

Mountaineer

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March 21, 2003



Photo by Spc. Stacy Harris

Blizzard '03

From left, Kayla Sturrock and Brittany Phillips, daughters of Sgt. Billy Phillips, Air Defense Artillery Battery, 3rd Armored Cavalry Regiment, throw snowballs while Gabe Jones, son of Sgt. Jay Bogle, recruiter, Denver, runs away. After the snowstorm Tuesday night, schools were cancelled and children could enjoy the day off playing.

Fort Carson bids 3rd ACR farewell

by Sgt. 1st Class Gary Qualls
3rd Armored Cavalry Regiment

Fort Carson will host a farewell ceremony for soldiers of the 3rd Armored Cavalry Regiment Wednesday on Pershing Field at 10 a.m.

The 3rd ACR, the only active duty armored cavalry regiment in the Army, is expected to deploy to the U.S. Central Command's area of responsibility in the coming weeks.

During The Persian Gulf War, the 3rd ACR screened the XVIII Airborne Corps' right flank. In the ground war that lasted 100 hours, the 3rd ACR moved more than 300 kilometers and left three Iraqi Republican Guard Divisions combat ineffective.

The 3rd ACR operates independently over wide areas and is a highly mobile force that can conduct reconnaissance, security, offensive and defensive operations. It is considered the "eyes and ears" of a Corps Commander. The regiment has more than 300 armored vehicles (M-1A2 Abrams tanks, M-3A2 ODS Cavalry Fighting Vehicles, and M-109 Paladin self-propelled howitzers) and more than 80 aircraft (including the AH-64 Apache Attack Helicopter). The 3rd ACR has a total strength of more than 5,200 soldiers.

In case of inclement weather, a change of location will be made Wednesday at 6 a.m.

Protect your identity or thieves may steal it

by Spc. Jon Wiley
Mountaineer staff

Some people want to be you, and if you're not careful, you may help them get their wish.

Identity theft is the most popular form of consumer fraud, with an estimated 750,000 people being victimized each year, according to the U.S. Federal Trade Commission.

"Identity theft occurs when a person obtains the personal information of another citizen and conducts transactions in the victim's name," said Capt. John Jurden, a representative of Fort Carson's Office of the Staff Judge Advocate's Legal Assistance Division.

The types of personal information that identity thieves look for include social security numbers, bank account numbers, birth dates and automatic teller machine personal identification numbers, Jurden said.

Thieves can obtain information about you in a variety of ways.

Every time you conduct a financial transaction or send personal data through a internet link that is not secure, literally hundreds of people can view it as it

travels from your computer to its destination. One of them could be an identity thief. Another potential identity thief is an unscrupulous employee at a bank, credit card company or any other institution that maintains sensitive material about its customers.

Sometimes, an identity thief finds a victim by going through trash looking for bills, bank statement, Leave and Earnings Statements or other personal documents, Jurden said.

Identity thieves also look for wallets, purses or mail containing personal information to steal.

"Once an identity thief collects this information, he can piece together your 'life' and conduct business under the pretext that he is you," Jurden said.

Jurden said some of the common types of activities that identity thieves engage in are applying for credit cards in a victim's name and calling their legitimate credit card issuers and telephone companies to notify them of a "new mailing address" to keep their crimes from being detected.

While victims are not liable for most of the debts accrued in their names, they spend an average of

\$1,000 in out-of-pocket expenses and waste more than 175 hours clearing their credit, according to the FTC.

See Theft, Page 12



Photo by Spc. Jon Wiley

Consider the number you use for your personal identification numbers. Street addresses, social security numbers and birth dates are easy for thieves to crack.

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Victims of sexual assault can get help around post. Page 11

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Boxers prep for nationals. Page 21

Feature



Women's History Month honors women who have made profound achievements in American history.

See Page 16 and 17.

Happenings



Buell Children's Museum, located in Pueblo, offers a wide variety of activities that is fun for all ages.

See Page 25.

New look

Did you notice the new look of the *Mountaineer*? Tell us what you think about the paper or any other subject with a letter to the editor. E-mail us at mountaineereditor@carson.army.mil.

Post Weather hotline:

526-0096

PTs or BDUs ...

Take pride in your appearance

Commentary by Sgt. Roy Gomez
14th Public Affairs Detachment

With the real-world threat of war looming over the United States, soldiers and personnel on Fort Carson are busy getting ready to apply the skills they practice on a daily basis.

In preparation for war, many active-duty soldiers have deployed and filling in for them are Reserve and National Guard soldiers. Now more than ever with the eyes of the world watching closely, all U.S. soldiers should pay close attention to how they represent themselves, their units and the Army.

Whether it's on an interview with one of the many news networks helping soldiers tell their story to the world or merely going to a fast-food restaurant during lunch, soldiers should look their best.

It's difficult to believe some soldiers just don't care, but there are soldiers who walk around post clearly out of the proper uniform. Some of the more visible faults are missing rank on Gore-Tex jackets and missing rank, name and strap on kevlar helmets. Berets, the ones resting on the back of the head or

with the flash centered between the eyes, are also a source of frowns. Some soldiers are also transitioning from the old physical training uniform to the new one so slowly that they wear both at the same time. And then there is also the occasional uniform that is better suited for camouflage in the snow than in a jungle environment.

First impressions are important, especially when being introduced to a superior, the local community or the world. Do you remember the soldier who was wearing the proper uniform? How about the soldier who was wearing a bad uniform?

How you carry yourself is important. Unfortunately, most people never get a chance to see what type of soldier you are. They only get to see what type of soldier you appear to be.

Army Regulation 670-1 can answer any questions a soldier or leader has about the proper wear and appearance of the uniform. A quick look in the mirror and referencing the regulation can make the difference whether someone remembers you for the right reasons or the wrong.

Updated info on the Army's Uniform and Insignia regulations

Cell phones and pagers:

One electronic device is authorized for wear on the uniform in the performance of official duties. The device may be either a cell phone or a pager — not both. The device must be black in color and may not exceed 4 by 2 by 1 inches. Devices that do not comply with this criteria may not be worn on the uniform and must be carried in hand, in a bag, or in some other carrying container. (Bags must be black with no insignias and can't be mesh.)

Hydration systems:

Commanders may authorize the use of a camouflage hydration system for field duty or on work details. Soldiers will not use these devices in a garrison environment unless directed by the commander.

Berets: The beret is worn so that the headband is straight across the forehead, one inch above the eyebrows. No hair may be visible on the forehead beneath the headband. The flash is positioned over the left eye, and the excess material is draped over the

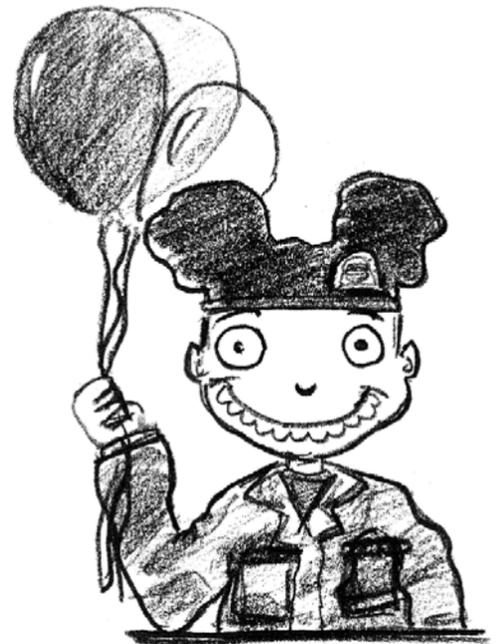
right ear, to at least the top of the ear, and no lower than the middle of the ear. Soldiers will cut off the ends of the adjusting ribbon and secure the ribbon knot inside the edge binding at the back of the beret. When worn properly, the beret is form fitting to the head; therefore, soldiers may not wear hairstyles that cause distortion to the beret.

Nails: Females must keep nails trimmed no longer than one fourth of an inch, as measured from the fingertip.

Styles to avoid ...



The chef



The tourist

Cartoon by Pvt. Marie Scott

Sound off!

What do you do to protect your identity from thieves?



"I shred anything with my identification on it like credit card statements, anything with social security numbers — even phone numbers."

Earl C. Collins
Retired, Air Force



"I don't give out personal information just because they ask for it. Instead of just signing my credit cards, I write, 'see ID' — makes them verify it's really me."

Donna Schlotterer
DOIM Web Design Team



"I try to shred all my personal files, credit cards, bills and so forth. Also, I don't give my personal information to any person."

Sgt. 1st Class Victor Luna
Medical Department Activities



"I don't give my credit card over the phone to people who are calling me, I check my credit every year and I don't answer or respond to unsolicited e-mail or mail."

Chuck Clark
Security Manager, DOIM

MOUNTAINEER

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Editor:
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Staff Writers:
Spc. Stacy Harris
Spc. Jon Wiley
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Bill Scharton
Layout/graphics
Cindy Tiberi

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News

And the winners are ...

First Audie Murphy, now top NCO

by Sgt. Roy Gomez
14th Public Affairs Detachment

The dedication to his job and the Army earned him an induction into the Fort Carson Sgt. Audie Murphy Club, as well as the Fort Carson Noncommissioned Officer of the Quarter distinction.

Sgt. 1st Class Roosevelt Knight Jr., Battery A, 2nd Battalion, 362nd Field Artillery, was praised for some of the achievements that earned him the NCO of the quarter award in a ceremony at McMahon Theater Monday by Maj. Gen. Robert Wilson, Fort Carson and 7th Infantry Division commanding general, and Command Sgt. Maj. Terrance D. McWilliams, Fort Carson command sergeant major.

"I can sleep easy at night because of the quality and caliber of our soldiers," said McWilliams when talking about Knight as a representative of the soldiers on Fort Carson.

Competing against two other NCOs, Knight used as much time as his duties allowed him to prepare for the board.

"I've been doing my job as well as getting ready to go to Utah to help mobilize a unit at Camp Williams. In between that and some other obligations, I've been studying as much as possible for the board," said Knight.

Although Knight said winning the NCO of the quarter is a big achievement that means a lot to him, Knight's accomplishment isn't surprising to the soldiers who work with him.

"He (Knight) is a very dedicated soldier who can be trusted upon to accomplish the mission," said Sgt. 1st Class Luckens Joseph, Battery A, 2nd Battalion, 362nd F.A., "Once he gets his mind on something, there is no stopping him.

See NCO, Page 4

Soldier of quarter on 'fast track'

by Spc. Jon Wiley
Mountaineer Staff

Without question, the winner of the Fort Carson Soldier of the Quarter Board is a fighter.

Before joining the Army, Pfc. Steven Badgley, Howitzer Battery, 3rd Squadron, 3rd Armored Cavalry Regiment, boxed, and while he temporarily hung up his gloves to put on the uniform, the 23-year-old native of Poughkeepsie, N.Y., didn't put away his fighting spirit.

"I came into the Army to do and get everything I can. I'm grabbing every opportunity I can as early as I can to help myself up," Badgley said.

With less than a year in service, Badgley has already been identified as a top performer, said Maj. Gen. Robert Wilson, Fort Carson and 7th Infantry Division commanding general.

He graduated from Basic and Advanced Individual Training with

honors and decided to go to his squadron's soldier of the month board as soon as he became aware of it. He went on to beat out 15 soldiers in four boards to eventually win the post's second quarter board of the year.

Staff Sgt. Lester Deville, his section chief, said he's not surprised by Badgley's performance at the boards.

"From day one when I arrived here, without him saying a word, I could tell by his work ethic and initiative he's an outstanding soldier," Deville said.

