

# Mountaineer

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May 9, 2003

## Carson soldier wanted for murder questioning

by **Spc. Stacy Harris**  
**Mountaineer staff**

A Fort Carson soldier is a murder suspect after a fight which broke out Monday morning at the intersection of Pikes Peak Avenue and Tejon Street killed one and injured another man.

Pfc. Jesse J. Kaufman, Headquarters and Headquarters Company, 1st Battalion, 12th Infantry, 3rd Brigade Combat Team, has a warrant out for his arrest



**Kaufman**

signed Monday afternoon after the investigation progressed. Kaufman is a 5-foot-11-inch white male weighing about 200 pounds. He is bald and has hazel eyes.

"We are (still) looking for him," said Lt. Skip Arms, public information officer, Colorado Springs Police Department. "We would consider him armed and dangerous."

The silver Mazda pickup truck Kaufman left the scene of the crime in was recovered Monday afternoon in the 6700 block of Galley Road.

Two men were stabbed during the fight at 2:20 a.m. Jason Kettles died as a result of the injuries. Kettle's death is the sixth homicide this year in the Colorado Springs area.

The injured man is expected to survive. His name has not been released as of press time.

Anyone knowing Kaufman's whereabouts is asked to contact the Colorado Springs Police Department at 444-7613.

If a person prefers to remain anonymous, he or she may call Crime Stoppers at 634-STOP. A person who provides information to Crime Stoppers that leads to an arrest in this case could earn a cash reward of up to \$2,000.

"If they have any information, there is an active warrant out for his arrest for first degree murder," Arms said, encouraging anyone who can provide information to call the Colorado Springs Police Department or Crime Stoppers.

"We want him removed from the streets of our community as quickly as possible."

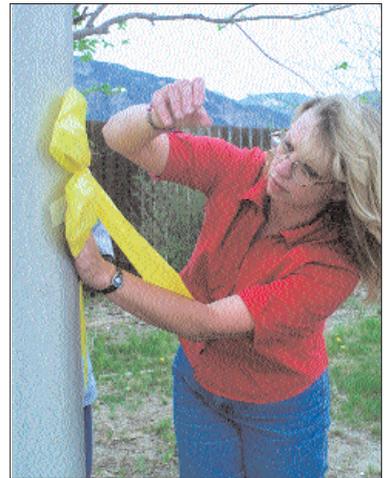


Photo by Spc. Stacy Harris

### *Tie a yellow ribbon ...*

**Cheri Lesiak, 43rd Area Support Group Family Readiness Group, hangs yellow ribbons around Gate 4 May 1 to support the deployed troops.**

## Free Tim McGraw concert here May 21

Courtesy Directorate of Community Activities

"Tim McGraw and the Dancehall Doctors: One band show" will perform May 21 at 8 p.m. at Pershing Field here. McGraw's concert will be free for servicemembers, retirees, Department of Defense employees and family members.

Tickets will be extended to servicemembers and DOD identification holders for themselves and their family members through Information, Tickets and Tours and Information, Tickets and Registration offices at Fort Carson, U.S. Air Force Academy and Peterson, Schriever and Buckley Air Force Bases. ITT and ITR will give away 10,000 tickets beginning today at 10 a.m. For more information, call 526-5366.

All seating is on the lawn at a first-come, first-served basis. Beginning at 6 p.m. the day of the show, servicemembers in uniform will be allowed early access to get their seating of choice.

"I just wanted to show my appreciation to those who protect us and to their families while I'm on the road touring," said McGraw. "Our tour began shortly before the war, so it just seemed fitting we add this show to give a little something back to those who sacrificed so much. It's our small way of saying thank you."



Photo courtesy Ahmad Terry

### *All clear ...*

**Soldiers from the 1st Battalion, 8th Infantry Regiment, 3rd Brigade Combat Team, walk upstairs as they search a damaged building for gunmen Wednesday in Tikrit. No gunmen were found.**

## INSIDE THE MOUNTAINEER

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**Volunteers make valuable contributions to the Carson community.**  
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### Gate construction

New gatehouse at Gate 1 to open. Changes to Gates 2 and 4 are on the way. See Page 8 for details .

### Army Ball

Only 29 days until the Army Ball. Mark your calendars now and watch for ticket information in the *Mountaineer*.

# CG: Thank you for supporting troops

Military Spouse Appreciation Day is today, and I would like to extend my thanks and gratitude to all the men and women who have supported their spouses in uniform. The spouses of Fort Carson have a lot to be proud of this year. Their support and loyalty have been critical in enabling soldiers to perform optimally on the battlefield, a fact exemplified by the recent conflict in Iraq.

As soldiers, we owe much of our success to our wives and husbands. They hold our families together in our absence and must overcome the many obstacles that come with deployments, family separations and frequent moves.

Because of these sacrifices and their ongoing dedication, the U.S. military sets aside the Friday before Mother's Day to honor military spouses and thank them for the support they give to all of us. This is a day to acknowledge the sacrifices they make for their partners and our country, as well as recognize their contributions to the communities.

In recent months, Fort Carson has deployed more

than 12,000 soldiers, leaving behind twice as many family members, who continue raising their families and juggling the numerous responsibilities that come with being in charge of a household. Additionally, more than 56,000 retiree spouses and family members live in the Colorado Springs area. These individuals also understand what it means to share a loved one with a grateful nation.

Fort Carson's Army Community Service will emphasize the importance of Military Spouse Appreciation Day by hosting a Vanity Fair celebration Tuesday at the Southeast Family Center and the Armed Services YMCA between 10 a.m. and 2 p.m. The celebration will include complimentary haircuts, manicures, pedicures and massages, and it will be conducted in cooperation with other military installations in Colorado Springs with free child-care provided by our Child and Youth Services. This annual event offers an excellent opportunity for military spouses to pamper themselves, and I hope you all take advantage of this occasion.

The Army cares for the well-being of spouses and families to whom we owe so much of our success. I encourage all of you to enjoy the attractions at the Vanity Fair celebration, and I want to thank you again for your selfless embracement of the Army way of life.

Bayonet!



**Wilson**

*Maj. Gen. Robert Wilson  
 7th Infantry Division and Fort Carson  
 commanding general*

# Experience at Evans restores a soldier's confidence

**Commentary by Sgt. Melissa Bernazzani**

**14th Public Affairs Detachment**

Imagine this ... waking up in a dark room all alone in a strange hospital bed. It wasn't the anesthesia wearing off that woke you up, but your body choking, searching for air to breathe.

Frantically you try to breathe, pulling out gauze that slid down your throat, and in shock you run to the bathroom mirror to see your face, neck and shirt covered in blood.

That's what happened to me a few years ago after surgery at an Army hospital. Ever since then, I was terrified of Army hospitals, afraid of surgery.

I had same-day surgery at Evans Army Community Hospital April 25, but

this time my hospital experience was different. The week before surgery, I expressed my concerns about the anesthesia and overnight stay to my doctor, Dr. James Percy, and to many of the staff and nurses. Not only did they treat my concerns with respect, they recognized and eased my worries, and they explained every detail to me without belittling my legitimate fears. They gave me the option of what type of anesthesia I would prefer and explained all the differences.

Not only was I afraid of the anesthesia, but I was also worried about the overnight stay. Many people, including myself, have a stereotype of Army hospitals as treating people like lab experiments rather than real patients with feel-

ings. But my stay at the Mountain Post facility has changed my perception of Army hospitals for the better.

The day of the surgery, the anesthesiologist spoke to me through every step of the spinal injection, which comforted me and made me feel like they really cared for my well-being. During the surgery, the doctor helped me relax by explaining every detail of the procedure, and after the surgery was finished, I felt confident that everyone involved completed their job successfully.

No one treated me like a lab animal. They all really were concerned for my comfort during the surgery and did everything possible to make the procedure run smoothly.

Surgery was finished by about 11

a.m., and then I was concerned about my overnight stay and how well the next group of staff members and nurses would treat me.

Not only was I welcomed by kind faces, but lunch had been ordered for me and a bed had been prepared. The staff checked on me about every hour to see how I was and made my stay as comfortable as possible, bringing me ice for my knee and water for me to drink.

This hospital stay was a total contrast to my other hospital experience.

Thank you to all the staff members and nurses at the EACH. You have rebuilt my confidence in Army hospitals, and I appreciate all the hard work and extraordinary effort everyone puts into making patients feel at home.

**Sound off!**

## Have the deployments affected your money management?



"With more money it has made it financially less stressful to take care of the baby and pay my bills."

**Alexis Hodges**  
 family member



"I don't have any problems with money management. I've taken care of everything."

**Sgt 1st Class Arthur Lopez**  
 52nd Engineer Battalion



"I want him to come home, but it is more money."

**Latrecia Vrooman**  
 family member



"I teach college, and I'm losing \$1,000 a month. It doesn't hurt me; just changes my income level."

**Staff Sgt. Thomas Flanagan**  
 91st Support Division



"So far it's all right. I didn't know what he was getting before, so I'm trying to get out of debt while he's away."

**Beate Oddo**  
 family member

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# News

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## Transformation works for 'Iraqi Freedom'

by Joe Burlas

Army News Service

WASHINGTON — While

Operation Iraqi Freedom shouldn't be considered a model for future warfare, it has validated several Transformation concepts, an Army official said.

That Army official gave journalists a Transformation update in the form of a background (no names used for attribution) briefing April 24 at the Pentagon.

If you look at the way wars have been fought during the past century, most have followed the World War II model where a country builds up massive military might, invades at a single location and then clears the area of enemy forces in a linear fashion, the official said. While Iraqi Freedom did include a time-consuming military buildup, those forces invaded in two widely separated locations and attacked key objectives rather than clearing the country on line of enemy forces.

Multiple entry points and focusing on key objectives are among several Transformation concepts used effectively during recent combat operations in

Iraq, the official said. Others include: closer working relationships between special and conventional forces; true joint and combined operations at lower levels; and conducting operations across the full spectrum of conflict.

Iraqi Freedom is the first time the Army has ever conducted combat, peacekeeping, humanitarian relief and ecological cleanup operations all at the same time, the official said.

Speaking about the Stryker Brigade Combat Team, the official said it would have been ideal for operations in northern Iraq had it already been operationally tested. "It could have been flown in and provided the northern front more mobility and lethality than current forces have there," he said.

The Army's first Stryker BCT — 3rd Brigade, 2nd Infantry Division, out of Fort Lewis, Wash. — is fully equipped and will undergo operational testing at Fort Polk, La., in mid-May.

While much media attention is focused on the equipment technology aspect of Transformation, there is much more to it, the official said. "Technology

is just a Transformation enabler," he said.

Under the Transformation umbrella, the Army is considering changing its Train-Alert-Train-Deploy model for units conducting real-world operations to Train-Alert-Deploy. The current model is based upon units training day-to-day for the high-risk end of the conflict spectrum. When those units are alerted for a low-end mission such as humanitarian relief or peacekeeping, they have to learn a new set of tasks.

Changing the individual replacement system with a unit replacement one that locks everyone in for two years might free up time for units to train other tasks than those needed for combat operations. The problem the Army faces now is with the individual replacement system, units constantly have to retrain the same tasks over and over again because they have a constant stream of people coming and going, the official said. It takes time to build effective teams and individual replacement system means teams are always being broken up in the short term, he contin-

ued.

The Army is also looking at changing discrete, specialized, stove-pipe systems and processes into networked enterprise ones. For example, when a soldier gets deployed, the unit manning report will tell the personnel system where he is. However, unless someone gets the paperwork to finance, he may not get the danger pay he is entitled to for months, the official said. With a networked system, one stop tells everyone who needs to know what is happening with the soldier, he said.

Comparing current Army systems with the Future Combat System, the official said that being the best equipped Army in the world does not necessarily mean being the best organization. Each system has its own discrete needs in terms of parts and specialized mechanics — meaning a massive logistics tail. With FCS built on a common carrier, the logistics tail will be smaller than the current force — meaning more tooth or combat troops available to carry the fight to the enemy given similar-sized forces, he said.

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# Disabled workers support Carson war effort

by Spc. Jon Wiley  
Mountaineer Staff

While Operation Iraqi Freedom has brought hardships and sacrifices to many, for some members of the local disabled community, it has provided an opportunity to showcase their abilities.

Since January, about 450 workers from Goodwill Industries, a company that employs severely disabled individuals, have been filling in for deployed soldiers at Fort Carson's dining facilities.

When units at Carson got their moving orders for overseas deployments, they had to pull their cooks out of the post's dining facilities, said Chief Warrant Officer 3 Bruce Marquardt, installation food manager.

Unfortunately, this occurred during one of the biggest troop mobilizations in Carson's 60-year history. During the past few months, the post has helped mobilize thousands of activated Guard and Reserve soldiers in addition to the Army units stationed here. That meant a lot of hungry bellies were moving through the chow lines at the same time the soldiers responsible for manning them were moving out.

To meet this challenge, the post called on Goodwill to increase its dining hall staff and expand its responsibilities,

Marquardt said. In peacetime, the company is contracted to provide 85 civilian employees to the post's dining facilities. Normally, the regular workers, 75 percent of whom are physically or mentally disabled, do strictly janitorial work in the dining facilities.

Now, the increased staff of 450 disabled workers are handling "everything from managing the accounts, to cooking and preparing food, serving, rationing, cashiering and administration," Marquardt said.

Lake Powell, program manager for Goodwill, said the company is happy to do its part to support the war effort.

"This is what we're all about — putting people in employment who can not find jobs elsewhere," she said.

Logan Dimoff, a Goodwill employee who has been working at the Cheyenne Mountain Inn Dining Facility here, said helping out the Army for the past few months has been great.

"I've always admired military folks, so working with them is just cool. I really like the military way of life," he said.

Long term, Powell said she hopes the recent hires will be kept on after the regular soldiers return. If they're not, she said at least many of them will have had the opportunity to learn a trade and acquire skills and experience they



Photo by Jon Wiley

**Logan Dimoff, left, and Troy Disnuka, Goodwill employees, hose off dishes at the Cheyenne Mountain Inn dining facility.**

can take with them to future jobs.

