


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# Sports & Leisure

## Late-inning rally lifts Carson's Lady Mountaineers to victory

by Bill Scharton  
Mountaineer staff

The Lady Mountaineers competitive slowpitch softball team was sporting a 4-1 record and averaging 19 runs a game heading into the June 18 league game.

In this contest, the Lady Mountaineers' offense struggled mightily through the first four innings of play. The Lady Mountaineers' batters could not hit the ball out of the infield and were recording one ground out after another. After four turns at bat, the Lady Mountaineers still had a goose egg on the board.

Fortunately for the Lady Mountaineers, the defense was playing well and was able to hold the opponent, Connie's Kitchen and Catering, to four runs after four innings.

The lack of scoring had the Lady Mountaineers' coaches, Catherine Satow and Julie Wetherington, shaking their heads with wonder and worry. Before the Lady Mountaineers' at bat in the top of the fifth inning, Satow said to the team, "Quit trying to kill the ball and get some base hits." Wetherington chimed in by yelling, "Let's go, wake up those bats."

The Lady Mountaineers players apparently listened and then responded in a big way. They sent 13 batters to the plate in the top of the fifth

frame and tallied nine runs.

In this at bat, Lady Mountaineers' pitcher Nina Dawson knocked in three runs with a bases loaded triple. Infielder Rebecca Sides had two singles in the inning that delivered three runs to the plate.

It was more of the same for the Lady Mountaineers' offense in the top of the sixth inning. Eight different batters stroked singles, and the Lady Mountaineers' soon had eight more runs of the board. The singles by Jeri Gallus and Pam Norris plated two runs each for the Lady Mountaineers.

The Lady Mountaineers' defense allowed only three more runs in the last two innings. This gave the Lady Mountaineers a 17-7 victory and a 5-1 record for the season.

"This is what happens when you show up for the game with a ho hum attitude," said Satow following the game. "There was no energy in the dugout at the beginning of the game.

"It took four innings to come alive. We need to start the game the way we finished this game.

"It was a good comeback, but I was worried for awhile."

The Lady Mountaineers will play the Little Rascals at 9 p.m. Wednesday at the Skyview Softball Complex Field 4 and will be seeking revenge. The Lady Mountaineers only loss of the season came at the hands of the Little Rascals May 28.