Even before leaving for Basic, Badgley had his eyes set on the Army's fast-track. He worked as a chef before enlisting, and he said he became frustrated because after a year on the job he already advanced as far as he could as a kitchen manager.

Badgley said he joined the Army

See Soldier, Page 4

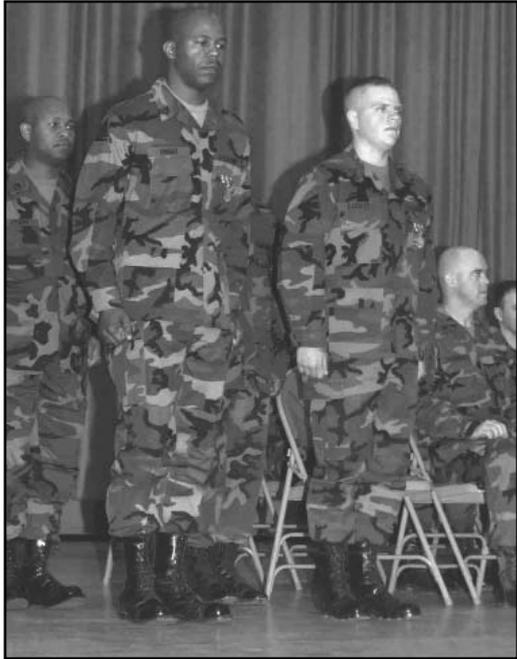


Photo by Sgt. Roy Gomez

Sgt. 1st Class Roosevelt Knight Jr., left, Battery A, 2nd Battalion, 362nd Field Artillery, and Pfc. Steven Badgley, 3rd Squadron, 3rd Armored Cavalry Regiment, are awarded as the Noncommissioned Officer and Soldier of the Quarter at McMahon Theater.

NCO

From Page 3

Knight, a Florida resident who enlisted in the Army in December, 1984, says he doesn't plan to stop learning about his job, the Army and other soldiers.

"It doesn't make a difference how much time we have in the military, there is never a point when you know enough. You can always learn more and do more," said Knight.

Although it means more competition for Knight on future boards, he urges other NCOs to also compete in every possible board.

"Every NCO should take part in a board. The boards not only help an NCO by forcing him to deal with situations, they (boards) also help an NCO attain the knowledge they should already know," said Knight.

Knight will now compete against the three other NCOs of the quarter in the Fort Carson NCO of the Year Board.

Soldier

From Page 3

because he "wanted a job that (he) could move up with, where there's really not an end in sight."

He plans to do 30 years and go as far as the Army will take him. His short-term goal is to make sergeant before leaving Carson and then to go to Fort Bragg, N.C., to earn his airborne wings. From there, the sky is the limit.

"I'm going to do everything I possibly can, and hopefully I'll get to the top," Badgley said.

Beyond personal advancement, Badgley joined the Army out of a sense of duty. One day after the Sept. 11, 2001 terrorist attacks, he went to see a recruiter.

"Being from New York, as I watched it (the attack on the World Trade Center), I realized joining the Army was something I had to do," he said.

Now, Badgley said he is looking

forward to doing his part in the global war on terrorism during his unit's deployment.

"I don't wish for war, but if it's going to happen, I want to be there," he said.

Whatever the future brings, Badgley said he plans to stay focused and continue to give the Army his all.

To his peers, he offers the following advice.

"Don't slack. You have free time, but you have to take care of your job first. Even when things aren't rolling, you have to keep your motivation up and do what you have to do."

Badgley is certain that soldiers who follow this formula will meet the same success he has.

"If you come in and do what your job requires, show up on time, look good and do what you're told, you're going to go up," he said.

With a win at the quarter board behind him, Badgley will go on to compete at the post's Soldier of the Year board in December.

Military

Soldiers inking up: In the market for a tattoo? Check the regulations before you go

by Sgt. Chris Smith

14th Public Affairs Detachment

Soldiers around Fort Carson are preparing for war. Many are getting their bills straight, ironing out personal issues or seeking spiritual guidance. And some are looking for something more permanent to take into battle — that something is a tattoo.

Local parlors claim to be experiencing an influx of patronage due to the deployments. Before soldiers make the permanent commitment, they should check regulations governing tattoos and keep the health risks, such as spreading small pox, in mind.

“We’ve done more deployment-related tattoos lately,” said Tina, a local tattoo artist. “One tattoo we did was of an eagle ripping out of the skin.”

Some tattoo parlors are giving dis-

counts on “meat tags” for soldiers who are on deployment orders.

The popular “meat tags” are little more than the soldier’s name, social security number and blood type tattooed on their torso.

Most of the soldiers getting “meat tags” do it in case they lose their identification tags.

“We’ve (also) seen more soldiers here lately,” said Lee Barfield, owner of a local tattoo parlor. “Normally (they want) something family or military related.”

He said soldiers are getting flags, crosses and family member’s names emblazoned upon their flesh. Many do so with hopes of bringing something permanent to battle with them.

Monday night, Cpl. Steven Kurtz,



Photo by Sgt. Chris Smith

Cpl. Steven Kurtz, Troop I, 3rd Squadron, 3rd Armored Cavalry Regiment, went under the needle to receive a tattoo from Lee Barfield, a local tattoo parlor owner.

See Tattoos, Page 7

Military Briefs

Small pox Hotline

Small pox vaccination hotline — The Preventive Medicine Careline has established a small pox hotline to give information on the status of small pox vaccinations in the community. The number is 526-6422.

Hours of operation

Mountain Post Wellness Center — The wellness center, located next to the commissary, hours of operation are now 6 a.m. to 4 p.m. Mondays through Fridays.

Information, Tickets and Registration Office and the Outdoor Recreation Complex Information Desk have been combined in an effort to better serve customers. Hours of operation are Tuesdays through Saturdays, 10 a.m. to 5:30 p.m. For information, call 526-2083 or 526-5366.

For official travel services, Carlson-Wagonlit Travel, in building 1012 on Long Street, is open Mondays through Fridays from 7:30 a.m. to 4 p.m., and until 3 p.m. on training holidays.

Travelers are reminded to bring three copies of travel orders when picking up tickets for official travel. Soldiers and family members must have one original and one copy of their "travelopes" and three copies of each order, to include amendments, for overseas permanent changes of station. If you cannot pick up your tickets in person, you can fax a copy of orders to 526-1142 or 576-5262 for issuance of an E-ticket.

Please call 576-5188 to confirm receipt of faxed orders. Tickets will not be issued without orders. If you do not use your ticket, you must bring it and two copies of your orders. If you were issued an E-ticket and did not travel, you still must bring in two copies of orders to process a refund for the unused ticket.

Central Issue Facility hours of operation are: Regular business hours: Mondays, Tuesdays, Wednesdays and Fridays from 7:30 to 10:30 a.m. and 11:30 a.m. to 3 p.m. and Thursdays 7:30 to 10:30 a.m. Initial Issue/Partial Issue/DX:

Mondays, Tuesdays, Wednesdays and Fridays from 7:30 a.m. to 10:30 a.m. and 11:30 a.m. to 3 p.m. and Thursdays: 7:30 to 10:30 a.m. Partial Turn-Ins: Mondays, Tuesdays, Wednesdays and Fridays from 11:30 a.m. to 3 p.m. All full turn-ins require an appointment. Please call 524-2006 or 526-2729 to schedule an appointment. For questions, call Stacey Sly at 526-5512.

Legal assistance adjusted schedule — Due to the increase of deployments and the need for attorneys to staff the Soldier Readiness Packet site, walk-ins to see attorneys are now Wednesdays only; sign in is at 12:30 p.m. on a first-come, first-served basis. Power of Attorneys and notaries are done on a walk-in basis 9 a.m. to 4 p.m., Tuesdays, Wednesdays and Fridays. Open Thursdays 1 to 3 p.m.

Briefings

Special Forces briefings — Special Forces recruiting briefings are Wednesdays at 1:30 p.m. and Thursdays at 1:30 and 3:30 p.m. at the Grant Library for males in the pay grades E-3 to E-7 with a general test score of 100 or higher and who are U.S. citizens.

ETS/Transition briefing schedule — In order for soldiers to receive their end of time in service orders, soldiers must attend an End of Term of Service briefing. Soldiers may sign in at 7:15 a.m. and the briefing begins at 7:30 a.m. in building 1118, room 317. For more information, call the Transition Center at 526-2240 or 526-4298.

Pest control training — Pest Management Regulation, AR 200-5, requires only certified applicators apply pesticides on military installations. The Directorate of Environmental Compliance and Management has a program that provides military personnel the necessary training and herbicide. Each unit is allowed a maximum of five people for training unless approved through the unit commander to DECAM. Training sessions are scheduled for the first and third Tuesday of every month from 10 to 11 a.m. at building 3711, until all units have received the training.

The Commanding General's Newcomers' Brief is the third Wednesday of each month 1 to 3 p.m. at McMahon Theater.

The following are dates for upcoming briefings: Wednesday, April 16 and May 21.

There will be a local Officer Candidate School board May 22 and 23. This board is required for all applicants. All participants must

report in Class A uniform. All packets must be turned in to the 502nd Personnel Services Battalion, Personnel Actions Section, building 1118, room 208, no later than May 7. For more information, call Sgt. Jacklyn Christensen at 526-1906.

Amnesty Turn-in

Fort Carson Ammunition and Explosives amnesty turn-in — When military A & E are found outside the boundaries of Fort Carson military areas, notify the local civilian authorities or the military police, 526-2333. Abandoned military A & E, excluding small arms ammunition up to and including .50 caliber, will not be moved by untrained personnel. If A & E are found, notify the Fort Carson 764th Explosive Ordnance Company, 526-2643.

Abandoned A & E found on post may be turned in at the Ammunition Reclamation Area, located on Butts Road, one mile south of the airfield. The hours are Mondays through Fridays from 7:30 a.m. to 3:30 p.m. For more information, contact the Ammunition Supply Point, 526-4381, or the Quality Assurance Office, 526-1795 or 526-1892.

Laundry Service

Post Laundry Service — The Post Laundry service provides free laundry and dry cleaning service to soldiers for government-owned property only. Items issued by the Central Issue Facility should be cleaned at the Post Laundry prior to turn in. Soldiers are reminded to allow extra time for items to return from the cleaners. It is not recommended to pick up your equipment on the same day as the scheduled CIF appointment.

The turnaround for the service is 72 hours and no appointment is necessary. The Post Laundry will not clean personal items like BDUs, boots, tent pegs, canteens, entrenching tools or wet-weather gear. Material TA-50 items that can be washed include: sleeping bag assembly, chemical suits, Gortex, ruck sacks, coveralls, CVC jackets and most web equipment.

Hours of operation are 7:30 a.m. to noon and 12:30 to 3:45 p.m., Mondays through Fridays, excluding holidays. For more information call, 526-8806 or 526-8804.

Editor's note: The deadline for submitting "briefs" to the Mountaineer is 5 p.m. Friday before publication.