They can also take with them the pride of knowing they did their part to serve their country in its time of need.

"They were an important part of the mobilization process. We couldn't have done it without them," said Sgt. 1st Class Robert Mireault, Cheyenne Mountain Inn manager.

# Military

*Like sky diving without a parachute ...*

## Unprotected sex — a no-win situation

by Spc. Chris Smith

14th Public Affairs Detachment

Want to do something dangerous while driving? Close your eyes and crank the wheel. Want to do something dangerous while walking? Walk in front of speeding traffic to see if it will stop. Want to do something dangerous in the bedroom? Don't wear a condom.

Abstinence is the best way of not getting a sexually transmitted disease, of course, not everyone practices abstinence, as evidenced by the 1,771 new cases of chlamydia diagnosed in El Paso County last year and 13,168 in all of Colorado.

Soldiers should get yearly checkups to see if they've contracted any STDs, said Lynne Proute, a nurse practitioner with community health.

The STD clinic on Fort Carson, building 2059, offers free testing and treatment for soldiers and family members with STDs. All testing is confidential and patients don't need an appointment to be seen.

Soldiers with STDs can affect Army readiness as other problems can come along with the diseases.

The STD clinic does standard testing including Pap smears, blood tests, swab samples and urinalysis.

Yet, not every soldier gets tested. Some soldiers say they're afraid to. While others think that since they show no symptoms or the symptoms went away, they're fine.

"STDs don't cure themselves," said Proute.

She said syphilis can remain dormant for up to 20 years after initial symptoms. Once syphilis comes back, it can cause dementia and even death. Eventually syphilis results in heart disease, stroke, blindness, paralysis and death.

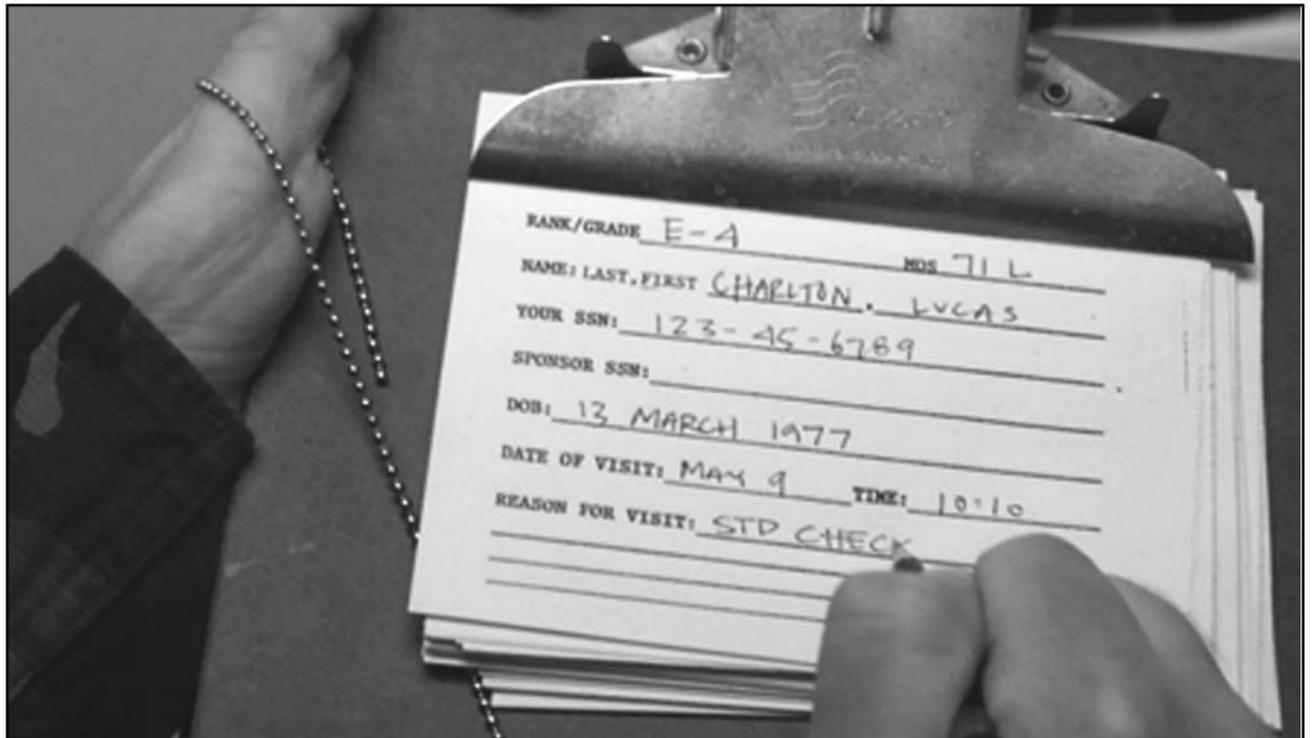
"The highest number of cases we get are chlamydia, then herpes and HPV (genital warts)," said Proute. "Most people come in because they've had unsafe sex, they've experienced symptoms or because their partner has been diagnosed."

Proute said it is ideal for people to have a monogamous partner and for them both to be checked out. However, a condom is the next best method of protection, as well as birth control.

Condoms should be latex (lambskin, for example, has a tendency to tear) and used only with water-based lubricants because petroleum can break down the latex.

Even with proper precautions, STDs can still be transmitted. People who are infected might not know it.

"Approximately 80 percent of women and 60 percent of men (infected with chlamydia) don't experience any symptoms at all," said Proute. "They can still



Photos by Spc. Chris Smith

**A concerned soldier can fill out a form to be tested for a sexually transmitted disease.**

transmit the disease."

If left unchecked, chlamydia, the most common of all the STDs, can cause sterility in both males and females, pelvic inflammatory disease, ectopic pregnancy and recurring pain. Chlamydia can also cause conjunctivitis, in which the eyes become infected with chlamydial discharge causing redness, discharge and itching; or it could cause proctitis which inflicts constipation, cramping, possible bleeding or an intense urge to defecate.

Then there's gonorrhea, which if left untreated has the ability to cause arthritis, PID and heart disease.

Yet, a person who is diagnosed with gonorrhea, chlamydia and syphilis early on can be easily cured and can consider themselves lucky compared to those who are infected with virile infections like herpes, genital warts or even HIV, which have no cure.

Herpes, both genital and oral, can cause a lifetime of outbreaks in painful blisters and sores. Genital warts also will come and go with outbreaks for the rest of the inflicted person's life. And HIV has the possibility of turning into AIDS.

"All STDs can be treated," said Proute. "Just not all of them can be cured."

However, if a soldier does find out they have received an STD, they can be assured of confidentiality. The clinic has its own medicine to give soldiers and hours convenient for a soldier to come when not at work. The only STD that requires notification of a soldier's chain of command is HIV, but even then, it is against Department of Defense health information privacy policy for the command to disclose that soldiers have HIV to others in the unit.

The clinic is open from 7:30 a.m. to noon and from 1 to 3:30 p.m. Mondays through Fridays. Soldiers and family members are not required to make an appointment but it is suggested, since the average male appointment takes 15 to 30 minutes and the female 20 minutes to an hour. Appointments can be made by calling 526-1824.

While treatment and testing are available, they only work if taken advantage of.

"(People) should get tested yearly," said Proute. "Some STDs can go one year without showing any symptoms."

### Symptoms of STDs

#### Gonorrhea

- A puss-like discharge from the penis or vagina
- Pain or burning while urinating
- Abdominal pain

#### Syphilis

- A chancre — a usually painless sore, at the site of infection, commonly the sex organs, anus or mouth
- A rash — anywhere on the body, including the hands and feet
- Flu-like symptoms

#### Herpes (oral and genital)

- Sores, appearing alone or in clusters
- Swollen glands around groin (genital) or neck (oral)
- Flu-like symptoms
- Pain in the genital area during urination or intercourse

#### Chlamydia

- Bleeding between periods
- Pain or burning during urination
- Pain during sex and/or bleeding
- Abdominal pain
- Thick, yellow vaginal discharge
- A frequent urge to urinate
- A fever and nausea
- A milky discharge from penis
- Pain in testicles
- Burning or irritation around opening of the penis

#### Genital warts

- Visible warts in groin region
- Painful intercourse



**If you are sexually active, keep condoms in your wallet or purse and remember to use them.**

# Military Briefs

## Hours of operation

**Information, Tickets and Registration Office and the Outdoor Recreation Complex Information Desk** have been combined in an effort to better serve customers. Hours of operation are Tuesday through Saturday, 10 a.m. to 5:30 p.m. For information, call 526-2083 or 526-5366.

For official travel services, Carlson-Wagonlit Travel, in building 1012 on Long Street, is open Monday through Friday from 7:30 a.m. to 4 p.m., and until 3 p.m. on training holidays.

Travelers are reminded to bring three copies of travel orders when picking up tickets for official travel. Soldiers and family members must have one original and one copy of their "travelopes" and three copies of each order, to include amendments, for overseas permanent changes of station. If you cannot pick up your tickets in person, you can fax a copy of orders to 526-1142 or 576-5262 for issuance of an e-ticket.

Please call 576-5188 to confirm receipt of faxed orders. Tickets will not be issued without orders. If you do not use your ticket, you must bring it and two

copies of your orders. If you were issued an e-ticket and did not travel, you still must bring in two copies of orders to process a refund for the unused ticket.

**Legal assistance hours** — Hours at the Legal Assistance are back to normal. Walk-ins to see attorneys are Mondays and Fridays only; sign in is at 12:30 p.m. on a first-come, first-served basis. Powers of Attorney and notaries are done on a walk-in basis 9 a.m. to 4 p.m., Mondays, Tuesdays, Wednesdays and Fridays and Thursdays from 1 to 3 p.m..

## New CIF Hours

Effective immediately, individuals may conduct their business at CIF (draw, turn-in, DX) during the following times:

**Building 330:** Mondays, Tuesdays, Wednesdays, Thursdays and Fridays from noon to 3 p.m.; Tues 8-11 a.m.; Wed 8-11 a.m.

**Building 309 (desert items):** Mondays, Tuesdays, Wednesdays, Thursdays and Fridays, 8 to 11 a.m. and noon to 3 p.m. There may be an occasional change to the hours if there is a large unit mobilizing or demobilizing. The change will be put out through e-mail, mobilization meetings, command sergeant major channels and signs at CIF.

Turn-in of complete TA-50 (End of Time in Service, Permanent Change of Station) is done by appointment; call 526-5512.

Bulk issue or turn-in of items by support sergeants must still be done by

appointment. Through Monday those appointments will continue to be made with Maj. Michelle McKenna at 524-1167. Starting Tuesday, appointments will be made with Connie Thompson CIF at 524-2006. The CIF will be closed except for emergencies, call McKenna, through noon Monday for its annual inventory.

## Briefings

**Special Forces briefings** — Special Forces recruiting briefings are Wednesdays at 1:30 p.m. and Thursdays at 1:30 and 3:30 p.m. at the Grant Library for males in the pay grades E-3 to E-7 with a general test score of 100 or higher and who are U.S. citizens.

**ETS/Transition briefing schedule** — In order for soldiers to receive their end of time in service orders, soldiers must attend an End of Term of Service briefing. Soldiers may sign in at 7:15 a.m. and the briefing begins at 7:30 a.m. in building 1118, room 317. For more information, call the Transition Center at 526-2240 or 526-4298.

**The Commanding General's Newcomers' Brief** is the third Wednesday of each month, 1 to 3 p.m. at McMahan Theater.

The following are dates for upcoming briefings: Wednesday and May 21.

**There will be a local Officer Candidate School** board May 22 and 23. This board is required for all applicants. All participants must report in Class A

uniform. All packets must be turned in to the 502nd Personnel Services Battalion, Personnel Actions Section, building 1118, room 208, no later than May 15 on a cases-by-case basis. For more information, call Sgt. Jacklyn Christensen at 526-1906.

## Laundry Service

**Post Laundry Service** — The Post Laundry service provides free laundry and dry cleaning service to soldiers for government-owned property only. Items issued by the Central Issue Facility should be cleaned at the Post Laundry prior to turn in. Soldiers are reminded to allow extra time for items to return from the cleaners. It is not recommended to pick up your equipment on the same day as the scheduled CIF appointment.

The turnaround for the service is 72 hours and no appointment is necessary. The Post Laundry will not clean personal items like BDUs, boots, tent pegs, canteens, entrenching tools or wet-weather gear. Material TA-50 items that can be washed include: sleeping bag assembly, chemical suits, Gortex, ruck sacks, coveralls, CVC jackets and most web equipment. Hours of operation are 7:30 a.m. to noon and 12:30 to 3:45 p.m., Mondays through Fridays, excluding holidays. For more information, call 526-8806 or 526-8804.

**Editor's note:** The deadline for submitting "briefs" to the Mountaineer is 5 p.m. Friday before publication.

# AFAP: DCA reviews child-care options at hospital

by Nancy Montville

## Army Family Action Plan program manager

Fort Carson held its annual Army Family Action Plan Conference in November. There were more than 100 attendees who participated in seven work groups to include: housing/relocation, force support, family support/volunteers/employment, benefits/entitlements, DCA Consumer Affairs and child/youth and Education. The DCA and Consumer Affairs work group prioritized "Hospital Child-care Options" as a top Fort Carson issue.

The scope of this issue stated that current hourly child-care options do not adequately cover child-care for same day medical appointments,

evening medical appointments and emergency situations. An onsite child-care room at Evans Army Community Hospital would result in fewer missed appointments and decrease the amount of time spent away from the work place. The work group recommended developing an on-site child-care room at the hospital for drop in care.

McDonald Kemp, Director of Community Activities responded to this issue. Kemp stated Child and Youth Services and the hospital have worked on this issue in the past. Because of the space requirement and the cost to provide this type of child-care, it is cost prohibitive to establish on site child-care at the hospital.