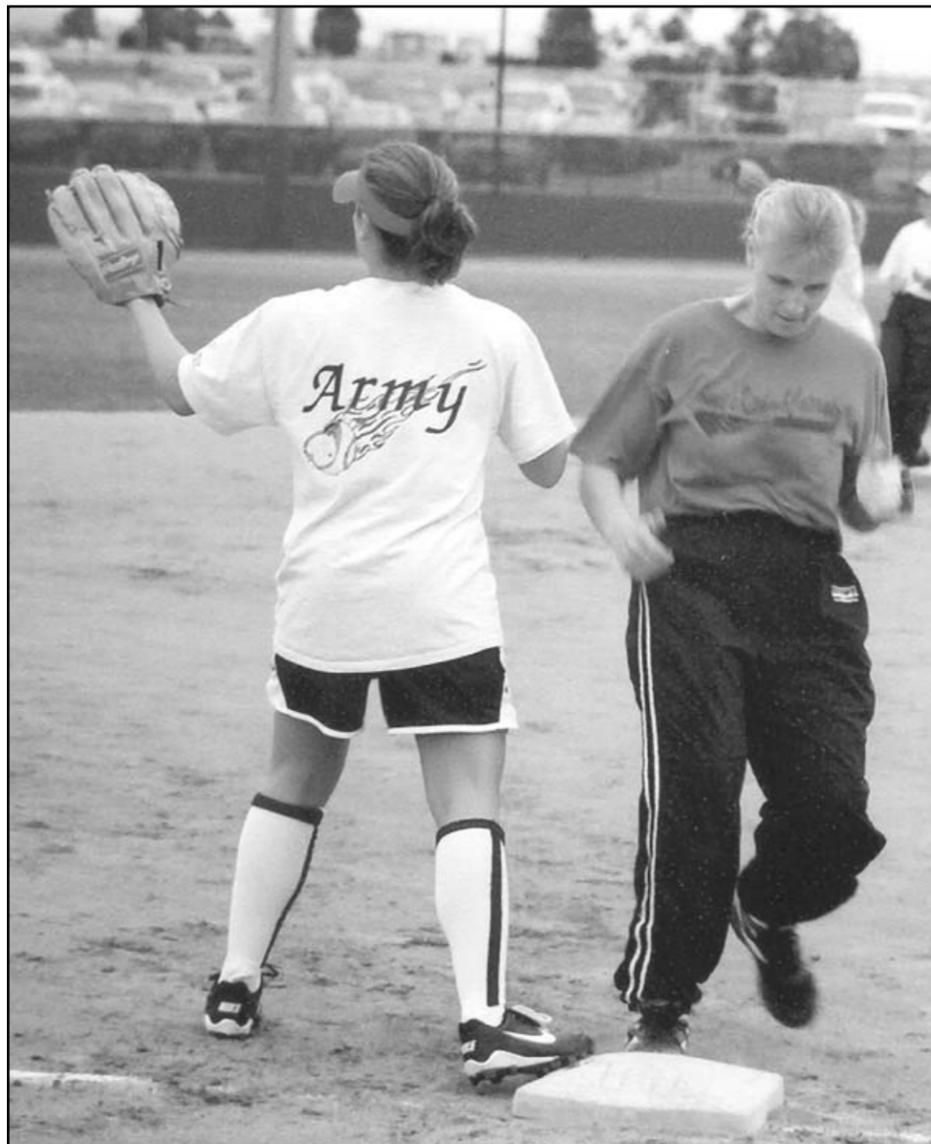


Photo by Bill Scharton

Lady Mountaineers third baseman Lenore Moskey, left, gets ready to receive a throw from the outfield during the team's league game June 18. The Lady Mountaineers rallied to victory late in the game and advanced the team record to 5-1 for the season.

## Carson Army wrestler makes national team

by Bill Scharton  
Mountaineer staff

Army World Class Athlete Program wrestler Tina George will get another shot at a world championship this year. She will also get a shot at a gold medal at the Pan American Games.

George captured first place in the women's freestyle 55 kg./121 lbs. weight division last weekend at the USA Wrestling World Team Trials in Indianapolis, to earn a spot on both the 2003 United States World Championships Team and the Pan American Games Team.

At the 2002 World Championships last fall in Greece, George was dethroned by a Japanese wrestler in the championship final and came away with a silver medal. She has now earned another shot at world gold in September at Madison Square Garden in New York

City. In addition, prior to the World Championships, she will get the opportunity to represent the United States at the Pan American Games in Santo Domingo, Dominican Republic in August.

It will mark the first time women freestyle wrestlers get the chance to compete for medals at the Pan American Games. "It will be exciting to be able to compete for a medal at the Pan American Games for the first time ever," said George. "It will also be a thrill to have the World Championships at Madison Square Garden."

George had to win two out of three matches against Tela O'Donnell to earn the spot on the U.S. World and Pan American Games teams. George won the first match of the series 5-2, but O'Donnell bounced back with a pin in 4:38 in the second match. George won

the third and deciding contest with a 6-3 decision. O'Donnell had defeated George at the 2003 U.S. Nationals in May, so the victory at the World Team Trials was especially sweet for George.

"The matches against O'Donnell were tough," said George. "In the second match, I kind of relaxed, lost my focus and she threw me. I got caught making a tactical mistake."

George will now attend three or four training camps designed specifically for U.S. Team members prior to the competition at the Pan American Games. She may compete in the Canada Cup in Calgary, Alberta, at the end of May.

For the other 16 Army WCAP wrestlers who competed at the World Team Trials last weekend, disappointment would be the best description.

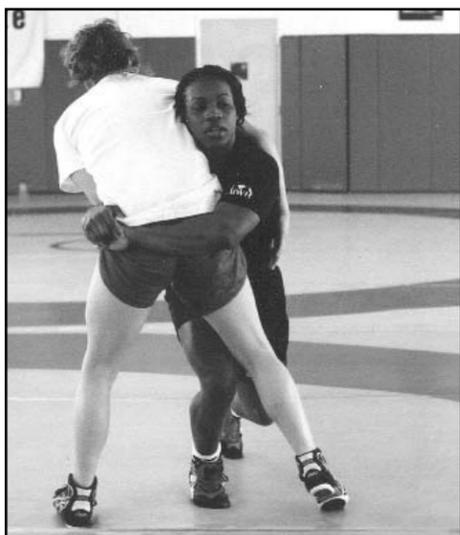


Photo by Bill Scharton

Army World Class Athlete Program women's freestyle wrestler Tina George, facing the camera, works out with a training partner.

See Wrestling, Page 21

# Worldly Women's Travels promotes health issues

by **Bill Scharton**  
**Mountaineer staff**

Maj. Gen. Robert Wilson, 7th Infantry Division and Fort Carson commanding general, made a visit to Forrest Fitness Center June 16 to congratulate the women who participated in a pilot program that promoted health and well-being.

The program, called Worldly Women's Travels, started April 21 and concluded June 16. The program featured five teams with six women per team. During the eight-week period of workouts, the women were given target goal points in six categories to be achieved during the various stages of the workouts. The cumulative goal points allowed the team to travel to different destinations on a world map.

Goal one was a cardio vascular workout and the points earned moved the teams from the United States to Greenland. Goal two was weight lifting and moved the teams from Greenland to China. The third goal was workout sessions and sent the teams from China to Australia. Goal four was body composition and teams went from Australia to the Sudan. Weight loss was the fifth goal and these points moved the teams from the Sudan to Brazil. Goal six was most combined points and this would bring teams back America.