Dining Schedule

Week of March 21 to March 28

Weekday Dining Facilities

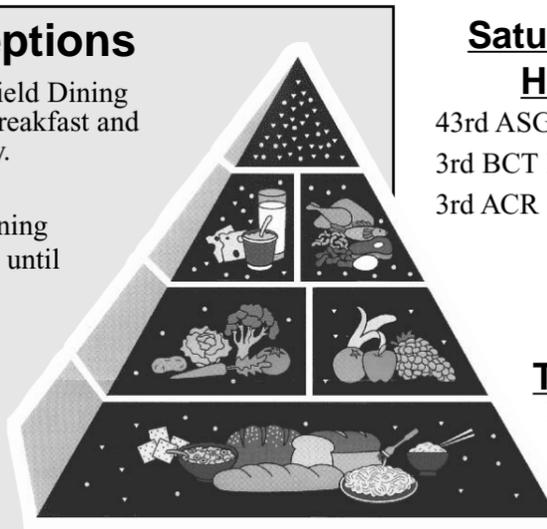
43rd ASG Cheyenne Mtn. Inn (building 1040)
3rd ACR CAV House (building 2461)
3rd ACR Butts Army Airfield (building 9612)
3rd BCT Iron Bde. (building 2061)

Weekday Meal Hours

Breakfast 6 to 9 a.m.
Lunch 11:30 a.m. to 1 p.m.
Dinner 4:30 to 6:30 p.m.

Exceptions

- Butts Army Airfield Dining Facility serves breakfast and lunch meals only.
- 10th SFG (A) dining facility is closed until further notice.



Saturday, Sunday and Training Holiday Dining Facilities

43rd ASG Cheyenne Mtn. Inn. (building 1040)
3rd BCT Iron BDE. (building 2061)
3rd ACR Cav. House. (building 2461)

Saturday, Sunday and Training Holiday Meal Hours

Breakfast 6 to 9 a.m.
Lunch 11:30 a.m. to 1 p.m.
Dinner 4:30 to 6:30 p.m.

Family members are cordially invited to dine in Fort Carson dining facilities.

Tattoos

From Page 5

Troop I, 3rd Squadron, 3rd Armored Cavalry Regiment, went under the needle to receive a tattoo from Barfield of a tribal design with his daughter's name on his right arm.

"It's kind of motivational," said Kurtz. "I can look down and see my daughters name, like a reminder of what I'm fighting for."

Soldiers should be careful in choosing their new tattoos. While many of aforementioned tattoos are within Army Regulation 670-1, the placement of the tattoo may not be. Tattoos that can be seen in the Class-A uniform with slacks are against regulation.

An illegal tattoo can bar a soldier from re-enlistment or force involuntary separation if they choose not to have it removed.

"A tattoo is prohibited if, while wearing the Class A uniform, it is visible and detracts from a soldierly appearance, both conditions are required for the particular tattoo to be prohibited," states the Fort Gordon, Ga., SJA Web site. "Under most circumstances, small, inconspicuous or inoffensive tattoos or brands on areas of the body other than the face, neck or head are not prohibited."

But besides possible career implications, a tattoo can cause health problems if it is done poorly or under un-hygienic conditions.

In 1999, two soldiers on "R&R" in Budapest during a tour in Bosnia brought home HIV infections as a souvenir. The only linking factor found was that they both got tattoos while they were there, according to a March 1999 article in Soldiers magazine.

While no definitive link has been made between HIV and tattoos, the possibility is there. It has been proven that Hepatitis can be transferred by a tattoo needle, but there is no conclusive evidence that HIV can be.

Another problem is that soldiers who have received the smallpox vaccine run a greater risk of spreading the virus to the tattoo site, according to Capt. Kari Bruley, Evans Army Community Hospital, Preventive Medicine.

"A tattoo is essentially an open wound," said Bruley. "So if you're careless, you could spread the virus to that open wound. The general guidance (for getting a tattoo) would be (to wait) after the scab from the small pox site has fallen off and has completely healed."

So while soldiers prepare for deployment traditionally with vaccinations and packing, some are

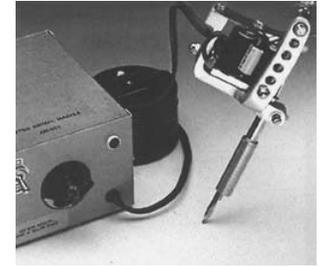
preparing their bodies, inking up with visual reminders to help them through the long days ahead.

Prohibited tattoos

A few guidelines on tattoos from Army Regulation 670-1:

- Tattoos must not be visible when a soldier is wearing the Class A uniform
- Tattoos must not show an alliance with an extremist organization
- Tattoos must not be obscene or offensive
- Tattoos must not be unreasonably large or excessive in number

Any soldier in violation of policy, can contact Capt. Terri Peterson at 526-7295 for information about removal.



Fireman's challenge ...

Army Space Command, Air Force pair up

by Lt Col. Michael L. Yowell
Army Space Command

OMAN — “Go Army-Air Force!”

That was the cheer of the inter-service team during the 405th Air Expeditionary Wing's Presidents Day Fireman's Challenge in the Sultanate of Oman.

Three members of the Army Space Command's Test and Evaluation unit joined with three Air Force Medical Group members for a



2nd Lt. Keith Woodburn, 193rd Space Bn., Army Space Command, negotiates a traffic cone course with 50 feet of hose.

series of challenging events. Team composition was simple — a six-person team with at least one female member. While eight other Air Force teams were formed, five men to one woman, the Army-Air Force went 50-50.

Air Force Capt. Alicia Wright, a Life Skills social worker with the base Medical Group, spearheaded the team's true equal flavor and recruitment. Staff Sgt. Melissa Buss and Senior Airman Heather Shields were with Wright on the same flight to the base in January and quickly joined her. Their challenge came when balancing the team's makeup.

“We went to this event with the sole intention of having a good time instead of being hell-bent on winning,” said Wright. “We didn't even know what we were going to do beforehand, other than the requirement to be able to carry a 125-pound dummy.” Having recently arrived, Wright saw the Army Space Command soldiers and decided to ask them to join in. “Most people do not even realize that there are Army soldiers on base,” added Buss.

Being on a base of nearly 2,000 airman makes the six soldiers from the 193rd Space Battalion, Colorado



Photos courtesy Army Space Command

An airman helps 2nd Lt. Keith Woodburn, 193rd Space Battalion, Army Space Command, put on a helmet and a life-pack prior to his obstacle course portion of the Fireman's Challenge held in Oman.

Army National Guard, quite invisible, but 2nd Lt. Keith Woodburn, Staff Sgt. Kent Brandsted and Sgt. Michael Hurley eagerly accepted Wright's offer. Each member had to compete in two events during the challenge, and all six had to take part in the last event together. In true team spirit, all Air Force members sported Army T-

shirts.

Starting off the six events, Hurley had to race a three-inch, fully-charged, fire hose 100 feet, then shoot water through a window until the bucket inside filled — striving for the speediest completion time. Buss then

See Challenge, Page 12

Greenback

Savings program: Consider it if you're deploying

by 2nd Lt. Suzanne Love
4th Finance Battalion

The finance office (located in building 1218/Welcome Center) has new customer service hours.

In-processing: Mondays, Tuesdays, Wednesdays and Fridays from 1 to 4 p.m. and Thursdays from 1 to 2:30 p.m. Address any finance issues to the finance personnel during the day one in-processing briefing.

Out-processing: Mondays, Tuesdays, Wednesdays and Fridays from 9 to 11 a.m. and Thursdays are closed. Only those soldiers whose names are on the Central Clearing list will be serviced during these hours.

Savings Deposit Program

Members of the Armed Forces serving outside the United States or its possessions under arduous conditions in connection with the Persian Gulf Conflict (i.e., Operation Enduring Freedom) or on permanent duty assignment outside the United States in support of a contingency operation are authorized to make deposits of unallotted current pay and allowances and earn interest.

As of Feb. 1, any servicemember serving in an assignment outside the United States or its possessions in support of Operation Enduring Freedom, in an area that has been designated a

combat zone, or as in direct support, is eligible to participate in the Savings Deposit Program after the member has served in that assignment for at least 30 consecutive days or at least one day for each of three consecutive months. For specific eligibility, contact your servicing finance office.

Limits — Deposits may not be more than the amount defined as unallotted current pay and allowances. Active Duty officers and enlisted members may make deposits into the Savings Deposit Program by allotment. The amounts of deposits are limited to "unallotted" current pay and allowances and will be in multiples of \$5. The maximum amount on which 10 percent interest is computed is \$10,000 (principle and accrued interest combined).

Taxes — Taxability of Interest Paid. Interest paid on the amounts deposited into the Savings Deposit Program is taxable.

Eligibility to make deposits ends — For the

Persian Gulf conflict, the 90-day limitation period begins on the day after the servicemember's entitlement for Imminent Danger Pay in the Persian Gulf area. For any exceptions, check with your servicing finance office.

Withdrawal of deposits — Emergency withdrawals may be made only when the health or welfare of a servicemember or his family members would be jeopardized if the withdrawal

was not granted (authorized by the servicemember's commanding officer).

Servicemember's in a missing status — Withdrawals may be made when directed by the Secretary of the Military Department concerned (or designee) when deemed in the best interest of the servicemember or his family members or the U. S. Government.

Discharge while eligible to make deposits — servicemember's eligible to make deposits who are discharged and immediately re-enlist, extend their enlistments, or who are discharged to accept a commission may not withdraw their deposits.

Accounts which have reached \$10,000 — In situations where the member's principle and interest on deposits reaches \$10,000, in any amount representing interest accruing in the account subsequent to that time which causes the \$10,000 total to be exceeded, may be withdrawn quarterly at the member's request.

Application to indebtedness for forfeiture. Savings deposits and interest thereon are exempt from liability for a servicemember's debts except for levies issued by the Internal Revenue Service in problem cases. This includes any indebtedness to the U. S. government or its agencies. Deposits are not subject to forfeiture by sentence of court-martial, and are not forfeited by desertion.

Note: There are many things to consider before participating in a Savings Deposit Program. For example, interest does not accrue on deposits during the period a member is in a desertion status. Also, Interest on deposits stops at the end of the month in which full repayment is made.

REDUX Bonus

A soldier could be shortchanged at the time of retirement or erroneously receive a bonus if the date he signed his military contract is wrong in his records.

The Army, however, is giving soldiers a chance to make sure their date of initial entry into military service, also known as DIEMS, is accurate. A DIEMS date is when a servicemember enters into a contract with the military. It could be when an enlisted soldier signed the delayed entry contract or when an officer signed an ROTC scholarship contract.

Breaks in service do not change a DIEMS date. The goal is to record the earliest date possible. DIEMS, however, should not be confused with the basic active service date, which is the date when a soldier enters active duty.

Both enlisted soldiers and officers can check their DIEMS date by going to the following Web site: www.perscom.army.mil/persinsd/dqmhome.htm.

Last January, 108 soldiers were given CSB bonuses, but because of wrong DIEMS dates they now owe the government \$30,000.

Only personnel at the Enlisted Records and Evaluation Center will be able to change dates for enlisted soldiers and the Officer Personnel Management Division will handle officer dates.

Soldiers can speed up the process by checking their Leave and Earning Statements under the DIEMS block. If the information is not correct, start locating verification documents such as contracts or letters from the West Point Academy.



Challenge

From Page 8

took her turn with the best of the two times counting for the team.

"The hose knocked the wind out of me as soon as I turned it on. I'm glad that someone from base fire was standing behind me," said Buss. The team started off well with the best time of all the teams.

Having watched the other teams in the first event, team "Army-Air Force" strategized that the key to the Fireman's Challenge was not so much speed and agility but rather thinking about what you were doing before doing it. With that in mind — and no rest breaks between events — they started off on the second event of rolling out three 50-foot sections of hose and connecting them before the entire team had to race to the end to shout "fighting fire" three times. They then had to reverse the process by dropping the hose, disconnecting it, and s-rolling the hose before dashing across the finish line.