To provide better service for our customers, CYC has reserved five hourly-care spaces at the

West Child Development Center each day for same-day appointments. Parents will have to ensure they are registered with CYC and have completed all required paperwork. CYC has marketed this information with the hospital, the *Mountaineer*, and upon registration at CYC. CYC is working closely with the Patient Representative at EACH to determine how many appointments are being missed due to lack of child-care.

Based upon the information obtained from customers and EACH, additional changes may be made to hourly care. This issue was determined completed by the AFAP Steering Committee. The AFAP Steering Committee, chaired by the Garrison commander, meets quarterly to determine action taken and the status of local AFAP issues.

For additional information on this issue or the Army Family Action Plan Conference, contact Nancy A. Montville, the Fort Carson AFAP Coordinator, at 526-4590, or at [nancy.montville@carson.army.mil](mailto:nancy.montville@carson.army.mil).



# Dining Schedule

Week of May 10 to May 16

## Weekday Dining Facilities

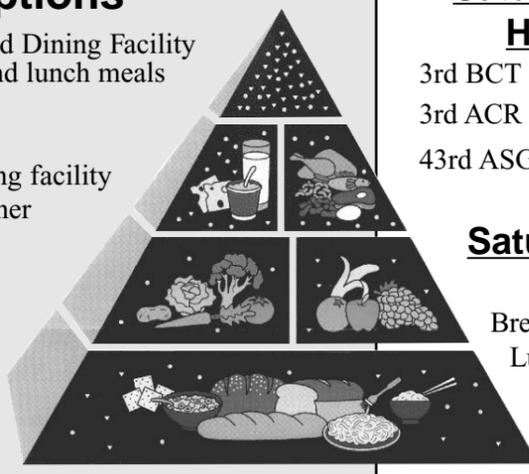
43rd ASG Cheyenne Mtn. Inn (building 1040)  
3rd ACR CAV House (building 2461)  
3rd ACR Butts Army Airfield (building 9612)  
3rd BCT Iron Bde. (building 2061)

## Weekday Meal Hours

Breakfast 6 to 9 a.m.  
Lunch 11:30 a.m. to 1 p.m.  
Dinner 4:30 to 6:30 p.m.

## Exceptions

- Butts Army Airfield Dining Facility serves breakfast and lunch meals only.
- 10th SFG (A) dining facility is closed until further notice.
- Building 2061 and 2161 are closed May 9-11.



## Saturday, Sunday and Training Holiday Dining Facilities

3rd BCT Iron BDE. (building 2061)  
3rd ACR Cav. House. (building 2461)  
43rd ASG (building 1040)

## Saturday, Sunday and Training Holiday Meal Hours

Breakfast 7:30 to 9:30 a.m.  
Lunch 11:30 a.m. to 1 p.m.  
Dinner 4:30 to 6:30 p.m.

# Construction update

## Gate 1 to open, Gate 2 to close

### Courtesy Directorate of Public Works

The new Gate 1 Gatehouse complex will be opened Tuesday. Inbound traffic will be routed under the canopy for the first time. However, the final phases of construction, finishing the gatehouse, installing the traffic control systems, security cameras, etc, is still ongoing, so please use caution when driving through the gate. Outbound traffic will be not be affected.

Work on Gate 2, the next gate complex to be upgraded, will begin Tuesday. Gate 2 will be closed to all inbound and outbound traffic while under construction because of the constricted site conditions that exist — there isn't room for a temporary bypass road at Gate 2 without encroaching on the adjacent family housing area. By closing the gate, the contractors will not have to deal with traffic moving through the construction area, which will enable them to accelerate their construction efforts, and complete the work sometime in late July to early August timeframe, or about the same time Gate 3 is scheduled to be complete.

Construction on Gate 4 is scheduled to start as early as May 19.

Traffic through Gate 4 will continue to have two inbound lanes and two outbound lanes early in the construction timeframe. As at Gate 1, construction at Gate 4 will be completed in four-phases requiring the use of temporary by-pass roads. These temporary roads could be rough and/or muddy at times.

Once the new outbound lanes are complete, both inbound and outbound traffic may be diverted onto the new road for the second half of the project. Construction work on Gate 4 is anticipated to take six months. The reason for starting the Gate 4 construction now, rather than later, is because there are considerably fewer people using the gate on a daily basis while our warriors are away defending our freedom and fighting for the liberties of others. The idea is to complete the Gate 4 upgrade project before the majority of the troops return.

Alternate routes are advised during the construction of Gate 2 and Gate 4. The speed limits through the construction area will be posted. Speeding is a huge concern. The contractor and government workers are concentrating on doing their work, not dodging speeding vehicles. Drive slowly through the construction zone and be prepared to stop.

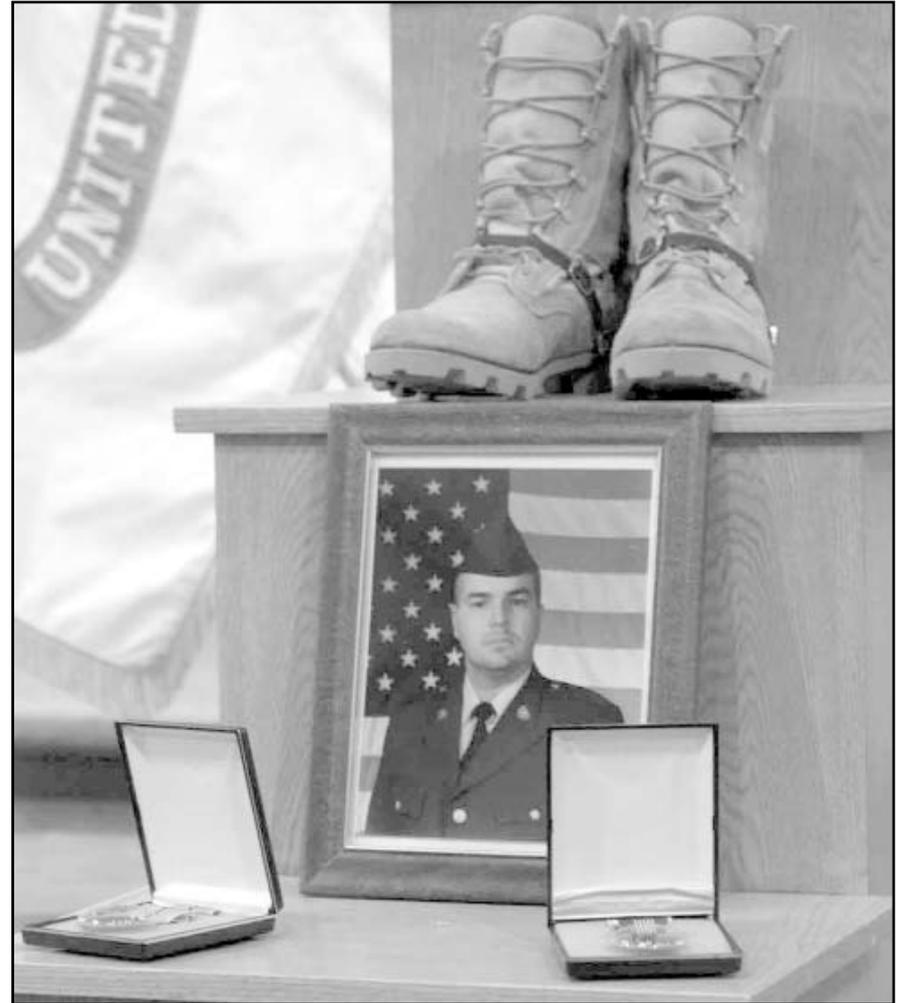


Photo by Spc. Matt Millham

## *In Memory . . .*

**A memorial service was held Wednesday for Pfc. Jesse Alan Givens, 3rd Armored Cavalry Regiment, at Soldiers Memorial Chapel. Givens died in a tank accident in Iraq. He enlisted in the Army Jan. 3, 2002. He is survived by his wife Melissa, who is pregnant, and his 5-year-old son Dakota.**

# Greenback

Hungry?

## FSSA helps put food on the table

by 1st Lt. Theodore Stutz  
4th Finance Battalion

Help is on the way for some junior-enlisted families struggling to keep food on the table, but too proud to accept food stamps.

Troops who would otherwise qualify for food stamps — and some who wouldn't — can apply for the armed forces' new Family Subsistence Supplemental Allowance as of May 1. Those who apply in time could receive their first nontaxable payment of up to \$500 June 1.

If a soldier's gross income, together with the gross income of the entire household, is within 130 percent of the poverty line as defined by the U.S. Department of Agriculture of a household of a given size, that soldier is entitled to FSSA. Active duty and Reserve component soldiers may participate in the FSSA program provided they meet eligibility criteria established by the Office of the Secretary of Defense. Soldiers stationed outside the United States are eligible to participate in the FSSA program even though food stamps are unavailable overseas.

The FSSA program increases a soldier's basic allowance for subsistence by an amount intended to remove the soldier's household from eligibility for benefits under the USDA food stamp program. FSSA will be paid in an amount equal to the total dollars required to bring that soldier's household income to 130 percent of the federal poverty line, not to exceed \$500 per month.

The allowance is based on the gross income tables published by the USDA for the location stationed. The amount of FSSA is determined by subtracting the household income from the food stamp program's gross income limit for a particular household size. The soldier is paid the difference, not to exceed \$500 per month. The difference must be greater than zero to be entitled to FSSA.

If an eligible soldier for FSSA is receiving food stamps, the amount of the entitlement will be equal to the calculated FSSA, or the monthly food stamp allotment received by the soldier, whichever is higher, not to exceed \$500 per month. If a soldier is not receiving food stamps, or does not qualify for food stamps, it is possible the soldier may still qualify for FSSA. Conversely, it is possible a soldier receiving food stamps may not qualify for FSSA.

FSSA income may jeopardize a household's participation in certain programs where eligibility is based on income, such as: subsidized school lunch programs; the Women, Infant and Children Program; day care programs; and earned income tax credit. If the soldier participates in the food stamp program, FSSA income must be reported to the food stamp office. Receipt of FSSA may either render a soldier's household ineligible for food stamps or reduce the amount of the food stamp benefit.

A soldier's household, for the purposes of FSSA, is

defined as an individual who:

- Lives alone or who, while living with others, customarily purchases food and prepares meals for home consumption separate and apart from others.
- A group of individuals who live together and customarily purchase food and prepare meals together for home consumption.

Spouses who live together, parents and their children 21 years old or younger who live together, and children (excluding foster children) under 18 years old who live with and are under the parental control of a person other than their parent, together with the person exercising parental control, shall be treated as a group of individuals who customarily purchase food and prepare meals together for home consumption even if they do not do so.

Application procedures are mirrored after BAS procedures. The first field grade officer in a soldier's chain of command certifies the FSSA application. If a spouse of a deployed soldier wishes to apply, he must have a financial or pay-related transactions listed specifically on this general or special power of attorney. The soldier's Personnel Actions Center will submit certified applications to the local financial office. However, their projected figures are not binding until certified by the soldier's commander. Soldiers are required to submit sufficient documentation of gross income with their application.

# Spouse deployed? Don't just pack up

A lease is a contract not easily broken — check with JAG before making plans to move home

by Maj. Diana Mancia  
Office of the Staff Judge Advocate  
Legal Assistance Division

Since the buildup began for Operation Iraqi Freedom, Legal Assistance has seen a huge increase in the number of clients coming in with lease problems.

When soldiers prepare to deploy, family members look at options for other living arrangements. In some cases family members decide to move back home to where their parents are, so that they can tap into the support network of their own families.

In other cases, soldiers want to break their lease when on-post housing becomes available. Soldiers will sign a 12-month lease even though they know they are on the list for on-post housing. Landlords offer incentives for long-term leases, such as discounts on the rental price. Then the soldier gets the call he or she has been waiting for from housing.

Sometimes the reason for moving is dissatisfaction with the rental property itself. Problems with the landlord or neighboring tenants can turn a soldier and the family sour on the idea of staying there for a year. Whether it is deployment, housing or just dissatisfaction with the property, soldiers and their families are trying to break their leases, often without much success.

A lease is a contract. That means both sides are bound by the terms written in the lease. Just as a landlord cannot suddenly decide to raise the rent three months into a one-year lease, a soldier cannot suddenly decide to move out while there is still time left on the lease, even if there is a war. The terms of the lease control whether a soldier can terminate the lease and what the penalties are for early termination.

Breaking a lease can have severe results. The soldier could owe a large penalty or even the entire rent for the remaining period of the lease. The landlord does have a duty to try to re-rent the property, but if the house or apartment sits empty the last six months

of the soldier's lease, then the soldier likely owes the landlord six months rent.

If the soldier does not settle with the landlord, the landlord can withhold the security deposit. Further, the landlord can sue the soldier for the balance of any money owed. The landlord can use that court judgment to garnish the soldier's wages. The unpaid debt can also hurt the soldiers' credit rating and ruin the soldier's references for future rentals.

Many active duty soldiers mistakenly believe that federal law will protect them if they have to move because of military orders. The Soldiers' and Sailors' Civil Relief Act of 1940 does not cover most active duty move situations. It only covers leases signed before the soldier entered active duty. During periods of mobilization soldiers may hear a lot of information floating around about the SSCRA. This is because it does apply to those leases signed by reservists and National Guard troops before they were ordered to active duty.

To protect the active duty soldier and family members, the lease should have a military clause. Be careful of fake military clauses. There may be a provision in the lease that is called "military clause," but it might not cover all military situations, such as deployment, long-term military schooling or moving into on-post housing.

To avoid problems with leases, the soldier and military family should do the following:

- Before going shopping for an apartment or rental house, go to housing at building 7301 and pick up a copy of the recommended military clause. Also pick up the list of "off limits" rental properties. These properties have been declared off limits to military personnel because of past negative experiences with the landlords.
- When you find a rental property you are interested in, ask the landlord if he or she will agree to include the military clause in the lease. If not, consider walking away.
- Ask the landlord to see and walk through the actual apartment you will be renting, before you sign the lease. Don't sign a lease based only having seen a model apartment or a similar apartment that happens to be vacant.
- Ask the landlord if there are other military personnel living in the apartment complex. Speak with them before signing the lease to see if there are any



Photo by Spc. Chris Smith

**Don't be so quick to box your things up just because your spouse deployed. You might need to check your lease first with JAG personnel to see if it's legal.**

problems you should know about.