The Red Team, led by Lynn Wilson, the wife of Wilson, placed first with a total of 24,808 combined points. The other team members were Denise Castle, Alberta Prasek, Shari Reese, Georgia McWilliams and Kellie Trombitas.

The Black Team finished second. Team members included Abigail Caffee, Catherine Little, Jennifer Eckhart, Leeann Traylor, Danielle Bundy and Kim Lamey.

Third place went to the Blue Team. They were Mavis Bradford, Maci Newsom, Bree Anderson, Jennifer Vchulek and Ayesha Brown.

The Yellow Team placed fourth. Team members were Kristi Johnson, Susan Parks, Peggy Rudesheim, Diane Battaglia, Susan Perna and Rachel Horner.

Finishing fifth was the Green Team. Team members were Yolanda Smith, Rene Hughes, Tina Morris, Shannon, Bailey, Darlene Freeman and Maribel Edwards.

Lorri Martindale, a fitness specialist at Forrest, put the program together after hearing about the idea from Mrs. Wilson. Martindale said Mrs. Wilson had heard about a similar program taking place at the YMCA in Saginaw, Mich. The YMCA program was geared towards individuals but Martindale made it into a team program here.

Maj. Gen. Wilson and Mrs. Wilson presented end-of-the-program awards (including T-shirts designed by Red Team member Shari Reese) to the participants in attendance.

"I want to thank each of you for participating," said Mrs. Wilson. "Lorri spent countless hours on this project. It took a lot of work."

Lamey, one of the members of the Black Team, was in attendance and was pleased to be a part of the Worldly Women's Travels program. "It was neat to be

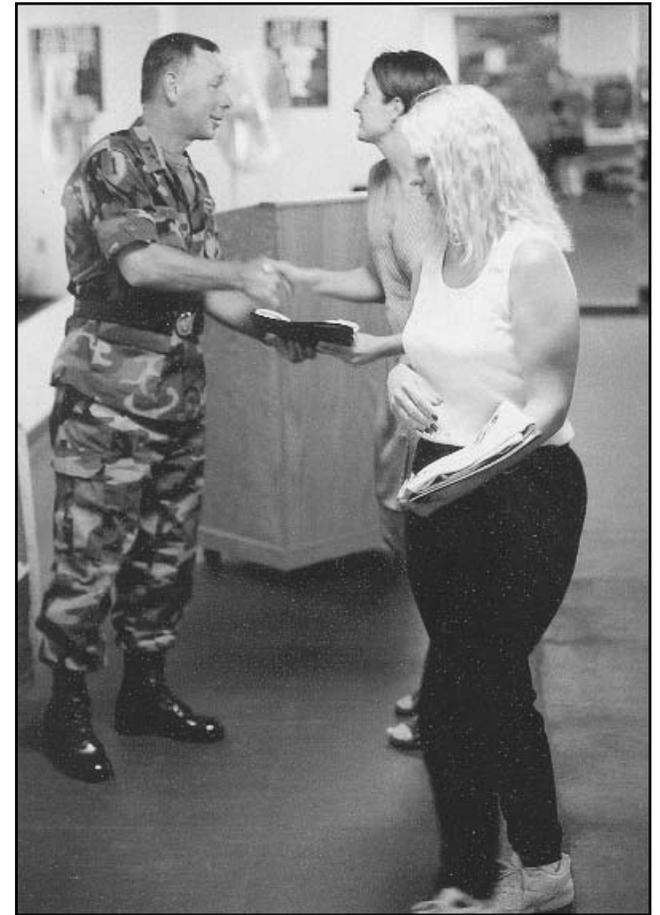


Photo by Bill Scharton

**Maj. Gen. Robert Wilson, 7th Infantry Division and Fort Carson commanding general, congratulates Black Team member Kim Lamey June 16 on her participation in the Worldly Women's Travels pilot program at Forrest Fitness Center. Teammate Catherine Little is in the foreground.**

part of a pilot program that will hopefully be benefiting others as well," said Lamey. "With all that is going on around here, it helped take our minds off other things."

*Putting around ...***Golf tourney benefits NCOA**

by **Bill Scharton**  
**Mountaineer staff**

Twenty-four teams played in the annual Retiree Appreciation Day Red, White and Blue Golf Tournament Saturday at the Fort Carson Cheyenne Shadows golf course.

The event serves as a major fund-raiser for the Mountain Post chapter of the Noncommissioned Officers Association and the Fort Carson Retiree Council. The Mountain Post chapter of the NCOA distributes funds to a variety of charities on post and in the Colorado Springs community.

A four-person, best-ball scramble format was used for the tournament. The winning team members, with a scramble score of of 57, were Bill Reed, Rosie Hardnet, Dave Brooks and Terrance McWilliams.