Dressed in a fireman's helmet and bunker gear, Woodburn negotiated a traffic cone course with 50 feet of hose on his shoulder before dragging a roped truck tire 50 feet. Lastly he used a sledgehammer to drive a railroad tie three feet. Tagging his similarly dressed partner, Brandsted dragged a fire hose and had to shoot at two windows — fill-

ing two buckets — before hefting a 125-pound dummy and carrying it 100 feet.

Following the combined event, Hurley had to move a dummy 50 feet, drop it and drag another dummy back before tagging Buss to repeat the process.

One of the hardest events found Woodburn dressed again in helmet and a life pack, saddled with 50 feet of S-rolled hose on his shoulder and dragging another 250 feet of hose all the way till it was fully stretched. Then Woodburn had to run it back while Wright and Shields s-rolled the hose back up.

Finally, the entire team raced with canvas buckets to douse a roof designed to drain into a 55-gallon drum. The team quickly realized that they had to pace the water flow onto the roof since too much at once would overshoot the drain and waste time. Quickly they had it filled to the second ring on the barrel, and their challenge was complete.

"It was hard work," reflected Woodburn. "It was a good thing to break up the monotony of the day-in day-out work schedule here."

Competition was very tight throughout the challenge and team "Army-Air Force" took fourth place. Prizes for the team included 405th AEW T-shirts, mugs, coffee cups and key lanyards. The Fireman's Challenge was so popular that it will be a monthly base event. No doubt Team Army-Air Force will aim to improve their standing.



Photo courtesy Army Space Command
2nd Lt. Keith Woodburn, 193rd Space Battalion, Army Space Command, is cheered on by Senior Airman Heather Shields while he pounds a railroad tie three feet with a sledgehammer.

Community

Rape!

Help available for victims of sexual assault

by Spc. Matt Millham

14th Public Affairs Detachment

The stereotypical idea of rape goes something like this: girl meets stranger in dark alley, stranger rapes girl and leaves her for dead.

But much more grim is the reality that the majority of rapes are committed by acquaintances, friends, lovers and spouses, said Cari Davis, executive director of TESSA, a domestic and sexual assault victim advocacy group based in Colorado Springs.

Victims who face this form of violence are often afraid to come forward with it, especially if the situation involves people they know, said Jill Nugin, Fort Carson's Family Advocacy Program coordinator. But victims are not alone in facing this very serious and violent crime. The Fort Carson and Colorado Springs communities offer a number of discreet services to victims of domestic and sexual assault.

Recent allegations of sexual assaults at the Air Force Academy have grabbed the attention of lawmakers and women's advocate groups. TESSA has taken the limelight in providing advice, counseling and other help for victims in these and other cases in El Paso and Teller counties.

"Nobody deserves to be hurt or abused by their spouse, boyfriend, girlfriend — anyone," said Davis. "There are options available to help people."

"TESSA doesn't do anything a woman doesn't request," said Jeanne Koss, Fort Carson's Soldier and Family Readiness Program manager. "It doesn't force counseling, rape kits, prosecution. They provide guidance and options to victims."

"If you feel like you're being isolated from your friends or family or that the violence is escalating or that you're always walking on eggshells, we can help you get out of that situation," said Davis.

Fort Carson's Family Advocacy Program began its victim advocacy program to address spousal and intimate partner abuse, but the need arose in the Army community for that program to reach into other areas. Now, in addition to those categories, it addresses cases of rape and sexual abuse outside of relationships, said Koss.

The two full-time and five volunteer victim advocates at the Family Advocacy Program have gone through rape crisis training at TESSA. The training, about 30 to 50 hours of instruction, includes a basic introduction to domestic violence and sexual assault, what happens in the legal system, communication skills and cultural sensitivity, said Davis. "It is geared toward helping volunteers deal with victims of sexual assault and domestic violence," she said.

The quickest way to get in contact with the Family Advocacy Program following an assault is through a crisis beeper victims can call at any hour of any day for help, advice or just to talk, said Koss.

"When a victim of a sexual assault calls the beeper number, they are immediately called back by a victim advocate," said Koss. "The advocate makes sure that they are in a safe place. Some victims just



Photo illustration by Spc. Matt Millham

Nobody deserves to be hurt or abused. If you have been sexually assaulted there are many places that can provide counseling or therapy. The Fort Carson Family Advocacy Program is just one place. Call 577-3171 for help.

want to talk. Others want help in getting treatment."

"A lot of victims don't report an assault right away, but time is essential if legal action is to be carried out in the case of sexual assault," said Koss.

"Usually, evidence of a sexual assault does not last beyond 48 hours — beyond that, the most viable evidence in a sexual assault case is usually gone," said Nugin.

Women usually want to take their time in deciding what to do about a rape case, but time isn't something they can afford in making the decision, said Nugin. "You can't go back and get evidence later."

At a victim's request, advocates will escort them to Memorial Hospital to have a rape kit prepared or to court proceedings or interviews. Evans Army

Community Hospital does not provide rape kit services, but does provide crisis intervention and can contact the proper authorities in the case of assault. Victims who go to Evans for treatment will be transferred to Memorial Hospital for further evaluation.

"People who are assaulted or abused feel as if they are the only person

to whom this has happened and are often afraid to talk about it," said Koss. "When women come to see us, [sexual assault] is the last thing they want to talk about."

"The main thing is that you want women to get help," said Koss. "Our command climate, at the

upper levels anyway, is real supportive of holding offenders accountable."

Women don't have to file charges, but often active duty soldiers who are victims of assault will be encouraged by their command to press charges against an attacker, so some women are reluctant to report an assault, said Koss.

Though Evans does not provide some of the physical health services victims need following an assault, it does provide counseling and mental evaluations through Social Work Services. Anyone who has an identification card is eligible for voluntary treatment at Evans' Social Work Services, said Deborah Scholz, acting chief of Social Work Services. Unlike other services at the hospital, victims of sexual assault do not have to go through Tricare for an appointment, she said. Counseling services at the hospital are offered in both one-on-one and group settings.

"Not everyone fits the group," said Scholz.

Individual evaluations determine whether a group setting is advised for further counseling, she said.

Social Work Services also receives referrals from units for soldiers who are victims, said Scholz.

Armed with the tools to deal with the emotional aspect of sexual assault and, on a more fundamental level, domestic violence and sex crimes, victims can hopefully break the stereotypes associated with this violent crime. But until reluctant victims come forward and acknowledge their victimization, the misperception that rape is a crime carried out by sexual predators and deviant criminals will persist and future victims may feel equally uncomfortable coming forward to stop this violent trend.

Who to call

The Family Advocacy Program crisis beeper number is 577-3171. The phone number for the crisis line at TESSA is 633-3819.

Anyone needing any therapy for sexual assault can contact Social Work Services directly at 526-4585 or 526-5050 or TESSA at 633-1462.

Community Events

Claims against the estate of:

With deepest regrets to the family of Spc. Jose Ernesto Rodriguez, deceased. Anyone having claims against or indebtedness to his estate should contact Capt. Tommy D. Bowling Jr. at 524-2329 or 338-0994.

Taxes

Fort Carson Tax Center — The Fort Carson Tax Center, which offers free tax services, to include electronic filing, will be open from Monday to April 15, except for federal and training holidays.

Services offered:

- Refunds in 10 to 20 days at no cost
- Answers to tax refund questions
- Federal returns prepared while you wait
- Federal and state forms available for your convenience
- Federal returns filed electronically for the quickest refund

Hours of operation are Mondays, Tuesdays, Wednesdays and Fridays from 8 a.m. to 6 p.m., Thursdays from noon to 5 p.m., and Saturday, April 12 from 10 a.m. to 3 p.m.

Be sure to bring all W-2s and Social Security Cards for yourself and all family members.

Have the following if relevant:

- Form 1099 INT or DIV
- Information on child-care or Individual Retirement Account contributions
- Mortgage interest statement
- Sale of stocks, bonds or mutual funds
- Any other financial information
- Alimony paid or received
- Power of Attorney if filing for spouse, court orders for divorce or child custody

Visit the tax center at building 6264, off Albanese Loop (across from the Colorado Inn

and the Elkhorn Conference Center), or call 524-1012 or 524-1013.

Reward

Stolen equipment — Between Sept. 6 and Sept. 16, unknown person(s) by unknown means gained access to the Regimental Headquarters and Headquarters Troop, 3rd Armored Cavalry Regiment conference room, building 2352.

The person(s) pried away a locked security cable attached to a Toshiba data projector, model number TLP 450, serial number 69691451 and then stole the projector.

The Criminal Investigation Detachment is offering a \$200 reward for any information that leads to the recovery of the projector and successful conviction of the perpetrator(s).

Any information concerning the investigation should be provided to Special Agent Timothy E. Bombard, 48th Military Police Detachment, at 526-3579.

Red Cross

Dental program — applications are being accepted for the Red Cross Volunteer Dental Assistant Program beginning March 17. Applications can be picked up at the Red Cross office, building 1526, room 272, Mondays through Fridays from 8:30 a.m. to 4 p.m. Applicant interviews will be held Wednesday and classes begin April 7.

The dental assistant training program is open to military family members only (to include retirees). Must be 21 to apply.

For more information, call the American Red Cross at 526-2311.

Automotive Service Examination

Soldiers wanting to take the Automotive Service Examination must be registered for the test already. Three funded exams are available for servicemembers who intend to utilize test results for college and have, or previously held, a Military Occupational Specialty in the following automotive/mechanical service specialties: 52B, 52C, 52D, 61C, 62B, 63B-H, 63B-S, 63B-T, 63B-W and 63B-Y. Soldiers currently enrolled in an associate degree program in automotive technology are also eligible for three funded exams.

For more information, call 526-8071.

Financial Aid

A Financial Aid advisor is available Wednesdays from 10 a.m. to 2 p.m. at the Mountain Post Education Center, building 1117, room 160B. The advisor will provide information on Pell Grants and student loans in addition to assisting individuals in applying for grants and loans. For more information, contact Virginia Frazier at 526-5544.

Lady Golfers

Pete Ladies Golf Association meeting wel-

**Army Community Service
Family Readiness Center**
526-4590

NEW TO FORT CARSON? COME BY & GET AQUAINTED AT...

The Family Connection

6070 Berkeley Ave., Bldg. 1354, Fort Carson, CO 80913-4159 TEL 719-526-1070

WELCOME CENTER FOR FAMILIES

- Welcome Packets
- Newcomer Assistance
- ACS Loan Closet
- Family Readiness Group Info
- SHARE Colorado
- Homebuying Workshop
- Carson Cares Spouse Orientation
- Toy & Book Exchange
- E-mail Access
- Free Gift for Newly Arrived Spouses

For information, call 526-1070 or stop by Monday thru Friday, 8am to 4:30pm.

coming all lady golfers at the Peterson Golf Course April 3 at 8 a.m. For more information, call Linda Gram at 390-5101 or Doris Mick at 598-1300.

Child and Youth Services

There is a change in hours of operation for Child and Youth Services central registration office. Walk-in hours are from 7:30 a.m. to 5 p.m. Monday and Thursday. Appointment hours are 7:30 a.m. to 5 p.m. Tuesdays, Wednesdays and Fridays. There is now a clerk on duty every Saturday at the Youth Center, building 5950, from 8 a.m. to 4:30 p.m. You may register for any CYS program during this time.

The following is required to register: Up-to-date immunization record, health assessment, proof of income, three emergency designees, child's Social Security Number and an up-to-date physical. For more information, call Faye Wilburn at 526-8220.