• Ask the landlord to give you a completed (with terms such as price and deposit) but unsigned copy of the lease to bring to JAG before you sign it. If the landlord won't let you take an unsigned copy of the lease to be reviewed by a Legal Assistance Attorney, walk away.

The large majority of landlords in the Colorado Springs area are honest businesspersons. Many have been very supportive of soldiers and allowed them to terminate their leases with little or no penalty for early termination. Like with anything else, however, there are always those few bad apples that make things difficult for everyone. Checking in with Housing and Legal Assistance before signing a lease will save a lot of headaches later on down the road.

*Keeping the peace ...*

## MPs protect Mountain Post community

by 1st Lt. Melissa Field  
Provost Marshal Office

Military Police, with the assistance of the Unit Police, protect the boundary of Fort Carson by providing controlled access to the installation.

This was as a result of the terrorist attacks Sept. 11, 2001. The days immediately following the attacks saw long lines to gain entrance to the post, since then access to the post has become more efficient with-

out compromising safety. Over the last 18 months the mission has been handed off from the MPs to the UPs, originally comprised of units on post red cycle (43rd Area Support Group, 3rd Brigade



Combat Team and 3rd Armored Cavalry Regiment) and now soldiers of the 1st Battalion, 71st Field Artillery of the Okalahoma National Guard and 3650th Maintenance of the Colorado

National Guard have the mission. These soldiers "hold the gate" 24 hours a day, seven days a week, maintaining post security from unauthorized access. They work through rain, cold, snow and hail to ensure the safety of everyone who works and/or lives on Fort Carson. For this we owe them a big thank for a job well-done.

### More than military police

If you spend any time on Fort Carson, chances are you see Military Police patrols conducting law enforcement. However what you don't see is

### Traffic Roll Up

In the past week, there were 124 total citations:

- 62 for speeding
- 8 for failure to use seatbelts (\$15 each)
- 54 for other violations (e.g.: malfunctioning equipment, lack of insurance or registration, expired plates and improper vehicle operation)

the support system commanding and controlling the law enforcement mission. Today, we would like to highlight one of many outstanding soldiers who work in the Provost Marshal Office. Spc. James Carson, 148th MP Detachment, is one of the Radio Telephone Operators who takes incoming calls and dispatches patrols to numerous incidents ranging from traffic accidents to domestic assaults in progress. The job is very demanding

and requires tremendous attention to detail. Carson has been commended by an upset, frustrated civilian who found herself trying to find the relocated ID card section. When she called the Military Police Desk, Carson was able to calm her down and direct her to where she needed to go. It is this dedication to duty and attention to customer service that sets apart soldiers like Carson and all of the soldiers who work in the Provost Marshal Office.

# Community



## MONEY FOR NOTHING And your debt for free

by Spc. Matt Millham  
14th Public Affairs Detachment

Anyone who has driven the streets off post has probably seen the signs for quick cash. Whether it's a payday loan or a vehicle title pawn, offers of easy money aren't around because lending businesses want to be nice to people. Anyone who's borrowed money knows the cost of debt is never free.

New soldiers who in-processed through the Welcome Center likely sat through hours of financial briefings ranging the gamut from how to buy a car to how to read a Leave and Earnings Statement. Despite this, the Financial Readiness Program staff at Army Community Service regularly meets with soldiers and families who, for one reason or another, cannot seem to live within their means.

"We have people who come in and are having financial difficulties because they bought magazines, encyclopedias or vacuum sweepers," said Patricia Randle, Financial Readiness Program manager. "I would never sweep up \$3,000 worth of dirt, but we have people who've paid \$3,000 for these no-name vacuum sweepers and they are in a contract and under obligation to pay."

While it helps to know when someone is trying to take you to the cleaners, money man-

agement really begins with establishing a budget.

"I tell people you have to set goals," said Randle. "You have to decide what kind of lifestyle you'd like to lead. People have to decide how much they want to sacrifice. Some people are not willing to cut corners and sacrifice and others are."

"I tell my customers short term sacrifice, long-term benefit," she said.

Long-term benefits, such as family vacations, new cars and homes, usually require some amount of sacrifice. "It's always a balance between wants versus needs. What are the things you need to live and what things are icing on the cake?" said Randle. "The first thing I tell people to look at is what are your fixed expenses," said Randle.

Expenses such as rent, food and utilities fall under fixed expenses. Cosmetics, magazines, clothing and other items fall under the category of wants rather than needs. Depending on the situation, even a car may be categorized as a want.

"We also look at such things as taxes," said Randle. "A lot of the people we get when they came in were single and were paying zero in taxes." ACS can help people file a W-5 to change their tax status so that, "instead of get-

ting a big check at the end of the year, you're getting it in your paycheck when you need it," she said.

Randle also recommends junior soldiers not bring their families to Fort Carson when they first arrive. Instead, she recommends the soldier become established first, set up a budget and become accustomed to the costs of living in Colorado.

"People come here and they can't believe how much it costs to live," said Randle. "They think this is the West, it can't cost that much."

According to the Multi-Family Housing Vacancy and Rental Survey conducted in February by the Colorado Department of Local Affairs, the average 2 bedroom, 1 bath apartment in Colorado Springs costs \$658 a month to rent without utilities.

Of course it would be nice to be able to pay cash for everything and always live debt free, but for most people, this is not an option. Borrowing comes into the money equation most often when people need money for a house or car.

"You should keep your debt to income ratio at less than 20 percent — that's the industry standard," said Randle.

Most soldiers going to ACS aren't showing up to avoid money trouble though, Randle admitted. The majority are going to ACS because they are already in financial distress.

"You get people who come in who have a lot of credit cards and all of them are at 19 percent interest rate or more," she said. "They keep getting them in the mail pre-approved and they don't understand that just because they are getting all these credit cards doesn't mean they

## Financial Readiness Checklist

If you take time to ensure your financial house is in order, you will have less stress during deployments or long separations.

Here are a few items that will assist you:

**Have a budget** — A family budget will need some revamping before or during deployment. Ensure separate funds are budgeted for the family and the deployed service member. Set and agree on spending limits.

**Bank accounts** — If you have separate accounts, know your spouses bank account numbers and, if necessary, ensure you have the proper power of attorney to allow you to access accounts.

- Know how to balance your checkbook with your monthly statement.

- Know how and where to order new checks if needed.

- Know how you will be paid (once or twice per month). Know what to do in the event there is a pay problem. Ensure you have the appropriate power of attorney needed to check into any pay problems.

- Know how to obtain a copy and read a Leave and Earnings Statement.

**Bill paying** — Know what bills need to be paid and their due date. Have a contingency plan for paying your bills if you plan to leave the area for an extended period. Part of your contingency plan could include writing down all account and credit card numbers to include telephone numbers, mailing addresses and due dates. If you are late or unable to make a payment for any reason, make contact with your creditors immediately.

If you need assistance with your financial matters contact Army Community Service, Financial Readiness program for an appointment at 526-4590.

### Money management classes available through ACS

- Creating a short term budget
- Improving your quality of life
- Car buying
- Getting out of debt
- Life without debt
- Children and money
- Credit repair can cost more than you think
- Bankruptcy — not necessarily the final solution
- Don't let student loans come back to haunt you
- Why does my car insurance cost so much?
- Preparing for shifting trends in retirement

For information about any of the classes, call 526-4590.

# Community Events

## Meetings, briefings and surveys

**Annual Housing Survey** — In order to determine how well the Army is meeting the needs of the residents of on-post housing, an Armywide survey will be distributed to all on-post housing residents by the first week of May.

The results of the survey will allow the Army, and its current and future commercial partners, to make better decisions on how limited housing dollars are spent so as to provide the services and the facilities that are important to the on-post housing residents.

Occupants are requested to complete the questionnaires and then mail them in the enclosed postage paid envelope. A high return rate is essential to ensure the accuracy of the information, and all residents are being asked to complete the questionnaire.

Survey questions focus on residents' satisfaction with both housing and maintenance management services, as well as with the physical features of the housing, amenities, and community facilities.

For more information, call Ken Gresko at 526-7573.

## Miscellaneous

**Asian Pacific Heritage Month Celebration** — Come celebrate the Asian Pacific Heritage Month at the Elkhorn Conference Center May 30 from 11 a.m. to 3 p.m. There will be a variety of dances to be performed including Hawaiian, Samoan, Filipino, Micronesia/Guam and belly dancing. There will also be food and displays available.

**Grass mowing** — Due to budget constraints, grass mowing this season by the Directorate of Public Works, BASOPS contractor, LB&B, will be greatly reduced. The following areas will be the only areas mowed by LB&B: Nelson Boulevard from Gate 1 to Chiles Avenue;INHart Field; Headquarters building 1430 and Pershing Field. Other

building occupants will be required to mow their own grass up to and including 50 feet around their building. For additional information, contact Don Fuhrman at 526-2215.

**The Regional Training Support Center**, building 1230, will be closed Tuesday from 8:30 a.m. to 3:30 p.m. because of a scheduled upgrade of the electrical system. Areas closed will include: RTSC Photography Studio, Graphics, Training Aids Devices, Simulator and Simulations Warehouse and MILES. For emergencies, call 526-5111.

**On-post housing availability** — Any family waiting for junior enlisted on-post housing needs to come into the housing office in building 7301 Woodfill Road, room 104, and immediately verify their status on the waiting list, as well as update their contact information. The housing office has several homes becoming available in the very near future. Due to deployments and soldiers changing unit locations, we are having difficulties reaching those soldiers and/or their spouses. Hours of operation are Mondays through Wednesdays and Fridays from 7:30 a.m. to 4 p.m.; Thursdays from 9 a.m. to 2 p.m. For more information or questions, call 526-2323.

**The U.S. Air Force Academy has a draft Environmental Assessment** available for public review. This assessment concerns a multi-year replacement and/or upgrade of military family housing residences on the academy. No issues are known to preclude a Finding of No Significant Impact, and a draft FONSI is included with the Environmental Assessment.

Interested persons may review or comment on the draft and FONSI by calling 333-3224, or review documents at the Academy Community Center Library.

**Motion for Moms** — Finally a program just for you, pregnant and post-partum moms. The program will be Tuesdays and Thursdays from 9 to 10 a.m. at Garcia Physical Fitness Center. To register, call 526-7030.

**Annual leave donations** — Judy Cole, DPTM, is in need of annual leave donations because of a serious medical

condition which has exhausted her leave days. Call Kay Poland at 524-2005 for more information.

**ACAP job openings** — Army Career and Alumni Program currently has the following jobs listings for interested personnel. For more information about the jobs, call 526-1002.

**What:** System administrator in Colorado Springs Who: Applicants secret security clearance and Microsoft Windows NT experience

**What:** Security engineer in Albuquerque, N.M. Who: Applicants need high school diploma, OPSEC/EMSEC/COMPUSEC experience

**What:** College instructor in Colorado Springs Who: applicants need at least a master's degree. Full- and part-time positions available

**What:** Building mechanic in Tallahassee, Fla. Who: Applicants need a high school diploma and logistics experience

**Fountain-Fort Carson Summer Learning Institute** — If you are interested in extending your child's learning opportunities, Fountain-Fort Carson School District is once again offering a summer school for kindergarten through 11th graders. The elementary program will be offered at Aragon and Mountainside Elementary Schools and the middle school program will be held at Fountain-Fort Carson High School June 9 to 17 from 8 a.m. to noon. The high school program will be held July 9 to July 18 from 8 a.m. to noon.

A variety of challenging and stimulating classes are being offered to engage your child in the learning process. Whether your child needs review, enrichment or course credit, our programs will provide for your child's needs. To enroll, stop by one of our elementary schools for the elementary registration packet, a middle school or high school for the secondary registration packet, or the administration building for either packet. Plan for your children to attend this highly successful program this summer.

**Car care clinic** — Fort Carson Car Care Center will be conducting a Car Care Clinic on basics of maintenance upkeep, i.e.: Topics include: How to

**Army Community Service  
Family Readiness Center  
526-4590**

Military Spouse Appreciation Day

## VANITY FAIR

**Tuesday 10 a.m. To 2 p.m.**

Armed Services YMCA  
2100 Jet Wing Dr. beside Sierra High School

Join Us

FREE

Fashion Show  
Healthy Cooking  
Manicures  
Hair Cuts  
Pedicures  
Crafts and  
Much More!



Call 526-4590 for more information about this event. Childcare is limited, please call 622-3564 to reserve space.

check oil, tire pressure, other fluids, and changing bulbs

Clinics will be held May 17 at 2 p.m. at the Carson Car Care Center, building 1515, corner of Chiles and Prussman Streets.

This is a free clinic to help spouses of deployed soldiers. Call Debbie Jensen or Dan Fadler at 576-6570 for more information.

**The Fort Carson Commissary** will be closed Memorial Day, and will resume normal hours May 27.

## Claims against the estate of:

**Sgt. 1st Class Deborah L.**

**Johnsen:** With deepest regrets to the family of Sgt. 1st Class Deborah L. Johnsen, deceased. Anyone having claims against or indebtedness to the estate should contact Capt. Chad M. Callahan, Headquarters and Headquarters Detachment, 759th Military Police Battalion, 526-5106.

**Staff Sgt. Efreim L. Williamson:** With deepest regret to the family of Staff Sgt. Efreim L. Williamson, deceased. Anyone having claims against or indebtedness to his estate would contact 1st Lt. Christina R. Pagano at 526-1585 or 526-1591.

## Money

From Page 11

have good credit."

Randle said she most often receives complaints from soldiers about high interest rates on credit cards. Soldiers and their families often run up high balances on the high interest rate cards and have trouble keeping up with the payments.