Dennis Daniels won the putting contest that preceded the tournament. Bill Butz won the closest to the pin prize and Rick Jaime earned the longest drive award.

Tournament sponsors donated cash or merchandise. They were the Fort Carson Thrift Shop, Fort Carson Army Air Force Exchanges Services, Fort Carson Mountain Shadows golf course, Pikes Peak International Raceway, Town and Country Realty, Trophy Hut, Sterling Capital Mortgage, First American Heritage Title Company, S and K Sales, Cupp and Associates, Magnum Computers, Profile Systems, Handyman Connections, Tire World and Pappy's Golf Shop.

Dave Ranck, a retired Army command sergeant major, has been the tournament organizer for the past four years.

"We had participants from all over the state of Colorado," said Ranck. "This is a major fund raiser for the Mountain Post NCOA and we wish to thank the golfers and the sponsors for their continued support.



Photo by Bill Scharton

**Fred Dean lines up his putt during the putting contest at the Mountain Post chapter NCOA Retiree Appreciation Day Red, White and Blue golf tournament Saturday at the Fort Carson Mountain Shadows golf course.**

**Wrestling**

From Page 19

Army's Dremiel Byers, the 2002 World Champion Greco-Roman wrestler at 120 kg./264.5 lbs., lost two out of three exciting and close championship matches to 2000 Olympic Champion and 2001 World Champion Rulon Gardner.

Byers won the first match 3-2 on the strength of a three-point throw. Gardner rebounded to win the second contest of the series, 3-2 in overtime. The deciding third match between the two champions ended in a 2-2 tie after nine minutes of wrestling, but Gardner was awarded the match win because Byers had more passivities and cautions during the bout.

"He's (Byers) so strong," Gardner said following the decisive match. "He (Byers) used an arm throw on me that I hadn't seen before.

"In the first match, he (Byers) got a little tired. By the end of the second, I knew he (Byers) was hurting. To me, it's an absolute miracle that I got another chance and I got him (Byers) in overtime again. It's a dream come true to make it to the World Championships."

Army Greco-Roman wrestler Keith Sieracki suffered the same fate. He lost two out of three matches in the championship series of the 74 kg./163 lbs. weight division to long-time rival T.C. Dantzler.

Sieracki lost the first match of the series 4-1 in overtime. He rebounded with a 3-2 overtime victory in the second contest to force a third and decisive match. In the final bout, Dantzler was awarded a referee's decision following a 1-1 overtime scrap.

Army Greco-Roman wrestler Glenn Nieradka (60 kg./132 lbs.) was the only other wrestler from Fort Carson to make it to a weight division championship series. Nieradka finished second after losing two straight decisions (4-0 and 3-1) to Jim Gruenwald.



Photo courtesy Fort Carson Fire and Emergency Services

## *Power lifting ...*

Fort Carson fireman Johnny Onorato does a squat during the power-lifting competition at the Colorado State Police and Firefighters Games in Pueblo. Onorato captured first place in the power-lifting competition that combines the total weight from the squat, the bench press and the dead lift. Onorato and Fort Carson firemen Steve Polizzi and Martin Flores placed third in the team bench press competition at the state games.

## Sports briefs

### 4th of July 10K Fun Run

A 10-kilometer 4th of July Fun Run, sponsored by the commanding general's office, will start at 8 a.m. July 4 at the Special Events Center.

Race registration will be on site starting at 6 a.m. A free short-course children's run will follow the main fun run.

Awards will be presented in the following categories: oldest, youngest, largest family, largest unit, ugliest dog and most patriotic dressed runner.

The event is open to all active duty military, family members, Department of Defense civilians and retirees. There will be a \$1 entry fee for the 10-kilometer fun run. For additional information, call 526-2151 or 524-1388.

### Tennis Club meetings

The Mountain Post Tennis Club will meet every Wednesday this summer from 5 to 8 p.m. at the Mountain Post Sports Complex tennis courts.

Last Saturday, the club sponsored a clinic and fun tournament. David Brooks, a tennis instructor with Kissick Tennis and Sports Enterprises, provided free time and free lessons to the participants.

All levels of players are invited to join the club. For additional information, call Becky Rudder at 524-1388.

## Rocky Mountain ...

# State games offers grants to military families

### **Courtesy Colorado Springs Sports Corporation**

The Colorado Springs Sports Corporation announced today the availability of Rocky Mountain State Games Military Grants. Funded by the USAA Foundation, A Charitable Trust and the H. Chase Stone Charitable Trust, the grants are available to local military dependents who are under the age of 18. The grants will allow recipients to participate in the Rocky Mountain State Games free of charge.

The Rocky Mountain State Games is a statewide, Olympic-style sports festival open to Colorado citizens of all ages and athletic abilities, as well as Colorado college and university students and military personnel stationed in Colorado and their families.