Wanted by CID



Wanted for questioning in regards to forgery/larceny that occurred at the Fort Carson Post Exchange in September 2002.

Anyone with information concerning this person should call 524-1086.

Theft

From Page 1

There are several measures you can take to minimize your risk of identity theft, Jurden said.

"Closely monitor your bills to ensure you receive them on time. If you don't receive them when expected, call the billing companies immediately to ensure they haven't been diverted to a 'new address,'" he said.

Jurden also recommends shredding documents such as bills, bank statements and credit card offers before throwing them away.

Additionally, order a credit report

from each of the major credit reporting bureaus — Equifax, Experian and Trans Union — annually. By law, the bureaus can not charge more than \$9 for each report, and they may offer one for free. Even if they don't, spending \$27 now to discover false information could save you hundreds later.

Another way to protect yourself is to limit the identification information and credit and bank cards you carry in your purse or wallet to what's absolutely necessary, Jurden said. If your purse or wallet is lost or stolen, contact the credit bureaus and request that a fraud report be placed on your file.

Finally, "reconsider the number that

you use for your PINs. Street address numbers, social security numbers and birth dates aren't original and are easy for thieves to crack," Jurden said.

If you do become a victim of identity theft, take the following steps immediately.

File a report with the local police or the police where the theft took place. Obtain a copy of the report in case banks, credit card companies or others need proof of the crime later on.

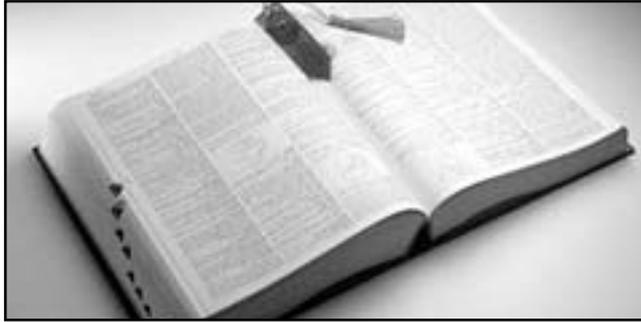
For any accounts that have been fraudulently accessed or opened, contact the security departments of the appropriate creditors or financial institutions, and close the accounts.

Be sure to also contact the fraud departments of the credit bureaus and report your identity stolen.

For assistance in mitigating the damage done to your good name and credit, you should contact the Legal Assistance Division, Jurden said. It can be reached at 526-5572.

A Web site maintained by the FTC can also provide more information about identity theft and help you clear your name. It can be found www.consumer.gov/idtheft/index.html.

Remember, no matter who you are, there may be someone who wants to be you. Protect yourself by safeguarding personal information.



Chapel

Special Fort Carson Lenten

Services:

Christian Ecumenical — Midweek devotions and lunch, 11:30 a.m. Wednesdays at Soldiers' Memorial Chapel.

Catholic — 5:30 p.m. Fridays beginning March 7—Soup/Bread Supper; 6 p.m. Fridays beginning March 7 - Stations of the Cross at Soldiers' Memorial Chapel.

Coming events at Prussman Chapel — *Thursday Night Community Prayer Meeting*, every Thursday at 7 p.m.; *Children and Youth Mini-Revival*, March 24 to 25 from 6:30 to 8:30 p.m.; *Children and Youth Music Workshop*, March 26 to 28 from 6:30 to 8:30 p.m.; and "*Christ in Passover*" Dinner and service is April 18.

SCUBA is coming — a "Super Cool Undersea Bible Adventure" or SCUBA, will be our 2003 Vacation Bible School June 16 to 20. Volunteers are need for station leader and crew leader positions. For information, call Dennis Scheck at 526-5626.

Chapel Schedule

Day	Time	Service	Chapel	Location	Contact Person
M-W-F	noon	Mass	Healer	Evans Army Hospital	Fr. Pat Battiato/526-5769
Tues., Wed., Thurs.	noon	Mass	Soldiers'	Nelson & Martinez	Chap. Stahl/526-5769
Saturday	5 p.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Stahl/526-5769
Sunday	8 a.m.	Mass	Prussman	Barkeley & Prussman	Chap. Stahl/526-5769
Sunday	9:30 a.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Stahl/526-5769
Sunday	10:45 a.m.	CCD	Soldiers'	Nelson & Martinez	Pat Treacy/526-5744
Sunday	11 a.m.	Mass	Healer	Evans Army Hospital	Chap. Stahl/526-7386
Sunday	12:15 p.m.	Mass	Provider	Barkeley & Ellis	Chap. Stahl/526-5769
PROTESTANT					
Sunday	9 a.m.	Protestant	Healer	Evans Army Hospital	Chap. Kincaid/526-7387
Sunday	9 a.m.	Protestant	Provider	Barkeley & Ellis	Chap. Satterfield
Sunday	9:30 a.m.	Contemporary	Veterans'	Magrath & Titus	Chap. Deppmeir/526-4416
Sunday	11 a.m.	Protestant	Soldiers'	Nelson & Martinez	Chap. Fox/526-8011
Sunday	11 a.m.	Prot./Gospel	Prussman	Barkeley & Prussman	Chap. Lee/526-4469
Sunday	9:30 a.m.	Sun. School	Soldiers'	Nelson & Martinez	Dr. Scheck/526-5626
Sunday	9:30 a.m.	Sun. School	Prussman	Barkeley & Prussman	Chap. Lee/526-2811
Tuesday	9 a.m.	PWOC	Soldiers'	Nelson & Martinez	Chap. Kincaid/526-8011
LUTHERAN					
Sunday	10:45 a.m.	Protestant	Provider	Barkeley & Ellis	Chap. Bauer/526-5279
JEWISH					
For information and a schedule of Jewish Sabbath services, call the U.S. Air Force Academy Cadet Chapel at 333-2636.					
WICCA					
Tuesdays	6:30 p.m.		Family University	Barkeley & Ellis	Information: 526-8013
For additional information, contact the Installation Chaplain's Office, building 1550, at 526-5209. Normally, free child-care is available during on-post worship services.					

Daily Bible readings: In order to assist in regular scripture reading, the following scriptures are recommended. These scriptures are part of the common daily lectionary which is designed to present the entire Bible over a three-year cycle.

Friday — Psalms 104 & Luke 4-5

Saturday — Psalms 105 & Luke 6-7 22-24

Sunday — Psalms 106 & Luke 8-9

Monday — Psalms 107 & Luke 10-11

Tuesday — Psalms 108 & Luke 12-13

Wednesday — Psalms 109 & Luke 14-15

Thursday — Psalms 110 & Luke 16-17

The Army Cycle Of Prayer — Each week the Office of the Army Chief of Chaplains will highlight Army units, the Army at large, the nation and religious organizations to focus prayer. You are invited to join with the chaplain community and pray for these individuals and organizations. Please pray this week for the following:

Unit: For the soldiers, families and leaders of the III Armored Corps (Phantom Warriors), headquartered at Fort Hood, Texas.

Army: For the dedicated officers, noncommissioned officers and soldiers of the Artillery Branch, whose regimental home is at Fort Sill, Okla.

State: For all soldiers and their families from the state of Oklahoma. Pray also for Gov. Frank Keating and the state legislators and municipal officials of the Sooner State.

Nation: For the thousands of employees of the National Park Service, whose stewardship of our lands ensures that Americans will always enjoy our bountiful natural treasures.

Religious: For the clergy and congregations of the African Methodist Episcopal Church, and for the chaplains endorsed for military ministry by that community of faith.

For more information on the Army Circle of Prayer, or to pray for items from previous weeks, visit the cycle's Web site at www.usarmychaplain.com.

Chaplain's Corner

Spring: Season of love is almost here

**Commentary by Chap. (Capt.) Steven R. Firtko
Support Squadron Chaplain**

The season of love is upon us. Valentines Day may have passed, but spring, known as the season of love, is just around the corner.

We hear many couples sharing the story of how they fell in love and how romantic it all is. But what is love really? What does it mean when we say we love someone? How should people in love look or behave toward one another? Keep reading to find answers to these perplexing questions.

As a chaplain, I've had the pleasure of performing the wedding of couples who have fallen in love with each other. Unfortunately, I've also had the sad duty of counseling couples who have fallen out of love, and were on their way to divorce. This type of love, which you fall into or out of, is based primarily on feelings and emotions, and we all know these things change from day to day. If we base our major life decisions and relationships on emotional things, then we're destined for a very rough ride. Those of you who have been married for a while know what I'm talking about. Some days you just love each other, and other days you can't stand one another. It's just human nature. There is another type of love, however, which is not based on feelings or emotions. Here is a description of it in I Corinthians 13: 4-7.

"Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It is not rude, is not self-seeking, it is not easily angered; it keeps no

record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. Love never fails."

This kind of love is unconditional and remains no matter what life brings our way. There will be both good times and also difficult times. Relationships can only stay strong through these storms of life if they are based on unconditional love. We must decide to love our spouse, our children and others. If we only love them when they treat us well or make us feel good, then it would seem to be a selfish type of love. Our love must remain strong no matter what they do or how they change.

If we have this type of unconditional love towards others, then the next step is to show it through our actions. We give of our time, our efforts, our resources and ourselves to express our love towards others. Sometimes this may even mean we must make a sacrifice to express our love toward one another. There is no greater love than to lay down one's life for another person. This is the ultimate price and expression of love. Love is truly an action word. Our actions become an indication of our heart and values. It's not just a feeling that we fall into or out of. Ideally, it's an unconditional lifelong decision we make toward those we care about.

My prayer for each of you is that you would share and experience this love from those around you, especially during this 'season of love.'

Chapel briefs

Young couples — There is a new study for young couples at Soldiers' Memorial Chapel, building 1500 (next to the PX), Sundays 9:30 a.m. This group is for couples with or without children. Child-care is provided free. If your spouse is deployed, come. This is for you. The group will discuss and explore topics of interest in and outside of the Bible. For information contact Soldiers' Memorial Chapel, 526-8011.

Native American Sweatlodge ceremonies (He Ska Akicita Inipi) are offered to military personnel, family members and Department of Defense personnel for traditional prayer and purification. Fasting before the ceremony is recommended and refreshments are offered following the ceremony. Call Michael Dunning at 382-5331 or (c) 330-9537 for ceremonial information and directions

Youth of the Chapel — Activities for Protestant and Catholic Middle School and High School Youth take place each Tuesday evening at 6 p.m. at Soldiers' Memorial Chapel. Protestant High School activities include Bible Studies Sundays at 9:30 a.m. and Tuesdays at 6 p.m. at Soldiers' Memorial Chapel. Catholic youth classes meet at 10:45 Sundays, Soldiers' Memorial Chapel.

Buckle up ...

Two choices — wear your seatbelt or get a ticket

Courtesy Provost Marshal Office

Seatbelts. Use 'em now or pay later.

Seatbelt use is not only mandatory on Fort Carson, but required, according to Colorado Revised Statutes. A message sent from the III Corps commander was a reminder to the entire community that seatbelt use is the easiest way to prevent a soldier's death. The majority of soldier fatalities and serious injuries are POV related, and most of those are due to soldiers' failure to use proper restraints. Here's the bottom line: No more warnings — you will receive a citation for violations.

Dog days

The Fort Carson Provost Marshal's Office hosted a police dog training seminar last week. Attending the five-day seminar, in addition to Fort Carson's own Military Working Dog teams, were dog teams and trainers from: Boulder County Sheriff's Office, Colorado Department of Corrections, the Air Force Academy, as well as the police departments of Colorado Springs, Canon City and Pueblo. Teams received training in narcotics and explosives detection, and advanced aggression techniques. The instructors: Jeff Hopkins of Canada's Regional Police Service, Mark Ficcamenti of the St. Paul, Minnesota Police Department, and Steve Smith of the Salem, Massachusetts Police Department are all nationally recognized expert dog trainers.