"People don't understand that when they only pay the minimum they can't pay it off," said Randle. "Then they may get hit with a late fee or other charges and they don't understand how their balance has gone up when they've been paying the minimum."

Randle pointed out the minimum balance due is usually calculated as 2 percent of the total balance of a credit card. Interest rates above 24 percent will result in an increase in balance when the minimum is paid each month.

The Financial Readiness Program has one person on staff who often works with creditors to get temporarily reduced interest rates for people struggling to get out from under their debt load.

While ruining a credit history by defaulting on payments and overextending credit is easy, undoing the damage

of bad credit is not.

"We have a lot of people who have trouble rebuilding their credit," said Randle.

"Have you seen the signs where they say bankruptcy, no problem?" Randle said. "Well, that's true. But guess what interest you're paying — chances are it's two to three times what someone else is paying, and you're getting right back into the cycle. In a couple years you're right back where you started."

Options available to help get those deep in credit debt onto more stable financial ground are numerous. Nonprofit organizations advertising free debt counseling offer basically the same services available through ACS's budget counselors.

Soldiers who were in debt before entering active duty may be able to get relief under the Soldiers and Sailors Civil Relief Act. Under the act, interest rates on debt incurred prior to entrance into active duty can be reduced to 6 percent.

Those whose financial woes struck after entering active duty should consult either their unit's command financial noncommissioned officer or set up a budget counseling appointment with ACS. If it's determined they are in debt over their heads, they are referred to ACS for the debt man-

agement.

ACS will work with the client if they want help managing debt, but they don't force them to do anything, said Randle. "Some people want to pay off their debt and others have no intention of paying it off."

Some of these people could end up in a far worse situation. "Very rarely do we recommend bankruptcy, but there are helpless situations where the only thing they can do is declare bankruptcy," said Randle. "People think of bankruptcy as a quick fix, but it's on your credit record for 7 to 10 years. It can be very damaging when you get married and want to buy a house or get a new car. You won't be able to do those things."

Army Emergency Relief loans will not bail soldiers out of credit card debt. "Once you come in and you do a budget, we can see what's going on," said Randle. Some people in the past have tried to get AER loans to pay for rent after spending all their money on clothes or other nonessential bills. Because of the screening process, said Randle, "It's hard for someone to commit fraud through AER."

Though it may be possible, for a short while at least, to live like a millionaire on credit cards, it's important to remember it is borrowed money. Sooner or later someone's going to come looking for it.

Help your children ...

# Stay alive — strap 'em in every time

by Spc. Stacy Harris  
Mountaineer staff

A child's safety and well-being are a top concern for many parents. While driving, a child's safety depends on the car seat he or she is buckled into, and whether or not it is properly installed.

There are many guidelines to follow to ensure children are safe while riding in a vehicle. If the child safety seat is not used or installed properly, your child may not be protected in the event of a crash.

There are many car accidents that have happened where safety restraints have often times saved the life of a child, said Linda Riding, Community Health Nursing. Riding told about a head-on collision in which the driver was killed, but the children survived because the car seats were used properly.

"The kids were strapped in and they survived," she said. "Now if that doesn't just tell you how important (it is to have children in a properly placed car seat)."

Riding stressed the importance of making sure children of all ages are properly restrained while riding in a vehicle.

"We've been really pushing to get the information (about car seat safety) out," she said. For instance, for an older child, parents need to make sure the seatbelt comes across correctly so it doesn't rest against the child's neck or stomach, which could cause serious injuries in an accident.

In addition, Riding said it is important to know the background of any car safety seat that a child is placed in.

"If you don't know the history, or if it has been in a car accident — any car accident — or older than six years old, you need to replace it," she said.

In addition, beginning Au. 1, a new law that has been put out last June, will

be heavily enforced, Riding said. Children between 4 and 6 years old and under 55 inches are required to use a booster or an approved child safety seat in the car at all times.

"The main concern is safety," she said.

Some general guidelines to follow are:

- All children 12 and under should ride in the back seat.
- Always refer to your child seat and vehicle owner's manual for proper use and installation instructions.
- Tightly lock the child safety seat against the vehicle seat.
- Like many consumer products, car seats can be recalled. Send in your car seat registration card to ensure you'll be notified.
- Replace any car seat involved in a crash.
- Never place a rear-facing child safety seat in the front seat where a front mounted passenger air bag is present.

- If a lap belt is the only seat belt available in the rear seat, you may want to contact the vehicle dealer to have retrofit shoulder belts installed.

- Never put shoulder belts under your child's arms or behind their backs.

- Lap and shoulder belts should fit low over the hips and upper thighs. They should be snug over the shoulders.

- To fit correctly in a safety belt, children must be tall enough to sit with knees bent at the edge of the seat without slouching.

The Low Anchors and Tethers for Children system is designed to make installation of child safety seats easier by requiring child safety seats to be installed without using the vehicle's seat belt system. As of September 1999, all new forward fac-

## Did you know?

- Motor vehicle crashes are still the leading cause of unintentional injury-related death among children ages 14 and under, killing about 1,700 children and injuring another 248,000 each year.
- 46 percent of children birth to age 8 who should have been in safety seats were reported to be transported in lap belts or lap and shoulder belts.
- At a local safety check point, 90 percent of car seats are installed incorrectly.

Information gathered from  
Community Health Nursing

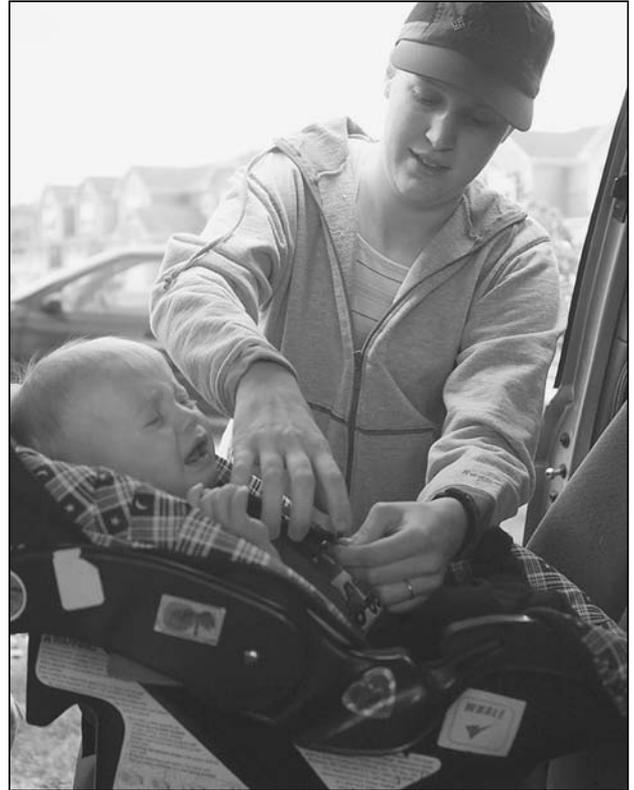


Photo by Spc. Stacy Harris

**Jennifer Vchulek places her son Ian in his car seat on her way to the gym for a workout. Proper installation of the car seat can save your child's life in the event of an accident.**

ing child safety seats (not including booster seats) have to meet stricter head protection requirements, calling for a top tether strap. This adjustable strap is attached to the back of a child safety seat. It has a hook for securing the seat to a tether anchor found either on the rear shelf area of the vehicle, or in the case of minivans and station wagons, on the rear floor or on the back of the rear seat.

As of September 2000, all new cars, minivans and light trucks have this tether anchor. Also, as of September 2002, two rear seating positions of all cars, minivans and light trucks will come equipped with lower child safety seat anchor points located between a vehicle's seat cushion and seat back. All child seats will have two attachments, which will connect to the

vehicle's lower anchor attachment points. Together the lower anchors and upper tethers make up the LATCH system.

There are many sources of information on child passenger safety. Call the National Highway Traffic Safety Administration's Auto Safety Hotline at (888) 327-4236 or search the Web site at [www.nhtsa.dot.gov](http://www.nhtsa.dot.gov) under "child passenger safety." Another worthwhile Web site is at [www.safekids.org](http://www.safekids.org).

There are several free classes locally that parents can attend to assist them with understanding proper child seat use. They are:

Child Passenger Safety Classes: two-hour class, 6:30 to 8:30 p.m., covers car seat use for babies, toddlers and

**See Buckle up, Page 16**

## Proper child safety seat use chart

### Weight

**Infants:** Birth to 1 year at least 20 to 22 lbs.  
**Toddlers:** 1 year and older, between 20 and 40 pounds.  
**Young children:** More than 40 pounds between the ages 4 to 8, unless taller than 4 foot, 9 inches.

### Type of seat

**Infant:** Infant only or rear-facing convertible.  
**Toddlers:** Convertible/forward-facing.  
**Young children:** Belt-positioning booster

seat.

### Seat position

**Infants:** Rear-facing only.  
**Toddlers:** Forward-facing.  
**Young children:** Forward-facing.

### Safety checks

**Infants:** Children to one year and at least 20 pounds in rear-facing seats. Harness straps at, or below, shoulder level.  
**Toddlers:** Harness straps should be at or

above shoulders. Most seats require top slot for forward-facing.

**Young children:** Belt-positioning booster seats must be used with both lap and shoulder belt. The lap belt should fit low and tight across the lap/upper thigh area and the shoulder belt should fit snugly across the chest and shoulder to avoid abdominal injuries.

### Warning

All children age 12 and under should ride in the back seat.

## Chapel

**National Prayer Breakfast** — The National Prayer Breakfast is Wednesday at 7 a.m. at the Elkhorn Conference Center. The National Prayer Breakfast began under the Eisenhower administration and is observed annually at the White House, in many communities, and on most military installations around the world. It is a time to stress our unity under God, as Americans and believers, and to pray for the spiritual health, blessing and protection of our nation.

Guest speaker this year is retired Col. Harold Johnson, United States Air Force, who spent six years in the Hanoi Hilton as a prisoner of war. He was held prisoner of war until his release March 4, 1973, spending a total of 2,135 days in captivity.

Harmony In Motion, Hannah Lee and the "Prayer for the Nation" given by Chap. (Lt. Col.) Steve Moon, 7th Infantry Division chaplain, will also be at the event. Breakfast is provided by the Elkhorn Conference Center.

Tickets are limited this year, so get yours early. Tickets are available from all command sergeant majors and chaplains, a \$5 donation is suggested. For more information, contact the Command Chaplain's Office, 526-5279.

**SCUBA is coming** — a "Super Cool Undersea Bible Adventure" will be the 2003 Vacation Bible School from 9 a.m. to noon, at Soldiers' Memorial Chapel June 16 to 20. Children age 4 through 6th grade may attend. Registration is ongoing at Soldiers' Memorial Chapel, but space is limited. For information, call Pat Treacy, 526-5744.

**Vacation Bible School crew leader recruitment** — How about being a part of SCUBA our "Super Cool Undersea Bible Adventure" Team at Soldiers' Memorial Chapel. We are looking for high school youth and adults to lead the way as SCUBA crew leaders. Crew leaders are in the center of the fun. Each SCUBA crew leader has a crew of five elementary or preschool children to mentor, have fun with and lead by example. Call Pat Treacy at 526-5744 to volunteer.

## Chapel Schedule

Day	Time	Service	ROMAN CATHOLIC Chapel	Location	Contact Person
M-W-F	noon	Mass	Healer	Evans Army Hospital	Fr. Gagliardo/526-5769
Tues., Wed., Thurs.	noon	Mass	Soldiers'	Nelson & Martinez	Chap. Stahl/526-5769
Saturday	5 p.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Stahl/526-5769
Sunday	8 a.m.	Mass	Prussman	Barkeley & Prussman	Chap. Stahl/526-5769
Sunday	9:30 a.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Stahl/526-5769
Sunday	10:45 a.m.	CCD	Soldiers'	Nelson & Martinez	Jim Siegel/526-5744
Sunday	11 a.m.	Mass	Healer	Evans Army Hospital	Fr. Gagliardo/526-7386
Sunday	12:15 p.m.	Mass	Provider	Barkeley & Ellis	Chap. Stahl/526-5769
<b>EASTERN ORTHODOX</b>					
Sunday	8 a.m.	Divine Liturgy	Soldiers'	Nelson & Martinez	Chap. Olson/526-5772
<b>PROTESTANT</b>					
Sunday	9 a.m.	Protestant	Healer	Evans Army Hospital	Chap. Simmons/526-7387
Sunday	9 a.m.	Protestant	Provider	Barkeley & Ellis	Chap. Drake/526-4206
Sunday	9:30 a.m.	Protestant	Veterans'	Magrath & Titus	Chap. Atkins/524-1822
Sunday	11 a.m.	Protestant	Soldiers'	Nelson & Martinez	Chap. Kincaid/526-8011
Sunday	11 a.m.	Prot./Gospel	Prussman	Barkeley & Prussman	Chap. Pair/526-2811
Sunday	9:30 a.m.	Sun. School	Soldiers'	Nelson & Martinez	Dr. Scheck/526-5626
Sunday	9:30 a.m.	Sun. School	Prussman	Barkeley & Prussman	Chap. Pair/526-2811
Sunday	6:30 p.m.	PYOC	Soldiers'	Nelson & Martinez	Ms. Scheck/524-1166
<b>LITURGICAL PROTESTANT</b>					
Sunday	10:45 a.m.	Protestant	Provider	Barkeley & Ellis	Chap. Bauer/526-5279
<b>JEWISH</b>					
For information and a schedule of Jewish Sabbath services, call the U.S. Air Force Academy Cadet Chapel at 333-2636.					
<b>WICCA</b>					
2nd and 4th Tuesday	6:30 p.m.	Spiritual Fitness Center		Barkeley & Ellis	Ms. Costantino-Mead/ (303) 428-7703

For additional information, contact the Installation Chaplain's Office, building 1550, at 526-5209. Normally, free child care is available during on-post worship services.

**Daily Bible readings:** In order to assist in regular scripture reading, the following scriptures are recommended. These scriptures are part of the common daily lectionary which is designed to present the entire Bible over a three-year cycle.