“We have a very strong morale program at Fort Carson that becomes even more crucial in times of war,” said Command Sergeant Major Terrance D. McWilliams. “The Rocky Mountain State Games encourages the same principles we want to instill in

our youth, and we are very pleased that the family members of our soldiers will be able to take advantage of such an opportunity.”

The Rocky Mountain State Games will be held Aug. 1 to 3 at the U.S. Air Force Academy and other venues in Colorado Springs and Monument. Participants can compete in one or more of the 18 sports featured in this year’s program: 5-kilometer run, archery, badminton, basketball, billiards, bowling, field hockey, golf, inline hockey, martial arts (jujutsu, karate and tae kwon do), racquetball, soccer, softball (slow pitch), table tennis, tennis, track and field, triathlon and weightlifting.

“The Games are a very important feature on the Colorado Springs, and State of Colorado, amateur sports landscape,” said USAA Vice President and General Manager Victor Andrews. “USAA is pleased to be able to help provide this opportunity to the dependents of our service men and women.”

### **Potential grant recipients:**

Colorado military family members who are under the age of 18 and who are interested in receiving a Rocky Mountain State Games Military Grant should fill out a grant application and turn it in, with completed RMSG registration materials, to the Rocky Mountain State Games office: 219 W. Colorado Ave., Colorado Springs, Colorado, 80903.

Applications are available online at the following Web sites: [www.PhilLong.com](http://www.PhilLong.com) or [www.TheSportsCorp.org](http://www.TheSportsCorp.org)

Or you may contact Monica Clark of the Colorado Springs Sports Corporation at 634-7333, extension 1007.

### **Rocky Mountain State Games participants and volunteers:**

If you are interested in learning more about the 2003 Rocky Mountain State Games, please contact the Colorado Springs Sports Corporation at 634-7333 or visit the following Web sites: [www.PhilLong.com](http://www.PhilLong.com) [www.TheSportsCorp.org](http://www.TheSportsCorp.org).

# Flying W Ranch

## Ranch hosts chuck wagon suppers



Story and photos  
by Nel Lampe  
Mountaineer staff

When visitors come to Colorado, many times they expect to see the Old West. They're a

little disappointed that cowboys aren't standing around on the sidewalks and horses aren't tied to a hitching post in front of the drug store.

Being stationed in Colorado sometimes is an attraction for many out-of-state friends or relatives to visit.

One way to get those visitors the flavor of the Old West they may be expecting is to take them to the Flying W Ranch for an evening of food and entertainment.

The Flying W is a working ranch, so there are real cowboys who cook up and serve the "grub."

But first, guests can walk around the ranch and visit the western town. There's a dozen restored buildings, including a general store, ice cream parlor, barber shop, gourmet shop, school, jail, dry-goods store and The Little Church at the Ranch. The buildings are furnished in the style of the 1890s or early 1900s. Some buildings



"The Flying W Wranglers" entertain the dinner crowd in the Winter Steak House at the Flying W Ranch.

house shops which sell cookbooks, gifts and souvenirs.

Visitors can watch American Indians hand weave rugs and a blacksmith shoe a horse. There are tepees, an American Indian-style Pueblo, a school house and covered wagons to see before

settling down for a chuckwagon supper.

There's a miniature train behind the Pueblo which people can ride for a small charge.

Be sure to bring a camera for souvenir photographs.

The pasture gates are open at 4:30 p.m. Plan to arrive early enough to explore the western town, ride the train and walk around the ranch before meal time.

Upon arrival, guests are directed to a parking space. One member of the party should pick up the tickets at the nearby ticket booth. Everyone must have a reservation before arriving at the Flying W.

Once the tickets are in hand, visitors can spend time exploring the town which closes about 7:15 p.m. When the dinner bell rings, guests head for their designated table, marked on the ticket. Food is served at 7:30 p.m.

The Flying W Ranch has been a working ranch for many years. In 1953 the ranch started serving supper to the public. Word got around. Crowds grew from a few dozen supper guests to a few hundred.

Now, 1,200 to 1,400 guests line up at serving lines for barbecue beef or chicken, along with beans, baked potatoes, applesauce and homemade biscuits. In true Old West style, guests are served on tin plates. Dessert is spice cake and lemonade and coffee are served.

The ranch staff has perfected the serving process over 50 years and can serve a large crowd in a short time. Crowds are moved along with jokes and cowboy humor.

Supper is served out-of-doors, weather permitting, with guests seated

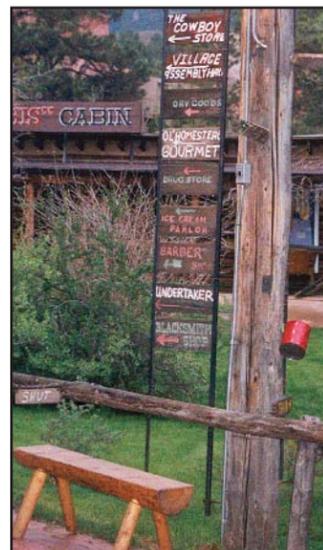


Wagons and tepees are on the grounds of the scenic Flying W Ranch.