"The training has been top notch," said Sgt. Mario Beldiman, a Fort Carson handler attending the seminar, "but just as important are the partnerships

we've made with nearby agencies. This will open up a lot of new training opportunities in the future."

The Fort Carson Military Working Dog Section would like to thank all of the building supervisors that provided training areas throughout the week, without which this training would have not been possible.

The Military Police Blotter

Helpful hints from the vehicle registration office.

In order to register a vehicle, the customer needs to provide the following: a valid U.S. driver's license, a current registration, proof of a valid insurance policy and either a Department of Defense issued identification card or proof of employment on Fort Carson.

- If any of the documents are expired, they cannot be accepted.

- The Vehicle Identification Number on the insurance card is compared with the VIN on the registration. If you have more than one vehicle, ensure you bring the right insurance card.

- Proof-of-employment letters are turned down if they are not written correctly. If you are not sure what this letter needs to consist of, contact the Vehicle

Registration Office for either a faxed or e-mailed example.

- The Department of Defense Form 2220 (the registration decal) must be removed from the vehicle and returned to the vehicle registration office if the soldier is either completely separating from the Army or if the vehicle will be leaving the United States.

- Civilians that are resigning, been terminated, retiring or no longer have a contract, must remove and return the decals.

- If a soldier or civilian is clearing and needs to remove the decal but will still need access to Fort Carson for a short period of time (for example to complete clearing), we can issue a temporary pass that will allow them access to Fort Carson.

- If you have any questions, call the Fort Carson Vehicle Registration Office at 526-8216. If the applicant is prepared and has the proper documentation, then the registration process is much faster.

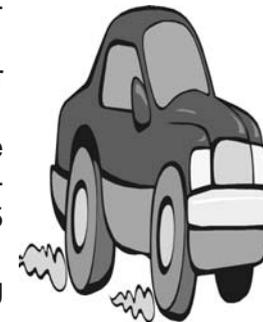
Parking around post

With the increased amount of vehicles on Fort Carson, you know authorized parking spaces are hard to find. Please assist by using a designated parking spot; allow grass to grow and keep walkways clear. Enforcement is being done daily.

Traffic roll up

In the past two weeks, there were 157 total citations:

- 36 for speeding
- 27 for failure to use seatbelts (\$15 each)
- 5 for parking violations
- 89 for other violations (e.g.: malfunctioning equipment, lack of insurance or registration, expired plates and improper vehicle operation)



Women's History Month honors ...

WOMEN *who* DARED



These Carson Women's Army Corps, members of the National Rifle Association, practice marksmanship skills. From left, Pvt. Carol Kerr, photographer, Pvt. Lacita Warburton, of the unit personnel office, and Tec. 5 Leona Gallagher were women assigned to Fort Carson in 1944.



Photos courtesy of past *Mountaineer* newspapers
A female soldier drives a peg for her pup tent at Fort Carson during a field exercise in 1943.

by Sgt. Melissa Bernazzani
14th Public Affairs Detachment

“You gain strength, courage and confidence by every experience in which you really stop to look fear in the face,” said Eleanor Roosevelt, former first lady and advocate of women's rights, 1884 to 1962.

Looking fear in the face and daring to overcome obstacles are what many women do everyday and have done in the past to shape America's future.

Fort Carson celebrated Women's History Month at Peterson Air Force Base along with the Colorado Springs community and Equal Opportunity Office representatives Monday.

Women's History Month has been observed nationally since 1987 and continues to be a month dedicated to educating the nation about women's achievements.

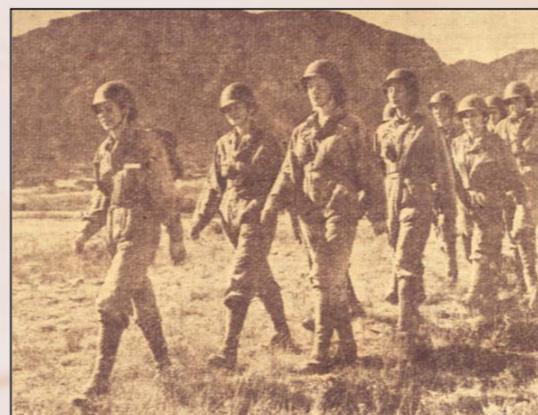
This year's theme "Women Pioneering the Future" focuses on what pioneering women have accomplished through adversity in the past to expand the frontiers for future generations.

"Women have played a major role throughout history. They've made important accomplishments in every aspect of life and this is just a day so we can recognize the accomplishments of some of the women who have enhanced our way of life," said Master Sgt. Samuel Ramos, Fort Carson Equal Opportunity noncommissioned officer in charge.

Women continually make profound contributions, not only to the nation, but also to the U.S. military shaping American history.

Since the American Revolution and the founding of the U.S. Army in 1775, women have served on many battlefields for the nation according to The Women's Memorial, Arlington National Cemetery.

Although women have fought, died and defended America, they were not entirely recognized as military servicemembers, soldiers, sailors, marines or airmen, until 1948 when the Women's Armed Services Integration Act granted women a permanent status in the regular and reserve forces.



Lt. Marita Chambers leads these female soldiers and nurses on a foot march near Fort Carson in 1943.

Throughout history, women have driven to the ends challenging the norms to encourage change, but there is still an untouched road ahead.

Only six years ago, the first woman was promoted to lieutenant general in the Army, but today, none have yet reached the leadership role as a four-star general or even president.

But out of all those who vote in America, women exceed men 8.6 million, according to 'The Roots of Women's Rights,' www.infoplease.com. There are still many steps to take on the climb to equality between women and men.

Although 90 percent of all career fields in the military are open to women, there are approximately 14.8 percent of active duty servicemembers who are women, according to 2002 statistics from The Women's Memorial, Arlington National Cemetery.

Since the 19th Amendment to the Constitution was signed in 1920 granting women the right to vote, women have continued to make a difference in changing American history and its perception of women.

In 1893, Colorado was the first state to adopt an amendment granting women the right to vote, according to 'Women's Rights Movement in the U.S.' timeline, www.infoplease.com.

"This was a great day, and I appreciate the fact that Army Space Command and Fort Carson, and the Pikes Peak community have contributed to this day. It's certainly an important event and an important day to remember the contribution that women have made and will continue to make to our military and our nation," said Brig. Gen. Robert J. Reese, deputy commanding general of Fort Carson and 7th Infantry Division.

Women's History Month is just one moment out of the year to remind Americans of the contributions women have made in shaping and building our freedoms.

But every day can be a remembrance of these accomplishments and give every American, whether man or woman, the courage and confidence to stare fear in the face and make a difference.



Tech. Sgt. Carol E. Kerr, a former *Mountaineer* photographer, was one of the many female soldiers assigned to Fort Carson Feb. 8, 1946.



Fort Carson nurses, (from left) Lts. Ann Reed, Pauline E. Billings, Lucille Murphy and Gladys Berken, practice map reading April 20, 1944.



American Revolution (1775 to 1783)

Women serve on the battlefield as nurses, water bearers, cooks, laundresses and sabateurs.

Mexican War (1846 to 1848)

Elizabeth Newcome enlists in Company D of the Missouri Volunteer Infantry as Bill Newcome.

Civil War (1861 to 1865)

Women provide casualty care and nursing to Union and Confederate troops.

Spanish-American War (1898)

The Army appoints Dr. Anita Newcomb McGee Acting Assistant Surgeon General, making her the first woman to hold the position.

Army Nurse Corps is established (1901)



World War I (1917 to 1918)

21,480 Army nurses serve in military hospitals in the United States and overseas.

World War II (1941 to 1945)

More than 60,000 nurses serve stateside and overseas. Army establishes Women's Army Auxiliary Corps in 1942, which is converted to Women's Army Corps in 1943. The Women's Airforce Service Pilots are organized.

The Women's Armed Services Integration Act (1948)

grants women permanent status in the regular and reserve forces.

For the first time, a woman fighter pilot (1998)

delivers a payload of missiles and laser-guided bombs in combat. She is in the first wave of U.S. strikes against Iraq in Operation Desert Fox.

The Army promotes the first woman (2001)

to brigadier general in the Judge Advocate General Corps. She is also the first Asian-Pacific-American promoted to brigadier general.



Out & About

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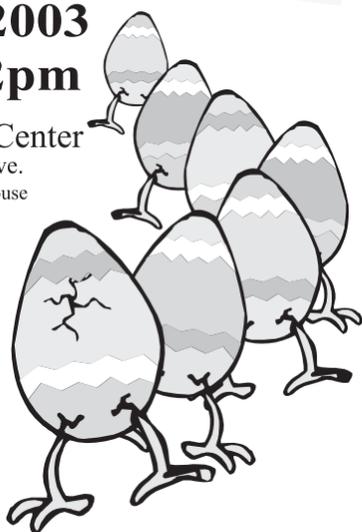
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Shuttle will depart
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Sports & Leisure

Fogle sets sights on another boxing title

by Bill Scharton
Mountaineer staff

He took the dare and never looked back.

In 1993, Julius Fogle and his teammates had just won the post intramural basketball championship at Fort Campbell, Ky. While bragging and boasting about the intramural basketball title, Fogle received a challenge from another soldier regarding the sport of boxing.

"It was like, 'if you think you're such a good athlete, why don't you give boxing a try,'" Fogle said. There happened to be an open boxing tournament soon after and Fogle took the challenge and entered the tournament.

For Fogle, it was his first appearance in the ring. He did all right. He won his weight division, but he said the competition was a little thin, and his performance was not too impressive. However, the post boxing coach was the referee for his title bout and evidently was impressed enough to ask Fogle to try out for the Fort Campbell boxing team.

At that point in time, current Army World Class Athlete Program assistant boxing coach George Cofield was also a soldier/boxer at Fort Campbell. Cofield said the boxing coach, John Lilly, did not think highly of Fogle's boxing skills at the beginning.

"Coach did not like Fogle very much when he first started training," said Cofield. "He thought Fogle ran too much, and this was not Coach Lilly's favorite style of boxing. I thought Fogle could develop into a pretty good boxer with good training and coaching."

He remained on the team, and it turned out to be true.