**Friday — Psalms 128 & 1 Peter 3-5**

**Saturday — Psalms 129 & 2 Peter**

**Sunday — Psalms 130 & 1 John 1-3**

**Monday — Psalms 131 & 1 John 4-5**

**Tuesday — Psalms 132 & 2 John, 3 John,**

**Jude**

**Wednesday — Psalms 133 & John 1-2**

**Thursday — Psalms 134 & John 3-4**

The Army Cycle Of Prayer — Each week the Office of the Army Chief of Chaplains will highlight Army units, the Army at large, the nation and religious organizations to focus prayer. You are invited to join with the chaplain community and pray for these individuals and organizations.

Please pray this week for the following:

**Unit:** For the soldiers, families and leaders of the 10th Infantry Division, (Light) Mountain, headquartered at Fort Drum, N.Y.

**Army:** For all Army wives, past and present, whose quiet sacrifices to the nation may never be noticed, but whose service in the cause of freedom is immeasurable.

**State:** For all soldiers and families from the state of New York. Pray also for Gov. George E. Pataki, the state legislators and municipal officials of the Empire State.

**Nation:** For the thousands of mayors of villages, towns and cities in our land, that God would strengthen them to lead their communities.

**Religious:** For all Army mothers on Mother's Day (Sunday) and for our great Army, Navy, Air Force and Marine Corps on Armed Forces Day.

For more information on the Army Cycle of Prayer, or to pray for items from previous weeks, visit the cycle's Web site at [www.usarmychaplain.com](http://www.usarmychaplain.com).

## Chaplain's Corner

## Mother's Day — a time to honor your mum

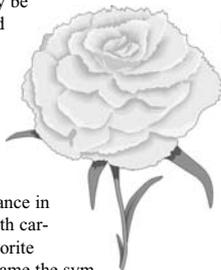
Commentary by Chap. (Maj.) James Bixler  
Family Life Chaplain

Countries or cultures shaped by Judeo-Christian values find a mandate to honor mothers in the words of one of the Ten Commandments: "Honor your father and mother that your days may be prolonged in the land which the Lord your God gives to you."

Here in the United States, Anna M. Jarvis (1864-1948) is credited with originating our Mother's Day holiday. She hoped a Mother's Day holiday would increase respect for parents and strengthen family bonds.

In the first Mother's Day observance in 1908, Jarvis supplied participants with carnations, which were her mother's favorite flowers. Red carnations, in time, became the symbol of a living mother. White ones now signify someone's mother has died.

Young children may be vaguely aware of the numerous daily acts of love and service they receive from their mother: mom feeds, cleans, comforts and



plays with them.

As children grow, they often take for granted the nurture provided by their mother. Some of the attention and supervision they receive is definitely unwanted and unappreciated.

When children become teenagers, all a parent's personality quirks can be especially irritating and embarrassing. Teenagers often vow they will never sound or act like their parents. Yet a few short years later, when they have children of their own, they hear the very words they swore they would never say coming out of their mouths.

It is in those years, we learn firsthand the price our mothers paid in order to be our mom. We can never repay them for the years invested in us with time, energy, opportunities lost and numerous other sacrifices made in our behalf. Mothers don't want repayment. They want our happiness, a little bit of appreciation and happy grandchildren.

Do something for your mom that declares you know a little bit of what she paid in the investment

she made in you.

Many people look at their mothers with deep respect. Their mother is, or was, a person of character, compassion and common sense. It is an easy and wonderful thing to honor her.

There are some people who find Mother's Day painful. Red or white may not be the color you want to wear on Mother's Day. You may be more drawn to blue. People may wish they had a mother who would have nurtured and loved them. Memories are ones of regret and envy.

There are some of you whose memories are filled with anger. Your mother was not neglectful, but intentionally hurtful. The words "honor your mother" may sound especially bitter. You may feel there is nothing of value to honor.

May the red or white flower for you who find Mother's Day difficult remind you all parents are simply human and have their own story. If you have children, write a different story for them, but focus on what you want them to have instead of what you received. If you do, your children may one day proudly wear red carnations.

## Buckle up

From Page 14

children. Good for parents, caregivers and anyone transporting children.

Classes at Penrose Community Hospital, free, first Friday of each month. To register, call 776-5555. Classes at Memorial Hospital Health Link Offices, free, first Monday of each month. To register, call 444-CARE.

Child Passenger Safety Awareness Class: three-hour class includes hands-on practice for parents, caregivers and professionals. To schedule one for your

group, call Kim Nolen at 578-3293 or Chris Simosky at 495-0325.

2003 Community Car Seat and Child Passenger Safety Checks (sponsored by the Colorado Springs SAFE KIDS Coalition):

- May 22, noon to 4 p.m., downtown YMCA, 207 N. Nevada Ave., contact Chris Simosky at 495-0325.

- June 7 at 10 a.m. to 2 p.m., Home Depot, northwest corner of Academy and Pikes Peak, Colorado Springs.

Restraining your children in cars is important, Riding said. Making sure the seat is put in the vehicle properly is equally important. These two vital safety issues can be the difference in

whether or not the child survives, she said.

"It (car seat safety) is a prevention measure that we know — look at the

statistics."

*Editor's note: David Hartzell, Fort Carson Safety Office, contributed information to this article.*

## Ouch ...

**40 mph may not seem like a fast speed, but if a car going 40 mph crashed into a tree or telephone pole, the force of the crash would make the passengers feel as if:**

- They'd fallen from a five-story building.
- The car had plunged off a 50-foot cliff.

**Now, imagine a child who should be in a car safety seat, but isn't, involved in this same crash.**

*From a safety belts information and activity book  
Community Health Nursing*



Photo by Spc. Jon Wiley  
Volunteer Mary Dunnuck reads to Ellen Kratz's kindergarten class at Mountainside Elementary School.



Photo by Spc. Bryan Sims  
Volunteer Vera Weeks alphabetizes some files at the Relocation Office in the Family Readiness Center. Weeks has been a volunteer for two weeks.

# Giving and Growing Through Volunteering

By Spc. Bryan Sims  
Mountaineer Staff

Do you often have extra spare time on your hands and don't know what to do with it? Do you want to do something productive that will not only benefit you but also and, more importantly, have a positive and long-lasting influence on others as well?

Well, what better time than now? Spouses of deployed soldiers on Fort Carson who are seeking community involvement can register as volunteers through the Fort Carson Volunteer Program provided by Army Community Services. The Installation Volunteer Program "strives to improve the quality of life on Fort Carson through the use of volunteers and volunteer agencies ... to advocate for a quality work experience and environment that recognizes and appreciates the valuable contribution volunteers make to the Fort Carson community."

"Volunteer time is definitely a positive," ACS Installation Volunteer Coordinator Gwen Ragle said. "It's a great way for younger spouses to try new things and a chance to give back to the community. You can also build a resume through volunteering."

Serving as a volunteer is an excellent way to develop job skills and gain work experience. Volunteers can use their volunteer experiences in the pursuit of searching for paid work in the Fort Carson and Colorado Springs communities.

Volunteerism, Ragle said, has been a crucial asset to the Army ever since the Red Cross was formed in the mid 1940s, especially in the time of war. "We're trying to carry on the Red Cross tradition,"

Ragle said.

The Installation Volunteer Program currently has 2,500 registered volunteers on the Fort Carson installation, and they have contributed about 135,000 hours of combined volunteer service this year, the most recorded hours in a year for the post. The installation has also saved \$2.3 million on labor costs on Fort Carson.

The installation provides several programs to those who want to become volunteers. The youth services program emphasizes the care and growth of youths on Fort Carson. Coaching, child-care and tutoring, to name a few, are some of the many activities potential volunteers can partake in.

Connie Roy, a master trainer, has been doing volunteer work with ACS for six years and is serving as an instructor for the Army Family Team Building. She is also a volunteer chairperson for the Army Family Action Plan and is president of the Enlisted Spouses' Charitable Organization. Roy knows the anxiety and stress of being a young mother with children while the spouse is deployed overseas.

"The biggest reason I started volunteering was it kind of opened my eyes on how it could've benefited me," Roy said. "I wanted to be there for others to help make the transition to the military lifestyle easier."

Roy complimented the services ACS provides to the Fort Carson community.

"I think Fort Carson has a wonderful volunteer program," she said. "It (ACS) has a very dynamic installation volunteer program. The staff works really well with the volunteers in a supportive and

professional manner."

The goals of the Installation Volunteer Program are to provide soldier and family ability to positively cope with the mobile military lifestyle; provide volunteer positions for family involvement in the Fort Carson community; and increase participation in volunteer activities, according to the Army Community Service Strategic Plan for fiscal year 2002. The volunteer corps on Fort Carson received national recognition for having the best retention rates among posts in the country.

Volunteerism as a whole is also gaining national recognition. Chief of Staff of the Army Gen. Eric K. Shinseki is "trying to revitalize the culturism of volunteering in the country," Ragle said.

"We use volunteerism as a measuring stick for community cohesiveness," Ragle said. "It simply provides a better quality of life for everyone who participates."

To show appreciation for the value of the volunteers, the Installation Volunteer Program will be hosting its annual Installation Volunteer Appreciation Picnic and Ceremony May 31 at the Ironhorse Park Amphitheater. Maj. Gen. Robert Wilson and Garrison Commander Col. Simeon Trombitas will be presenting awards to about 170 soldiers who have given commendable voluntary service to the Fort Carson community. A jump castle and storytelling for the children will be provided and the band "Western Blue" will be there for entertainment. The commander's group will be serving food to the volunteers. The picnic will start at noon and the recognition ceremony begins at 2 p.m.



Photo by Spc. Bryan Sims  
Volunteer Connie Roy teaches a class on the concepts of family readiness at the Family Readiness Center. Roy, who is a master trainer, is also a volunteer chairperson for the Army Family Action Plan and is president of the Enlisted Spouses' Charitable Organization. Roy has been a volunteer with ACS for six years.



Photo by Spc. Bryan Sims  
Fort Carson Deputy Commanding General Brig. Gen. Robert Reese presents an award to an Installation Volunteer Program volunteer at the volunteer appreciation luncheon held last week. The luncheon was in honor of the volunteers' commendable service to the Fort Carson community.

# Out & About

9 - 16 May 03

Proudly Brought to You by Your Fort Carson Directorate of Community Activities, Bldg. 1217 Specker Ave. 719-526-3161  
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Snacks are available for purchase

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DATE	MOVIES	RATING
9-May	MR. DEEDS	PG-13
10-May	REGIN OF FIRE	PG-13
11-May	K-19 THE WIDOWMAKER	PG-13
12-May	ABANDON	PG-13
13-May	RED DRAGON	R
14-May	THE RING	PG-13
15-May	HALF PAST DEAD	R
16-May	PUNCH-DRUNK LOVE	R
17-May	THE TRANSPORTER	R
18-May	SIMONE	PG-13
19-May	SERVING SARA	PG-13
20-May	THE FOUR FEATHERS	PG-13

EVERY SATURDAY FREE MOVIE MATINEE START AT 2 PM

3-May	COUNTRY BEAR	G
10-May	STUART LITTLE 2	PG
17-May	CROCODILE HUNTER	PG
24-May	TUCK EVERLASTING	PG



WIN A GREAT  
"GOLF ESCAPE"  
PACKAGE



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MAY 1ST THRU JUNE 30TH

GRAND PRIZE DRAWING  
JULY 31 AT CFSC HEADQUARTERS

THE MORE YOU PARTICIPATE,  
THE GREATER YOUR CHANCES OF WINNING  
THE PURCHASE OF EACH BUCKET OF BALLS,  
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WHEN YOU FIND THE RED "LUCKY" BALL  
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Open to all MWR Patrons with the exception of the installation  
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Only active duty E1 - E4

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Only active duty E5 - O10

ENTER TO WIN BY FILLING OUT  
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Elkhorn, Colorado Inn  
Prize Drawings are held  
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Fort Carson  
Golf Club



## 17th Annual Fort Carson Pet Fair

Sat. 17 May 03  
10 am - 2 pm  
Special Events Center  
Bldg. 1829 Specker Ave.  
Formerly The Post Field House

- Military Working Dog Demonstration...
- Mounted Color Guard Demonstration...
- Educational Pet Booths...Petting Zoo...
- Pony Rides... Face Painting...
- Multiple Pet Contests & Prizes for all WINNERS...

Open to everyone who enjoys pets....  
For more information please contact the  
Fort Carson Veterinary Treatment Facility,  
719-526-3803

### Armed Forces Vacation Club

For more information, visit your Fort Carson IIR Office in  
Bldg. 2429 Specker Ave - 719-526-2083  
or go to [www.afvclub.com](http://www.afvclub.com) and click on the  
Armed Forces Vacation Club logo. The Fort Carson Base code is 41

## Sports Tickets

## On Sale at Your

Fort Carson Information Tickets & Registration Office  
Bldg. 2429 Specker Ave - 719-526-2083

### Women's Golf Clinic

Join Us  
at the  
Fort Carson  
Golf Club  
Bldg. 7800 Titus Blvd.

May 12 - 15, 2003  
6:00 pm - 7:00 pm

To Register Call 526-4102  
or stop by and see us

\$15 per Night  
\$5 Returned to you  
in prizes and awards

Maximum Class Size 30

### JR. Golf Clinic

Ages 6 - 17

Join us at the  
Fort Carson Golf Club  
Bldg. 7800 Titus Blvd.

June 23-26 • July 7-10 • August 4-7  
6:00 - 7:00 p.m.  
To Register Call 526-4102  
or stop by and see us

### Mother's Day

Celebrate With Mom

Check Out These Special Offerings At  
Our Facilities From 11:00 am till 3:00 pm

- Free Swimming At The Indoor Pool
- Free Pony Rides When Accompanied  
By Mom At Turkey Creek Ranch
- Special Mother's Day Storybook Reading  
From 2:30 pm to 3:00 pm At Grant Library
- Moms Bowl For Free At The Bowling Center
- Free Range Balls & Rental Clubs  
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For more information please call  
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# Sports & Leisure

## Carson Eagles soar on ...

# Wings of black, gold

by Bill Scharton  
Mountaineer staff

May Day was a record day for Carson Middle School 7th-grade girls track and field competitor Crystal Grandberry.