Several historic buildings have been relocated to the Flying W Ranch western town and serve as shops.

# Suppers



Places to see in the Pikes Peak area.

June 27, 2003

See Flying W Ranch, Page 26

## Flying W Ranch

From Page 25

at dozens of picnic tables. Should rainy weather prevail, an alternate dining site under cover is used. Dinner and the show go on, rain or shine.

After everyone has finished eating, about 8:30 p.m., the cowboys who dished up the food take over the stage.

The ranch's music group, the "Flying W Wranglers," provides an hour-long, old fashioned "pickin' and singin'" show. This isn't Garth Brooks singing country and western; it's five cowboys singing traditional cowboy songs in three-part harmony. Songs such as "Tumblin' Tumbleweeds," "Ghost Riders in the Sky" and "Cool Water," are included in their usual repertoire, with maybe Roy Rogers' "Happy Trails" or some other movie cowboy or campfire tune thrown in. In between the songs, there's story telling and jokes.

Even visitors who aren't western or country music fans seem to enjoy the "Flying W. Wranglers." Some of them even buy a Flying W Wranglers' compact disc to take home.



The Flying W Ranch has its own chapel.



A teepee is in the western town at Flying W Ranch.



The gate to the Flying W Ranch is on Chuckwagon Road near the Mountain Shadows community.

Many of the buildings making up the western town have been relocated to the Flying W Ranch, piece by piece, such as the 1929 Ute Theater which was once in downtown Colorado Springs. When the theater was scheduled for demolition in the late 1960s, the owners of the Flying W bought it, dismantled it and moved it to the ranch. It serves as dining room and stage during winter and is known as the "Winter Steakhouse."

Private group parties can be arranged at the Flying W Ranch. Groups of 60 to 190 people can schedule a private dinner in the Winter Steakhouse, including the western show.

A group picnic can also be arranged, for a maximum of 250 people. Picnic groups can arrange to use the softball, volleyball, horseshoe and basketball facilities, have a chuck-wagon meal and enjoy a western show.

Arrangements can be made to have weddings in the chapel.

Flying W Ranch chuck-wagon style suppers are quite popular, and reservations are necessary. Call the ranch at 598-4000. The chuck-wagon supper is served every night of the week.

The price for the chuck-wagon supper is \$17.50 for adults and \$8.50 for children 8 years old or under. The meal, stage show and western town are all included in the price.

The Flying W chuck wagon closes at the end of September, reopening about Memorial Day.

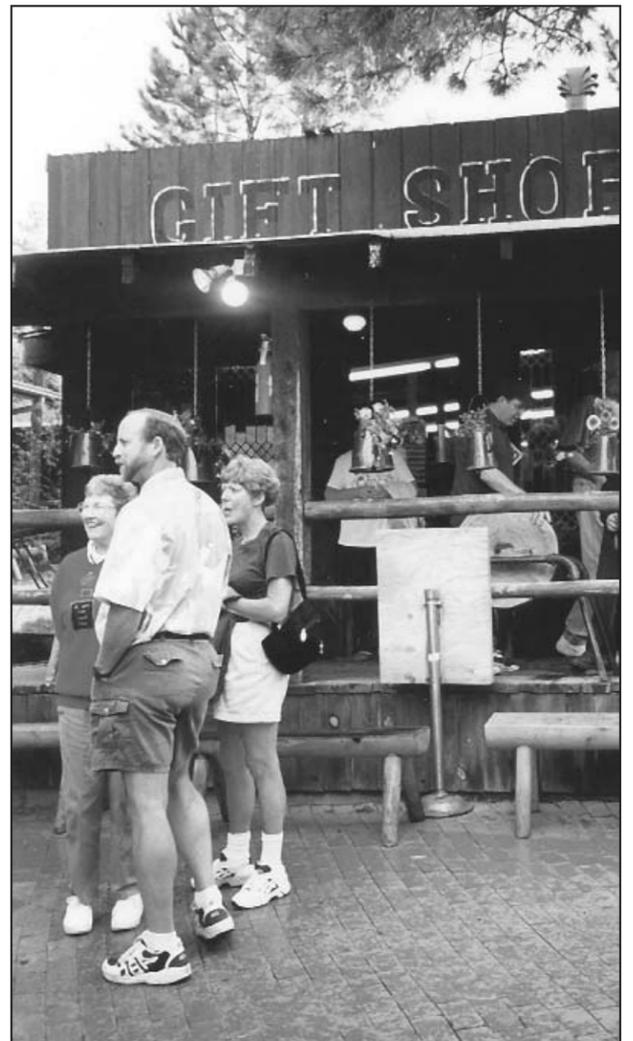
A western-type steak dinner is available in the off-season at the Flying W. The Winter Steak House is open Friday and Saturday nights — except during January and February. Steaks are cooked over an open wood fire and served with baked potatoes, beans and biscuits. Diners can choose chicken, pork ribs, trout or smoked beef brisket instead of a steak.