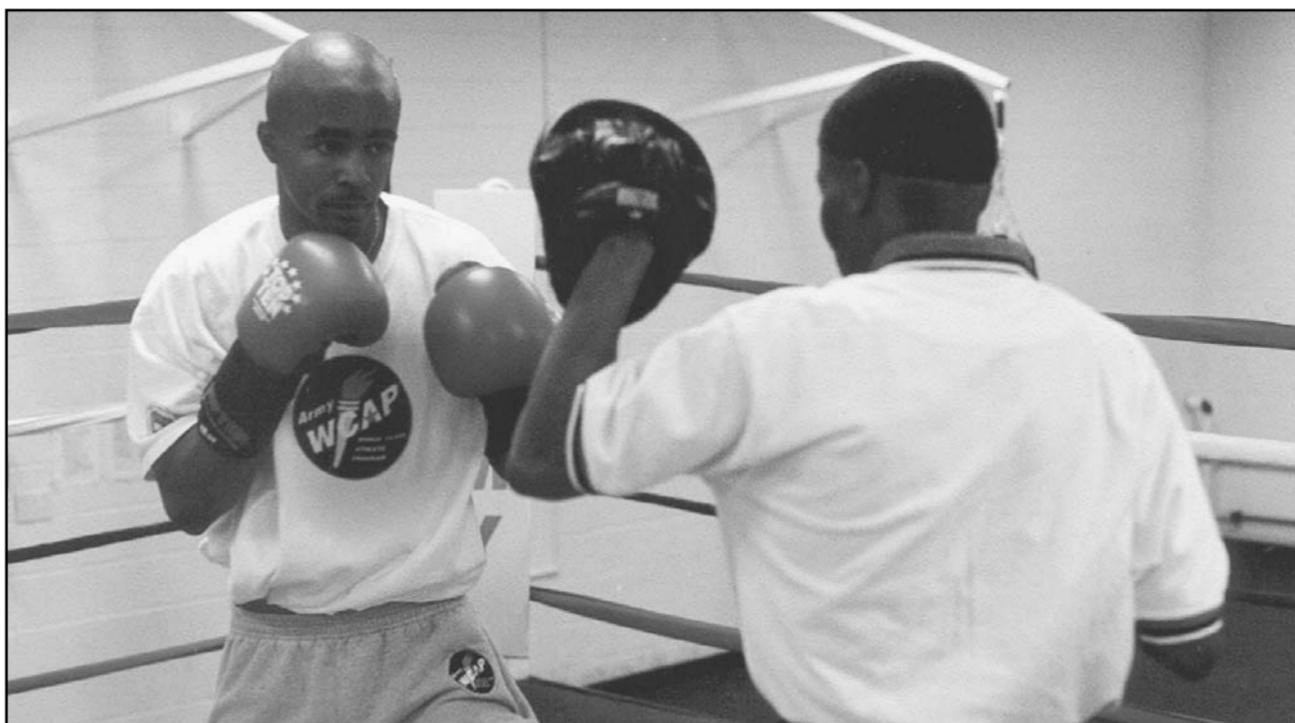
Before boxing, Fogle spent the first 10 years of his life in New York City (Manhattan). At the age of 10, he moved to Houston, Texas. He graduated from Houston's Westbury High School in 1989.

During his high school years, he played football and basketball and ran track. Fogle also was a band member and played the trumpet, baritone and French horn. He still toots his trumpet on occasion.

Fogle enlisted in the Army in 1990, but boxing did not enter the picture until the open smoker tournament at Fort Campbell in 1993. From that point on, he has demonstrated consistent and steady progress as a boxer.

Fogle was a member of the Fort Campbell boxing team in 1993 and 1994. He attended his first All-Army Trial Boxing Camp in 1994 and lost in a preliminary bout. He remained determined, and in 1995, Fogle captured bronze at the trial camp and joined the Army WCAP Boxing Team full time. The Army WCAP Boxing Team trained at Fort Huachuca, Ariz., at the time.

In 1996, Fogle won silver at the trial camp. The Army WCAP Boxing Team moved its training head-



Photos by Bill Scharton

Defending national champion Julius Fogle concentrates during some one-on-one training with Army World Class Athlete Program head boxing coach Basheer Abdullah. Coach Abdullah, Fogle and the rest of the Army Boxing Team will be seeking their first team title since 1992 next week at the 2003 USA Boxing National Championships.

quarters to Fort Carson in 1997. Fogle started hauling in the gold medals that same year.

He captured All-Army gold in 1997 and has won gold every year since then, including 2003. He also won Armed Forces gold in 1997.

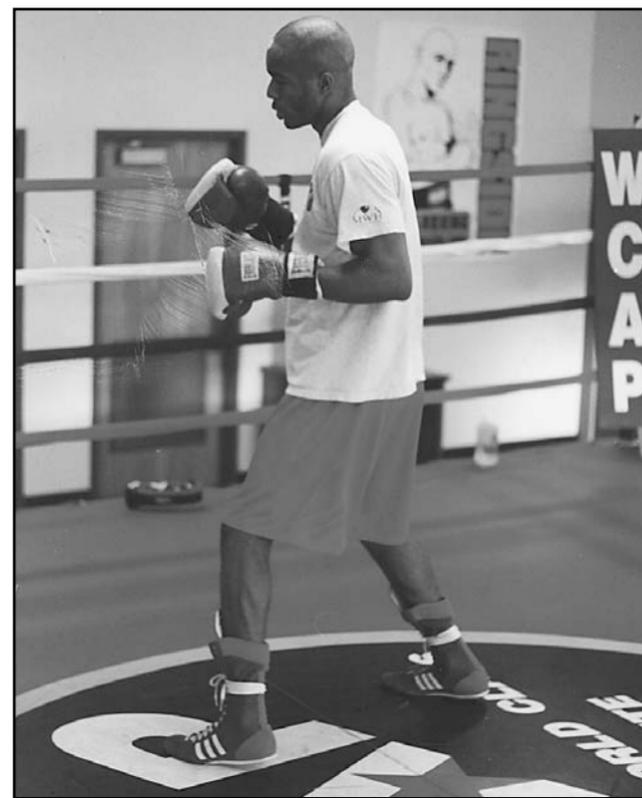
Fogle's progress and success at the national level continued in a positive direction as well. Last year, he reached his high point thus far with gold medal performances at the USA National Boxing Championships and the U.S. Challenge.

When the 2003 USA Boxing National Championships gets under way Monday at the Olympic Training Center in Colorado Springs, Fogle will be battling to defend his national title. The rest of his Army teammates will also be there and will be gunning for a team title that has eluded Army since 1992.

Fogle is 31, and his goals are in place for the rest of this year and 2004. He will be seeking another national title, U.S. Challenge title, and if successful with both endeavors, will go hunting for a World Championship in August. In 2004, the ultimate goal will be Olympic Gold.

"After my boxing career comes to an end, I would like to coach and stay involved with the Army WCAP Boxing Team," said Fogle. "It has been a great experience for me, and I would like to help keep the program at a consistently high level."

Until that time arrives, he still has some unfinished business.



Julius Fogle will be battling to defend his national championship at 165 pounds when the 2003 USA Boxing National Championships get under way Monday at the Olympic Training Center in Colorado Springs. Fogle and Army teammate Rondale Mason both captured national crowns in 2002.

Julius Fogle's 2002 boxing record

USA vs. Dominican Republic II: lost on points to Joel Castillo, Dominican Republic, 24-19

USA vs. Dominican Republic I: decision Guillermo Reyes, Dominican Republic, 29-18

National PAL Championships: stopped Mikiyas Kebede, RSC-4, in first round; decision Mike Martinez, 9-8, in quarterfinals; lost on points to Curtis Jones, 4-2, in semifinals for 3rd.

Juan Evangelista Venegas Tournament: won on walkover over Cesar Bonilla, PUR
Jose "Cheo" Aponte Tournament: deci-

sion Cesar Bonilla, PUR-A, 22-9, in semis; stopped Jesus Ortiz, PUR, RSCO-3, for 1st

World Cup: lost to Somebai Chimlum, THA; lost on points to Iuliam Gheorge Ilie, ROM, 17-5, in preliminaries.

U.S. Challenge: decision Leon Hinds, 12-9, semifinals; decision Mike Martinez, 5-3, in finals for 1st.

Everlast U.S. National Championships: decision Bradley Lawson, 15-5, in first round;

decision Shawn Murphy, 27-3, in second round; decision Roderick Prevost, 13-8, in quarterfinals; decision Donyil Livingston, 13-6, in semifinals; decision Mike Martinez, 10-6, in finals for 1st.

Armed Forces Championship: decision A. Landrau, Air Force, in semifinals; decision Roderick Prevost, Marines, in finals for 1st.

All-Army Championships: decision Robert Judge, 33-13, in semifinals; decision Clarence Joseph, 27-23, in finals for 1st.



Eagles' wrestler has 9-2 overall season

by Bill Scharton
Mountaineer staff

Emanuel Taylor, an eighth grade student at Carson Middle School, decided to give wrestling a try for the first time this season.

This try turned into an outstanding campaign for the 165-pound Taylor. He put together a 7-1 regular season record and a 9-2 overall mark. His only two setbacks came against the same tough opponent from Florence Middle School.

"I decided to give wrestling a try to see if I was any good at it," said Taylor. "I guess I did better than some of the guys who had wrestled for a long time."

Taylor also played football for the Eagles and plans to run track this spring. "I think I will do the sprints and long jump," Taylor said.

Taylor has played basketball in the past, but decided that wrestling would be his sport of choice this winter. When he reaches the high school level, he will again have to make a choice between basketball and wrestling. According to Taylor, he has already made up his mind.

"I am going to wrestle in high school," said Taylor. "It was more fun."

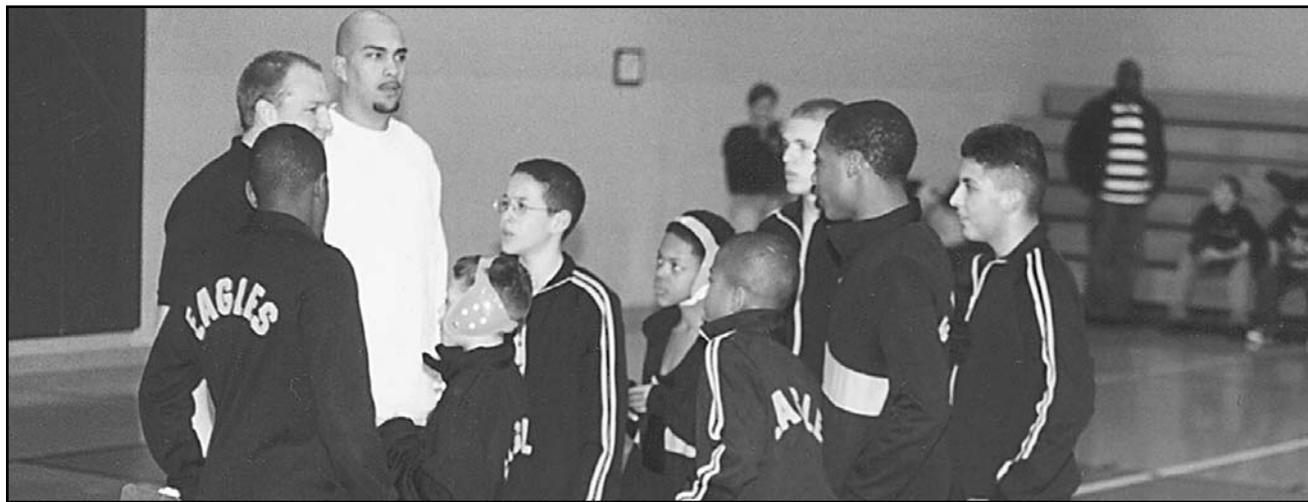
The Eagles' wrestling team had a rough regular season but performed well in the post-season tournament Saturday according to head coach Jeremy Cipiti.

"The guys did a really good job at the tournament," said Cipiti. "We placed fifth out of nine teams in the small school division."