Grandberry was competing in her first track and field meet for the Eagles May 1, and she was flying all over the place. Well, not really flying, but it sure seemed that way. In reality, she was running and jumping all afternoon long at the Fountain-Fort Carson High School Sports Complex.

One of Grandberry's jumps, 4-8 in the high jump, established a new school record for 7th-grade girls. The record jump also earned a first place in the event for Grandberry and the Eagles. (Two days later, she broke her own record. More on that later.)

"I had one scratch and set the record on my second attempt," Grandberry said. "It's my first track and field meet, so I'm pretty happy with the result."

The new high jump mark shattered the old record by four inches and actually tied the Carson Middle School record for the 8th-grade girls high jump.

Carson Middle School was competing against middle schools from Colorado Springs Christian School, as well as Creekside and Fountain on this May Day. Several other Eagles' highlights took place.

In the 7th-grade girls competition, Jasmine Small placed first in the 1600-meter run and third in the 800-meter run. The relay team of Demi DeLoach, Krystina Richardson, Ashley Arney and Candice Buckles placed second in both the 400-meter and 800-meter relays.

Eighth-grade girls highlights included: Amanda Davis, Kathryn Clouser and Kelly Parker placed first, second and fifth respectively in the discus; Ashley Broughton finished second in the triple jump; Makayla Lawton earned a third in the 100-meter hurdles; Kiara Pittman, Ashley Ricks, Zoria Brooks and Lawton ran second in the 400-meter relay; and Pittman, Ricks, Brooks and Davis finished second in the 800-meter relay.

The top performances by the 7th-grade boys were: Terrance Hutchins, first in the long jump (14-5) and third in the 100-meter dash; Rodney Watson, second in the 110-meter hurdles, third in the long jump and fourth in the triple jump; Jason Schatz, third in the 200-meter dash; Hutchins, Watson, Schatz and Jerry Ventura, second in the 400-meter relay.

Eighth-grade boys highlights included: Alexis Rodriguez, LaJon Caldwell and Chris Shamlee, second, third and fourth respectively in the 110-meter hurdles; Rodriguez, second in the 400-meter dash; Dominique Figueroa, second in the 100-meter dash; Josh Nichols, first in the high jump (5-0); Shamlee,



Photos by Bill Scharton

**This form earned Carson Middle School 8th grader LaJon Caldwell a third place finish in the 110-meter hurdles May 1 during a meet at the Fountain-Fort Carson High School Sports Complex. Caldwell was also a member of the Eagles' 800-meter relay team that placed third.**

Figueroa, Rodriguez and R.J. Espiritu, second in the 400-meter relay; Rodriguez, Shamlee, Caldwell and Michael Ventura, third in the 800-meter relay.

"The pride of any track coach is for the athletes to do their very best," said Carson Middle School head track coach Rose Terrell the day after the May 1 meet. "This sometimes means that young men and women perform feats that are worth mentioning.

"Yesterday, Ajasta Blake and Ashley Broughton brought pride to our school by getting up from falls on the rubber track to complete their heat in the hurdles. For them, and the other Eagles, the coaches wish to say, 'we are proud of our team.'"

Saturday, the Eagles competed in the 17-team Manitou Springs Middle School Invitational track and field meet. The 8th-grade girls had the highest finish for the Eagles by placing fifth in the 17-team field. The 7th-grade girls finished seventh, the 8th grade boys placed 11th and the 7th-grade boys tied for 12th place.



**Dominique Figueroa, an 8th grade member at Carson Middle School, sails through the air during long jump competition. Figueroa earned a fifth place finish for the Eagles in the long jump Saturday's meet.**

## Manitou Springs Middle School Invitational Track and Field meet team results

### 7th-grade girls

Seventh place with 30 points

### 8th-grade girls

Fifth place with 34 points

### 7th-grade boys

Twelfth place with 15 points

### 8th-grade boys

Eleventh place with 8 points



See Track, Page 27

# Wrestling giants may battle for title Saturday

## Coaches expecting clash of Titans as 2 WCAP heavyweights prepare for takedown

by Bill Scharton  
Mountaineer Staff

Fort Carson World Class Athlete Program wrestler Dremiel Byers and Olympic hero Rulon Gardner, the last two super heavyweight World Champion Greco-Roman wrestlers, are expected to battle this weekend in Las Vegas for a single U.S. National Wrestling Championship individual title.

The two giants are friends off the mat, but both are intensely fierce and competitive on the mat. If they meet in the finals Saturday night, it will be their first meeting since the 2001 World Team Trials.

"Rulon is a great competitor and a good friend," Byers said. "You have to expect to win. I go into every competition expecting to be in the finals, expecting to win. It doesn't always work out that way, but you have to be ready when it's your turn."

This week, Byers was named the 2002 Greco-Roman Wrestler of the Year by USA Wrestling. It is the second time Byers has won this award (also 1999). Byers earned the award by claiming the World gold medal at 120 kg/264.5 pounds at the 2002 World Greco-Roman Championships in Moscow, Russia last fall.

Byers became the fourth U.S. wrestler (and first from the military) to ever win a World gold medal in



Photo by Bill Scharton

**Army World Class Athlete Program wrestlers Paul Devlin (top) and Dremiel Byers will be battling for the same individual Greco-Roman weight class title this weekend at the U.S. National Wrestling Championships in Las Vegas. Defending Olympic champion Rulon Gardner will also be competing in this weight class.**

# Fort Carson youth soccer in full swing

by Bill Scharton  
Mountaineer Staff

Clusters of little human beings were spotted all over Pershing Field Saturday. The Fort Carson Youth Services Center spring soccer season was officially under way.

A full slate of games for all age groups (24 teams and about 180 players) took place under ideal weather conditions. Bam Bam players (3- and 4-year olds) sported their uniforms for the first time and displayed excitement each and every time they kicked the ball. Coaching at this level consisted of running with the pack and constantly yelling instructions from the start of the game to its completion.

In the 5- and 6-year-old league action, goalkeeper Mateo Robinson notched a shutout for his Red Dragons team. His mom, Jesi Robinson, was providing encouragement from the sidelines. "This is the first year he (Mateo) has played soccer," said Robinson. "He seems to be having fun."

At halftime, the Red Dragons' players were treated to watermelon by the parents. You could hear the parents' command, "Eat watermelon and drink water. No chips until after the game."

Al Carter is the head coach for the Red Dragons and he is assisted by Ryan Holland. At the beginning of the season, Holland thought he might have to handle the head coaching duties and was apprehensive about this chore. Then along came a fortuitous phone call.

"I was attending a pre-season soccer meeting at the Youth Services Center," Holland said. "While I was at the meeting, the center received a phone call from Al. He was volunteering to be a youth soccer



Photos by Bill Scharton

**Red Dragons' goalkeeper Mateo Robinson puts the ball in play Saturday under the watchful eye of Head Coach Al Carter. Fort Carson youth soccer, sponsored by the Youth Services Center, will run through May 24.**

coach. Luckily, we got him for our team and it is working out great."

Carter recently arrived at Fort Carson and was hoping to be able to volunteer as a youth soccer coach. "I have been coaching soccer for a long time," Carter said. "I have two daughters in Tennessee. I coached their soccer teams for a lot of years. I'm glad I am able to help out here."

Saturday was also picture day for all the soccer

teams. Individual and team photos were taken in the small gym at the Youth Services Center.

"Saturday was a very busy day for us," said youth sports director Mark Swaim. "I'm glad we got the photos done on the first day."

Youth soccer action will run through May 24. Registration for T-ball, baseball and softball lasts until May 17 and the action is scheduled to begin June 7. Call 526-1233 for additional information.

## Wrestling

From Page 24

Greco-Roman wrestling, joining Mike Houck, Dennis Hall and Gardner in the history books. Along with this most recent USA Wrestling honor, Byers was also chosen U.S. Olympic Committee Male Wrestler of the Year and Army Male Athlete of the Year in recent months.

The other defending national champions from the Fort Carson Army WCAP wrestling team include Greco-Roman wrestlers Glenn Nieradka and Keith Sieracki and women's freestyler Iris

Smith. All three will be trying to defend their titles this weekend.

The other Army WCAP wrestlers who will be competing in freestyle at nationals include Eric Albarricin, Jason Kutz, Glenn Garrison, Oscar Wood, Maxwell Shingara, Charles Daniels, Franklin Lashley, Dominique Black and Tina George.

Additional Army WCAP wrestlers going after national Greco-Roman titles this weekend include Michael Santos, Anthony Gibbons, Kenny Owens, Jason Loukides, Paul Devlin and James Johnson.

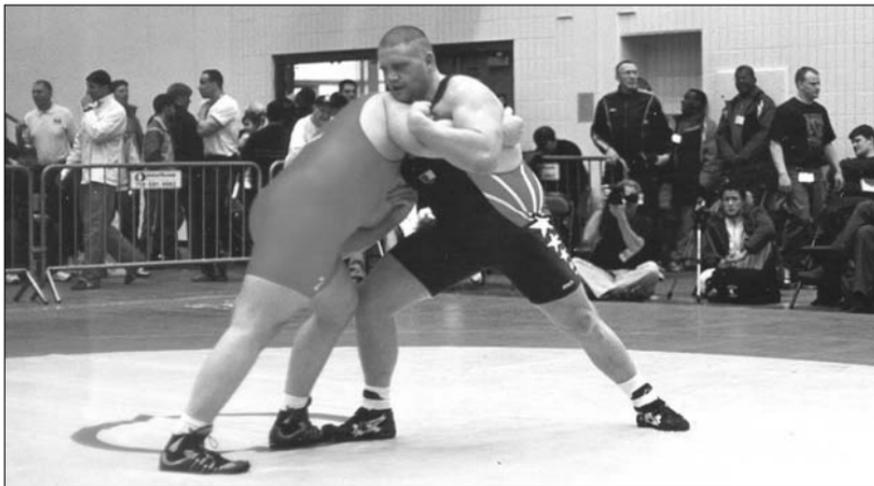


Photo by Bill Scharton

**Former Greco-Roman super heavyweight World Champion and defending Olympic Champion Rulon Gardner (right) is expected to meet Army's Dremiel Byers, the current World Champion, for this individual weight class title Saturday night at the 2003 U.S. National Wrestling Championships in Las Vegas.**

## Sports briefs

### Intramural softball tournaments

Four different pre-season intramural slowpitch softball tournaments got under way this week.

The Mount Lincoln coed league pre-season tournament started Wednesday and the title tilt will be played at 5:30 p.m. Monday.

Men's intramural slowpitch softball play is divided into three different leagues. The league names and locations are Mount Belford, Mount Yale and Mount Oxford.

The Mount Belford league pre-season tournament started Wednesday and the tourney finale is scheduled for 7:30 p.m. Tuesday. Mount Yale and Mount Oxford pre-season tourneys also started Wednesday. The Mount Yale tourney final will be at 7:30 p.m. Monday while the Mount Oxford tourney title game will be at 6:30 p.m. Monday.

Regular season league play will begin Wednesday and run through July 12. Call Lamont Spencer at 526-6630 for additional information.

### All-Army Tae Kwon Do Team

Six Tae Kwon Do athletes from the Fort Carson Army World Class Athlete Program were selected to the 2003 All-Army Tae Kwon Do Team following the trial camp in Fort Indiantown Gap, Pa.

Fort Carson WCAP selections were David Bartlett, Louis Torres Jr., Jay Utter, Darrell Rydholm, Yelena Pisarenko and Petra Kauai. Fort Carson WCAP Tae kwon do Head Coach Hyun Suk Lee was named to the All-Army Team coaching staff.

The All-Army Team will go after the Armed Forces Tae Kwon Do Championship Saturday in Fort Indiantown Gap and will also compete in the U.S. Tae Kwon Do Union National Championship May 22 to 26 in New Orleans.

## Track

From Page 23

In this big meet, Grandberry was once again in the spotlight for the Eagles. She soared to new heights by clearing 4-10 in the high jump, thus breaking her own two-day old school record.

"They stopped the competition after I made 4-10, so I didn't get a chance to try five feet," Grandberry said. "I think I can go higher than five feet."

Grandberry also placed second in the long jump. Small (1600-meter run, 800-meter run, discus) and Richardson (100-meter dash) also earned points for the 7th grade girls. The 400-meter and 800-meter relay teams both placed fifth.

The 8th grade girls 400-meter relay team set a new school record of 55.58 with a second place finish in the event. Pittman, Ricks, Brooks and Parker are the new record holders for the Eagles. Pittman also won the 100-meter dash and placed fourth in the 200-meter dash. Ricks was sixth in the 100-meter dash and Brooks placed sixth in the 400-meter dash.



Davis picked up a fourth in the discus.

Rodriguez placed seventh in the 110-meter hurdles and Figueroa finished fifth in the long jump for the Eagles' 8th grade boys. The 400-meter relay team finished fourth.

Watson (fourth, 110-meter hurdles), Hutchins (sixth, long jump) and Moody (fifth, discus) earned points for the Eagles 7th grade boys. The 400-meter relay team finished fourth.

Following the meet in Manitou Springs, assistant coach Mark Perkins told the Eagles,

"We are once again proud of you. During the meet, there was no messing around. You stayed focused. You demonstrated that you are classy athletes."

# Historians



Places to see in the Pikes Peak area.

May 9, 2003



Photo by Nel Lampe

Rosemount Museum is a 1888 mansion in Pueblo. It is one of the finest examples of Victorian houses in the nation.

## A grand Victorian mansion is in Pueblo

**by Nel Lampe**  
**Mountaineer staff**  
One of the better examples of an elegant Victorian mansion is just 40 miles away in Pueblo. Rosemount Museum is a great example of the Victorian Age and the spending habits of people who had money.