The Picketwire Bar, located in the theater turned steakhouse, is open in winter. When the cowboys are finished cooking and serving, the meal is followed by the famous "Flying W Wranglers" stage show.

Reservations for the steak house are required and diners choose either the 5 p.m. or 8 p.m. seating. The western town isn't open in winter, so the gates open just in time for dinner guests.

The Winter Steak House menu costs about \$25 for adults and about \$8 for children 8 years old and under. The stage show is included in the price.

Flying W Ranch is located at 3330 Chuckwagon Road, just off 30th Street near the Garden of the Gods. Take Interstate 25 north to



Guests explore the western town before the dinner bell rings.

the Garden of the Gods Road exit, go west for about two miles, turning onto 30th Street, then Flying W Ranch Road and finally, Chuckwagon Road.

There are signs along the way.

Although the ranch used to be more rural, housing areas have encroached. Watch for the pasture gate.

### Just the Facts

- Travel time 25 minutes
- For ages all
- Types chuckwagon supper, show
- Fun factor ★★★★★ (Out of 5 stars)
- Wallet damage \$\$\$

\$ = Less than \$20

\$\$ = \$21 to \$40

\$\$\$ = \$41 to \$80

(Based on a family of four)

## Happenings



### Renaissance Festival

The annual Renaissance Festival at Larkspur runs through Aug. 3, Saturdays and Sundays only, rain or shine. Admission is \$15.95 for adults and \$8 for children 5 to 12 years of age. More information is available at [www.coloradoarenaissance.com](http://www.coloradoarenaissance.com). July 5 and 6 is "Children's Weekend," when children are admitted free with a paying adult.

### Ride the rails

The Royal Gorge Route Railroad has started its summer season. Trains run three times each day, at 9:30 a.m., 12:30 and 3:30 p.m. Tickets are \$26.95 for adults and \$16.50 for children. This year, for eight Saturdays, a twilight dinner excursion at 7:30 p.m. is offered for \$69.95. Reservations are recommended, call (888) Rails-4U.

### Stomp

Stomp, the popular group that makes noise into an art form, performs at the Pikes Peak Center, 190 S. Cascade July 15 to 20. Tickets start at \$28.50 and may be arranged at 520-7469.

### Pancake street breakfast

The annual Colorado Springs Street Breakfast is set for July 16, from 5:30 to 10 a.m. The street breakfast of pancakes and the trimmings is served in the middle of Pikes Peak Avenue, between Tejon and Nevada, a kickoff for the rodeo. Tickets are \$5 and may be purchased on site.

### Pikes Peak or Bust Rodeo

The annual Pikes Peak or Bust Rodeo is Aug. 6 to 10 at the Colorado Springs World Arena. "Tanya Tucker in Concert" follows the Aug. 8 rodeo and "Rushlow in Concert" follows the Aug. 9 rodeo. Rodeo tickets include the concert and are available at 576-2626.

### Theater productions

"Lone Star," a comedy production, will be presented in the Fine Arts Center theater today, Saturday and Sunday at 8 p.m. Tickets are \$18 in advance or

\$20 at the door. Call the box office at 634-5583.

"The Patchwork Girl of Oz" is presented Saturday and Sunday at 2 p.m. in the Fine Arts Center theater. This production is a sequel to the "Wonderful Wizard of Oz" and is presented by the Youth Repertory Theatre Workshop. Tickets are \$4 for children 12 and under and \$7.50 for those over 12. Call the box office at 634-5583 for tickets.

The Fine Art Center's Youth Repertory Theater Company presents "Les Miserables," school edition. All actors and singers are ages 13 through 19. Tickets are \$12 in advance or \$13 at the door. Performances are July 25 and 26 and 29 at 7 p.m. A 2 p.m. performance will be July 27. Call 634-5581 for tickets.

### Race to the clouds

The 81st annual "Race to the Clouds," the Pikes Peak Hill Climb, is set for Sunday. The race begins at 9 a.m., but Pikes Peak Highway toll gate opens at 4 a.m. Get hill climb tickets for practices, qualifying runs and race day at King Soopers, World Arena box office or online at [ppihc.com](http://ppihc.com).

### Pikes Peak Center

Tracy Chapman is at the Pikes Peak Center July 2 for her "Let it Rain Tour." Tickets are available at Ticketmaster, 520-9090.

The Tommy Dorsey Orchestra, conducted by Buddy Morrow, is at the Pikes Peak Center July 6 at 2 p.m. Call 520-7469 for information.