Called one of the most elegant Victorian-era homes in America, according to National Geographic Magazine, the home was also featured on A & E Network's "America's Castles" and Home and Garden Channel's "Christmas Castles."

Rosemont is available for the public to visit, and visitors will be impressed.

Rosemount mansion was designed and built by well known New York architect Henry Hudson Holly, who built Thomas Edison's New York home. Holly's specialty was Queen Anne-style architecture. Holly had built another house in Pueblo, the home belonging to Thatcher's brother, Mahlon, which was a Queen Anne-style mansion just a block away from



Courtesy photo by Rick Avalos

**The oak-paneled grand staircase is decorated with Victorian decorations during the Christmas holidays.**

Rosemount. That house was torn down years ago.

Rosemount mansion has 37-rooms and contains 24,000 square feet of floor space. The house has 10 fireplaces. Holly designed the house with many luxurious touches and conveniences almost unheard of this far West.

The house was designed as a pack-

age. The furniture and decorations matched the room's design or that of a fireplace or ceiling. In one room, the ceiling carvings match the design of the Haviland chamber pot. Rose designs on a mantle are repeated on the ceiling. Chairs are designed to match English tiles on a fireplace.

Furniture was purchased from Wanamakers of Philadelphia, the carpet came from New York. A New York artist made the stained glass windows. The lights were made by Tiffany of New York.

A massive, carved staircase leads from the great room to the second floor, in front of the massive 9 feet by 12 feet stained glass window, called the "Kingdoms of Nature."

The lights were set up for both gas and electricity as electricity was not reliably available in Pueblo at the time the house was built.

The original plans called for an elevator, which was later scrapped. Holly cleverly put closets where the elevator



Photo courtesy Rosemount Museum

The living room of Rosemount mansion contains its original furnishings.

See Rosemount, Page 30

## Rosemount

From Page 29

shaft had been designed. When the elevator was installed in 1911, only the closet floors had to be removed and there was the elevator shaft.

There is an intercom system made of silver in the kitchen which the Thatchers used to summon servants.

The basic house took two years to complete and cost almost \$61,000. The carriage house added another \$10,000 to construction costs. Stained glass windows, 36 oriental rugs, woodwork trim and the furnishings brought the house's total cost to \$96,000.

The Rosemount as a museum is a unique treasure. Most such structures are acquired many years after original owners lived in the house, and many have been stripped of original furnishings, converted into apartment houses or treasured fireplaces and architectural features pulled out or covered over. But the Rosemount was occupied by family members of the original owners up until it became a museum. Most of the original furnishings are still in the mansion, including curtains and drapes.

The house was built in Richardsonian Romanesque style. The exterior walls were quarried in Castle Rock and are rhyolite-pink volcanic stone. Exterior trim included medallions and ornamentation at the roof's base and a roof of Vermont slate.



Photo by Nel Lampe

The ceiling of the porch shows the intricate detail of the home's construction.



Photo courtesy Rosemount Museum

The kitchen at Rosemount contains a U.S. Army wood range.

Rosemount occupies a full city block. The grounds look much like a park with wide, sweeping lawns and large trees. The gardener lived above the carriage house.

Who was John Thatcher, the owner of the Rosemount mansion? He came from rather humble beginnings. He went west in search of adventure and fortune. He left Pennsylvania and arrived in Denver in 1862, where he worked as a store clerk. He asked the store owner for his pay in merchandise rather than money. When he had accumulated a wagon load of goods, he headed south to Pueblo and started his own general store in 1863. Thatcher and his brother Mahlon realized that local citizens had no place to store their valuables as Pueblo had no bank.

The brothers bought a safe for their general store and allowed people to store valuables there. In 1871 they started the First National Bank of Pueblo.

Thatcher became a shrewd and successful businessman, adding to his banking fortune by investments in cattle, agriculture and mining. When he died, he owned interest in 31 banks and 11 million acres of land.

He was married to Margaret Henry, a relative of patriot Patrick Henry. At age 16 Margaret became Pueblo's first public school teacher and married John two years later. The family lived in a modest home with their five children until they had Rosemount built.

In a 37-room house, there are plenty of rooms to go around. Every member of the family had his or her own room, as did the servants.

There was a sewing room, a large guest room and a room just to hold the traveling trunks of family members or guests.

The third floor of Rosemount, formerly the servants' quarters, now houses the collections of Andrew McClelland, a prominent Pueblo businessman who was active in bringing culture and progress to Pueblo. He helped build the town's library, opera house and a children's home.

McClelland traveled extensively and collected memorabilia. His collection is on the third floor of the Rosemount, including an Egyptian mummy. There is no additional charge to view the McClelland collection.

The original carriage house



Photo courtesy Rosemount Museum

Rosemount mansion has its own sewing room, servants quarters and a room to store luggage and trunks.



Photo courtesy Rosemount Museum

A tour guide shows the largest of the house's 10 fireplaces. The oak fireplace is in the great room.

has been converted into a restaurant which is only open for lunch Monday through Friday, from 11 a.m. until 2 p.m. A light menu is served, and the restaurant is locally famous for its desserts.

The Rosemount is open February through December from 10 a.m. to 4 p.m. It is closed Mondays, major holidays and the month of January.

Guided tours take about an hour. Admission is \$6 for adults, \$4 for ages 6 to 18. Children under age 6 are admitted free.

May 31, drivers of antique cars will make a historic drive through Pueblo, ending at the Rosemount about noon. The public is invited to bring picnic lunches to eat on the grounds, followed by an ice cream social. There will be a small charge for ice cream. Entrance to the museum will be free from noon until 3 p.m.

Rosemount is located at 419 W. 14th Street in Pueblo. Take Interstate 25 south to Exit 99B (13th Street) and go west about five blocks. It's between 14th and 15th Streets and Grand and Greenwood Avenues. The entrance faces Greenwood. Parking is streetside.

### Just the Facts

- **Travel time** 45 minutes
- **For ages** all
- **Type** Victorian house
- **Fun factor** ★★★★★ (Out of 5 stars)
- **Wallet damage** \$

\$ = Less than \$20

\$\$ = \$21 to \$40

\$\$\$ = \$41 to \$80

(Based on a family of four)

# Happenings

## Get Out!

### Vintage aircraft show

The annual "In Their Honor Airshow" is at former Colorado Springs Airport May 17 and 18. Vintage aircraft will be on display and perform airshows and flybys. The cost is \$10 for adults, \$8 for military and \$3 for children. For information, call 635-8803. Take Fountain Boulevard east of Powers to the old airport. Parking is available for \$3. Refreshments will be sold.

### Mother's Day

JoyRides lets moms enjoy the rides and golf for free Mother's Day Saturday and Sunday when accompanied by her family. Joyrides, a family fun center, is at 5150 Edison Ave. Call 573-5500 for information. JoyRides is open from noon until midnight Saturdays and noon to 7 p.m. Sundays.

### Mother's Day activities.

The annual Mother's Day Brunch, hosted by the Armed Services YMCA, honors military families. The brunch is May 10 at 10 a.m., and includes food and door prizes. Call 622-3564 by Thursday. The downtown, Briargate, Garden Ranch and Southeast YMCAs are each hosting a brunch.

### Hummingbird Festival

The 10th annual Hummingbird Festival is at Starsmore Discovery Center, 2120 S. Cheyenne Canon Road Saturday, from 10 a.m. to 4 p.m. The festival features hummingbird activities for children and adults. Call 578-6146 for information.

### Pikes Peak Philharmonic

The Pikes Peak Philharmonic presents its season finale May 18, at 3 p.m. in Benet Hill Center, 2577 N. Chelton Road. Admission is \$6 for adults and \$3 for children. There's a family admission ticket of \$12 for a family. Tickets are available at the door.

### Armed Forces Day Concert

The Air Force Band of the Rockies, along with the Colorado Springs Chorale, present a concert honoring the Armed Forces at the Air Force Academy's Arnold Hall, 7 p.m. Thursday. Tickets are

required and are free at Ticketmaster, 520-9090. Parking is free but limited.

### Armed Forces Weekend at JoyRides

Servicemembers receive free admission May 17 and 18 as JoyRides honors active duty, reserve and retired soldiers. Pick up tickets at Fort Carson Information, Tickets and Registration. JoyRides Family Fun Center is off East Platte Avenue, near the Flea Market.

### Armed Forces Day ball

An Armed Forces Day "Moonlight Ball" is May 17 at the Pueblo Weisbrod Aircraft Museum hangar. The fund-raiser for the nonprofit museum includes a steak or chicken dinner and the dance for \$40. The evening begins with a cash bar at 6 p.m. and dinner at 7 p.m. Call the museum (719) 948-9219. The museum is at the Pueblo airport, on E. Highway 50.

### Super Saturday

Super Saturday at the Western Museum of Mining and Industry is Saturday from 1 to 4 p.m. The subject is "Water ... It's Liquid Gold." Participants learn about water as a valuable resource. The cost is \$3 and reservations are requested. Call 488-0880. The museum is at 1025 N. Gate Road, off exit 156A of Interstate 25 north.

### Denver Theater

"Les Miserables" is at the Buell Theatre in downtown Denver May 14 through 24, with ticket prices starting at \$15. Go to [www.denvercenter.org](http://www.denvercenter.org) or call (303) 893-4000.

"The Blue Man Group" is in the Pepsi Center in Denver May 25, at 7:30 p.m. Call Ticketmaster, 520-9090 for tickets, which start at \$30.

"Footloose" is featured at the dinner theater at the Country Dinner Playhouse. The buffet begins at 6 p.m. and the performance follows. Tickets start at \$25.50. Call (303) 799-1410.

"Cats" plays in the Buell Theater in downtown Denver June 17 to 22. With 8 p.m. performances and matinees Saturdays and Sundays. Call (800) 641-1222 for tickets which start at \$20.

"Cher" is set for the Pepsi Center in Denver June 17, with tickets starting at \$34.50; call 520-9090.

### Theater

"Damn Yankees" is presented by the Fine Arts

Center Repertory Theatre Company through May 18, Fridays and Saturdays at 8 p.m. and Sundays at 2 p.m. Tickets are \$25 at the box office, 634-5583. The theater is at 30 W. Dale St.

"Same Time Next Year" is now playing at the Castaways Dinner Theater, 103 Manitou Ave., in Manitou Springs. Dinner and show are \$33. Show only tickets are available for \$22. Call 685-3700 or 685-3300 for tickets.

"Montana Serenade" is at the Manitou Springs Iron Springs Chateau, 444 Ruxton Ave. through September. Dinner and show cost \$23.50 at 685-5104. Dinner is at 6 p.m., with the show at 8 p.m.

Pikes Peak Center's Broadway series next show is "Lord of the Dance," May 28 and 29 in the Pikes Peak Center. Call Ticketmaster at 520-9090.

"Stuart Little" is in the Fine Arts Center theater, 30. W. Dale, June 9 to 14. Performed by the Fine Arts Center Theatre for Children, shows are at 10 a.m. and noon. The tickets are \$3; call 634-5583.

"Alison Krauss and Union Station" are set for the Pikes Peak Center Aug. 20. Call Ticketmaster, 520-9090.

### Blue's Clues, Live

Blue's Clues Live! is in the Pikes Peak Center June 6 to 8. Tickets are available at Ticketmaster, 520-9090.

### World Arena lineup

"Big Head Todd and the Monsters" and "Hootie and the Blowfish" perform at Red Rocks Amphitheater May 17. Check with Ticketmaster, 520-9090 for tickets, which start at \$39.50.

"Yanni" is in concert at the arena May 22. Call 576-2626 for tickets.

### Denver events

Christina Aguilera and Justin Timberlake appear together June 23 at the Pepsi Center. Call Ticketmaster at 520-9090. Prices start at \$39.50.

Grammy winner Norah Jones is at Red Rocks Amphitheatre in the Denver area Aug. 15. Tickets are at Ticketmaster, 520-9090.

### Model Rocket Launch

A Model Rocket Day assembly and launch exercise is at the Pueblo Memorial Airport in the new hangar at the Pueblo Weisbrod Aircraft Museum May 17 from 10 a.m. to 2 p.m. The model rockets and motors can be purchased at the hangar. Museum admission is \$5.

# Happenings



Photo by Nel Lampe

## *Mother's Day ...*

Moms can enjoy a game of free golf at JoyRides this weekend if accompanied by her family. The family fun center also has go-carts, bumper cars and boats, as well as games and rides. JoyRides is at 5150 Edison. Saturday's hours are Saturday from 10 a.m. to 10 p.m. and Sunday's hours are noon to 6 p.m.



Program Schedule for Fort Carson cable Channel 10, today to May 16.

**Army Newswatch:** includes stories on rescued American POWs, Kiowas in Kuwait and Central Command war update (repeat). Airst at 7:30 a.m., 12:30 p.m., 7:30 p.m. and 12:30 a.m.

**Navy/Marine Corps News:** includes stories on sailors returning from Operation Iraqi Freedom, Earth Day and honors to POW/MIAs. Airst at 8 a.m., 1 p.m., 8 p.m. and 1 a.m.

**Air Force News:** includes stories on securing northern Iraq, weather forecasters and A-10 maintainers (repeat). Airst at 8:30 a.m., 1:30 p.m., 8:30 p.m. and 1:30 a.m.

Channel 9 daily broadcasts SCOLA, foreign language news broadcasts. Access the schedule at the Fort Carson Web site.

If you have comments on Channel 10 programming or wish to coordinate a broadcast on Channel 10, please contact Chief of Command Information at 526-1241 or via e-mail at [CommandInfo@carson.army.mil](mailto:CommandInfo@carson.army.mil).

Program times will be published in the *Mountaineer* provided coordination is made one week prior to publication.

If you wish to have a training videotape shown on Channel 9 only, contact the Regional Training Support Center at 526-5111.

For additions to the Community Calendar, please submit an e-mail or clean, typewritten copy of the information to the Public Affairs Office, room 2180, 6151 Specker Ave., Fort Carson, CO 80913 or fax information to 526-1021 no later than the Friday before airing time.