### Santa's Workshop at the North Pole

Visitors bringing an empty Coke product can get a \$4 discount. Santa's Workshop at the North Pole observes Coca-Cola Family Fun Days through the end of June. The North Pole is by the entrance to the Pikes Peak Highway.

### State Fair concerts

Concert tickets are for sale for the Colorado State Fair at Ticketmaster, 520-9090, and the State Fair Box Office. An appearance by Weird Al Yankovic opens the series Aug. 16. He's followed by Kellie Coffey and Gary Allan; and Pat Benatar and Neil Giraldo. Other performers are Rascal Flatts; Sawyer Brown; Last Man Standing; Lonestar; Jaci Velasquez; Tom Jones; 3 Doors Down and Chicago. Professional bull riders, super tough trucks, a demolition derby and amateur boxing are also on the agenda. A Charreada rodeo is at 5 p.m. Aug. 31.

### July 4 events

The Colorado Springs Jazz Festival is in Memorial Park July 4, from 11 a.m. until the fireworks are over. Children's activities, climbing walls food and nine bands are on the agenda, including "Big Bad Voodoo Daddy." Entrance is free to this annual big picnic in the park.

Cherry Creek Arts Festival is one of Denver's best festivals. There's fine art and fine cuisine beginning at 10 a.m. July 4, 5 and 6, at the Cherry Creek Shopping Center, between 2nd and 3rd avenues between Clayton and Steel. There's music and entertainment. Go online at [www.cherryarts.com](http://www.cherryarts.com).

Races, fireworks and concerts are at Pikes Peak International Speedway July 4. Gates open at 11 a.m., opening ceremonies start at 3 p.m. Races are the Weld Racing Silver Crown Series, National Sprint Car Series and National Midget Car Series. Following the races are concerts by Accidental Superhero, The Last Band on Earth and Tiny Barge and the Big Chill and fireworks. Tickets at PPIR box office or call 382-7223. Servicemembers get half-price tickets.

Free admission to Rock Ledge Ranch historic site July 4 for servicemembers. Independence Day is marked in an old-fashioned way, with readings, games and entertainment. Military families with ID are admitted free, for others it's \$5 for adults, \$3 for teens and \$1 for children. The ranch is at the entrance to Garden of the Gods off 30th Street. Food will be sold.

One child is admitted free to JoyRides Family Fun Center July 4 with a paying parent. Admission is \$16 for an adult, \$12 for a child under 11.

Family Day at Ironhorse Park will be July 4th at 4 p.m. The group "Brothers" plays a variety of music; there'll be entertainment, food vendors and competitions. Activities and entertainment will be free. Grills and picnic tables will be available for families who want to bring their own food, or purchase funnel cakes, ice cream, hamburgers, brats and more in the park. Fireworks are at 9:30 p.m.

### Soldier Show

The Army's Soldier Show will be at Fort Carson July 8 at 7:30 and July 9 at 2:30 and 7:30 p.m. in McMahan Theater. The Army's best entertainers travel the world entertaining soldiers. Entrance is free; but tickets are available at Information, Tickets and Registration.

## Happenings



Photo by Nel Lampe

*Renaissance Fest ...*

**The 27th annual Renaissance Fest is in Larkspur, just off N. Interstate 25 at Exit 172. The fest features jugglers, jousters, music, entertainment, food and merriment. The fest is weekends only through Aug. 3.**



Program Schedule for Fort Carson cable Channel 10, today to July 2.

Army Newswatch: includes stories on Gen. Eric Shinseki's retirement, Operation Peninsula Strike and operations in Kirkuk. Airs at 7:30 a.m., 12:30 p.m., 7:30 p.m. and 12:30 a.m.

Navy/Marine Corps News: includes stories on the anniversary of the Battle of Midway, the USS Constellation and Exercise Cobra Gold. Airs at 8 a.m., 1 p.m., 8 p.m. and 1 a.m.

Air Force News: special edition: Town Hall Meeting at Wright-Patterson Air Force Base, Ohio, with the secretary of the Air Force and the Chief of Staff of the Air Force. Airs at 8:30 a.m., 1:30 p.m., 8:30 p.m. and 1:30 a.m.

Channel 9 daily broadcasts SCOLA, foreign language news broadcasts. Access the schedule at the Fort Carson Web site.

If you have comments on Channel 10 programming or wish to coordinate a broadcast on Channel 10, please contact Chief of Command Information at 526-1241 or via e-mail at [CommandInfo@carson.army.mil](mailto:CommandInfo@carson.army.mil).

Program times will be published in the Mountaineer provided coordination is made one week prior to publication.

If you wish to have a training videotape shown on Channel 9 only, contact the Regional Training Support Center at 526-5111.

For additions to the Community Calendar, please submit an e-mail or clean, typewritten copy of the information to the Public Affairs Office, room 2180, 6151 Specker Ave., Fort Carson, CO 80913 or fax information to 526-1021 no later than the Friday before airing time.