The Eagles were severely hampered by the fact that the team had only nine wrestlers on the roster. In middle school wrestling competition, 20 weight divisions are

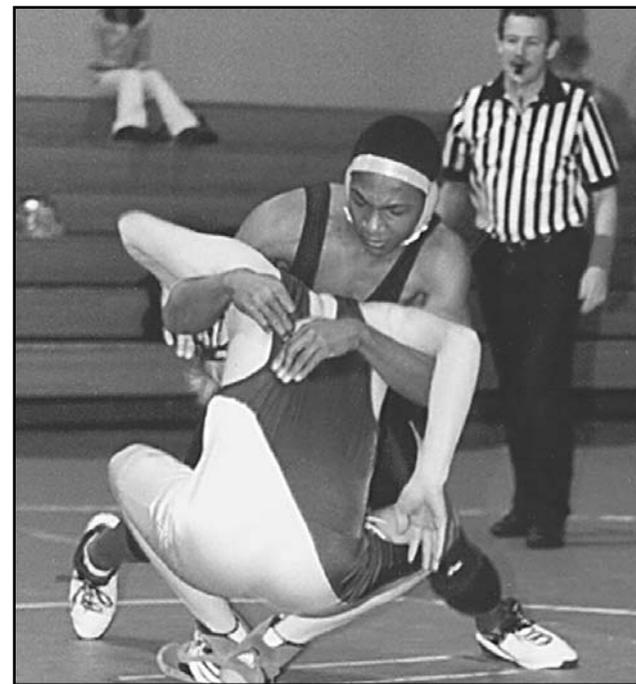
contested.

The Eagles' wrestlers who placed in the post-season tournament were: Jesse Grantham (70 pounds), second place; Dominique Staples (75 pounds), first place; Aaron Harris (80 pounds), fourth place; Tim Deeren (130 pounds), third place; Donny Terrazas (135 pounds), third place; Adrian Martinez (150 pounds), third place; Emanuel Taylor (165 pounds), second place; and Graylyn Surratt (185 pounds), third place.



Carson Middle School head wrestling coach Jeremy Cipiti and assistant coach Justin Arnell (white shirt) give the Eagles' wrestling team a pep talk prior to a home match this season. The Eagles had a rough regular season campaign but performed well in the post-season tournament by placing fifth out of nine teams.

photos by Bill Scharton



Eagles' wrestler Emanuel Taylor (top), a 165-pounder, gets ready to put another opponent on his back during the 2003 wrestling campaign. Taylor posted a 7-1 record (all seven wins by pin) during the regular season and a 9-2 overall mark.

Many hats ...

Assistant boxing coach pulls double duty

by Bill Scharton
Mountaineer staff

George Cofield will be wearing a couple of different hats Monday when the 2003 USA Boxing National Championships get started.

The national boxing tournament is slated to run Monday through Friday (title matches) at the Olympic Training Center in Colorado Springs.

Cofield, an Army World Class Athlete Program boxing team assistant coach at Fort Carson, will also be coaching the Four Corners regional team at the national tournament.

This duty landed on his shoulders after he coached the Colorado state boxing team to a first place regional finish two weeks ago.

Cofield will be in charge of a full team of boxers representing the Four Corners region.

The Four Corners regional team will have boxers from Colorado (5), Arizona (4), New Mexico (1) and Utah (1). Included on this team will be two boxers from the Army WCAP Boxing Team at Fort Carson. They are Mahlon Kerwick, 132 pounds, and Clarence Joseph, 165 pounds.

So what happens if two Army boxers square off against each other at the national tournament. "If that happens, I just sit back and watch," said Cofield. "We let some of the other boxers work the corner if this takes place."

The Army Boxing Team and the Four Corners regional team will be battling 16 other teams for the team championship at the national tournament. This will include squads from the Marine Corps, Navy and Air Force.

Cofield is looking forward to the coaching experience at the national event this year.

He will add it to his resume and is hoping it will help land him the head coaching position with the Army WCAP Boxing Team in the future.

"We try to groom and promote within the ranks if at all possible," Cofield said.

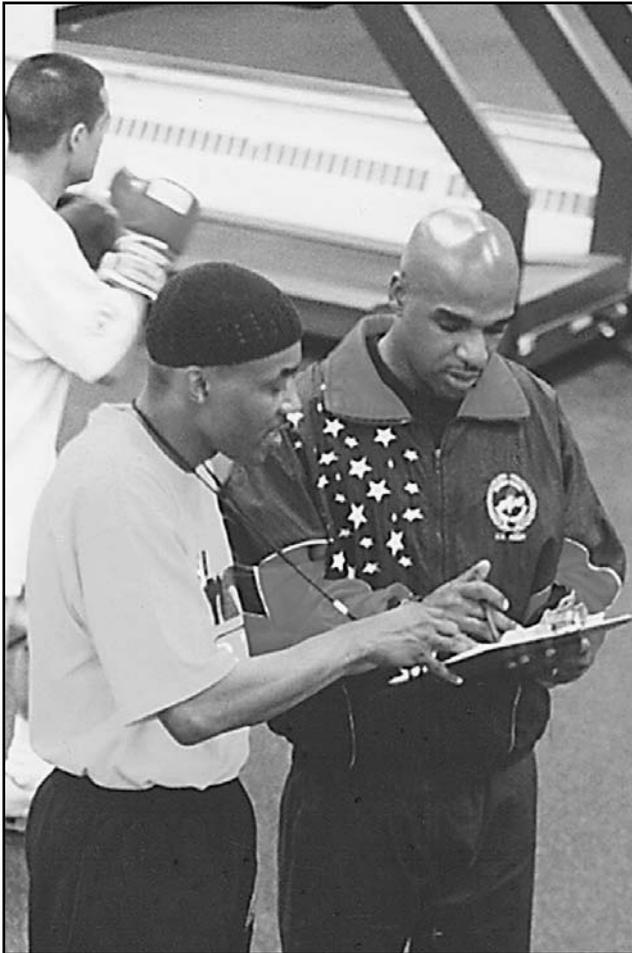


Photo by Bill Scharton

Army World Class Athlete Program head boxing coach Basheer Abdullah, left, and assistant coach George Cofield work on training plans at the Fort Carson WCAP boxing facility, the "House of Pain."

2003 USA Boxing National Championships

The national boxing tournament is slated to run Monday through Friday (title matches) at the Olympic Training Center in Colorado Springs.

Wrestlers from the World Class Athlete Program Boxing Team at Fort Carson are Mahlon Kerwick, 132 pounds, and Clarence Joseph, 165 pounds.



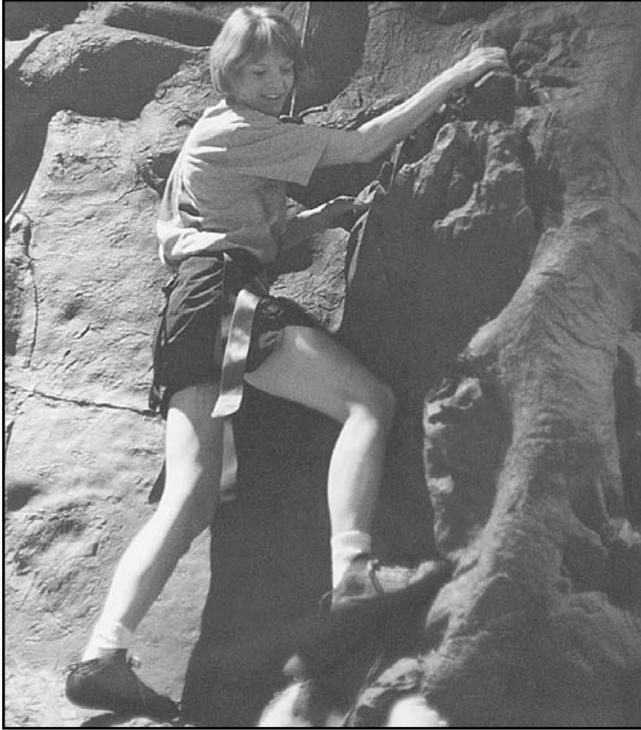


Photo by Bill Scharton

Victoria Marquis looks down in order to determine how high up she is on the climbing wall.

Rock climbing class

The ON BELAY! introductory rock climbing class is an adventure program that takes place at the Outdoor Recreation Center. The class teaches knots, techniques of belaying and climbing communication and certifies participants to climb the indoor and outdoor climbing walls at the center. The introduction class also provides preparation for the Outdoor Climbing class.

The upcoming dates for this introductory rock climbing class are April 10 and 24, May 1 and 29, June 12 and 26, July 17 and 31, Aug. 14 and 28 and Sept. 11 and 25.

Army racing teams vie in Winston Cup at Darlington

Army News Service

WASHINGTON — A broken part and a piece of debris on the track ruined what started out as a good race for the Army and National Guard Winston Cup racing teams March 16 in Darlington, S.C.

Jerry Nadeau, driving U.S. Army No. 1, and Todd Bodine, driving National Guard No. 54, both did well in qualifying for the Carolina Dodge Dealers 400 at Darlington Raceway, but both had disappointing finishes.

Nadeau qualified third and was consistently one of the front-runners in the early stages of the race. That changed suddenly when the Army car started smoking, forcing Nadeau to make a pit stop.

The U.S. Army pit crew quickly determined that the problem was a broken oil pressure fitting, stated Nadeau's official Web site. The part only costs \$10, but the repairs cost the team time, eight laps worth of time.

"That put us out of the race," said Nadeau. "It was really unfortunate because we had one great racecar this weekend."

The U.S. Army team ended the race in 35th place out of 43.

Bodine, driving the National Guard car, qualified 10th for the race. This was his career best start, according to Bodine's official Web site. Unfortunately, he was only able to finish 22 of the race's 293 laps.

In turn four of the 23rd lap, Bodine crashed after running over a piece of debris and flattening his front-right tire, stated Bodine's Web site. The National Guard car was so badly damaged it could not continue the race and ended up in last place.

"It's just racing," Bodine said. "It's a shame because we were coming off such a good qualifying run here and we were looking to back it up with a similar end result."

Ricky Craven won the race, beating Kurt Busch by two-thousandths of a second.

The U.S. Army car and the National Guard car are entered

in the next Winston Cup race, the Food City 500 at the Bristol Motor Speedway, Bristol, Tenn., March 23.

Editor's note: Compiled by Bruce Anderson from news releases and Web reports.



Many sports-related eye injuries are preventable

**U.S. Army Center for
Health Promotion and
Preventive Medicine Release**

While nearly 90 percent of all sports-related eye injuries are preventable, sports eye safety is often at the bottom of a team's or individual's priority list, if it is there at all, announces the Tri-Service Vision Conservation and Readiness Program Office, at the U.S. Army Center for Health Promotion and Preventive Medicine, Aberdeen Proving Ground, Md.

According to Prevent Blindness America, more than 40,000 eye injuries occur annually in sports and recreational activities. Many eye-care professionals estimate three to six times as many eye injuries go unreported. More than half of these injuries are to children. Yet, only a handful of sports organizations mandate the use of eye and face protection to young athletes.

"Children are often injured in sports because they are not as fast, as accurate, or as experienced as their adult counterparts," says Lt. Col. David Hsieh, TVCRP manager. "When youngsters are under pressure to react quickly, they may throw wild pitches, dodge the wrong way, or kick in the wrong direction." Sports eye injuries may include bruises around the eyes shattered facial bones, retinal detachment, and even permanent vision loss.

Not surprisingly, basketball is now the leading cause of sports eye injuries for both children and adults. Baseball follows at a close second. Swimming and pool sports are ranked third. "Within the next decade, the number of sports eye injuries could increase because more Americans are moving toward a more active lifestyle," notes Hsieh. "As Americans become more active, sports eye injuries will continue to climb if people do not take the necessary steps to protect themselves."

Participants in any sport involving moving objects such as balls, elbows, hands, or racquets should use eye and face protection. The TVCRP advises parents, coaches, and individuals to require and use eye and face protection appropriate for the sport. The TVCRP is offering free information about sports eye safety and how to choose proper eye protection for specific sports.



Photo by Sgt. Roy Gomez

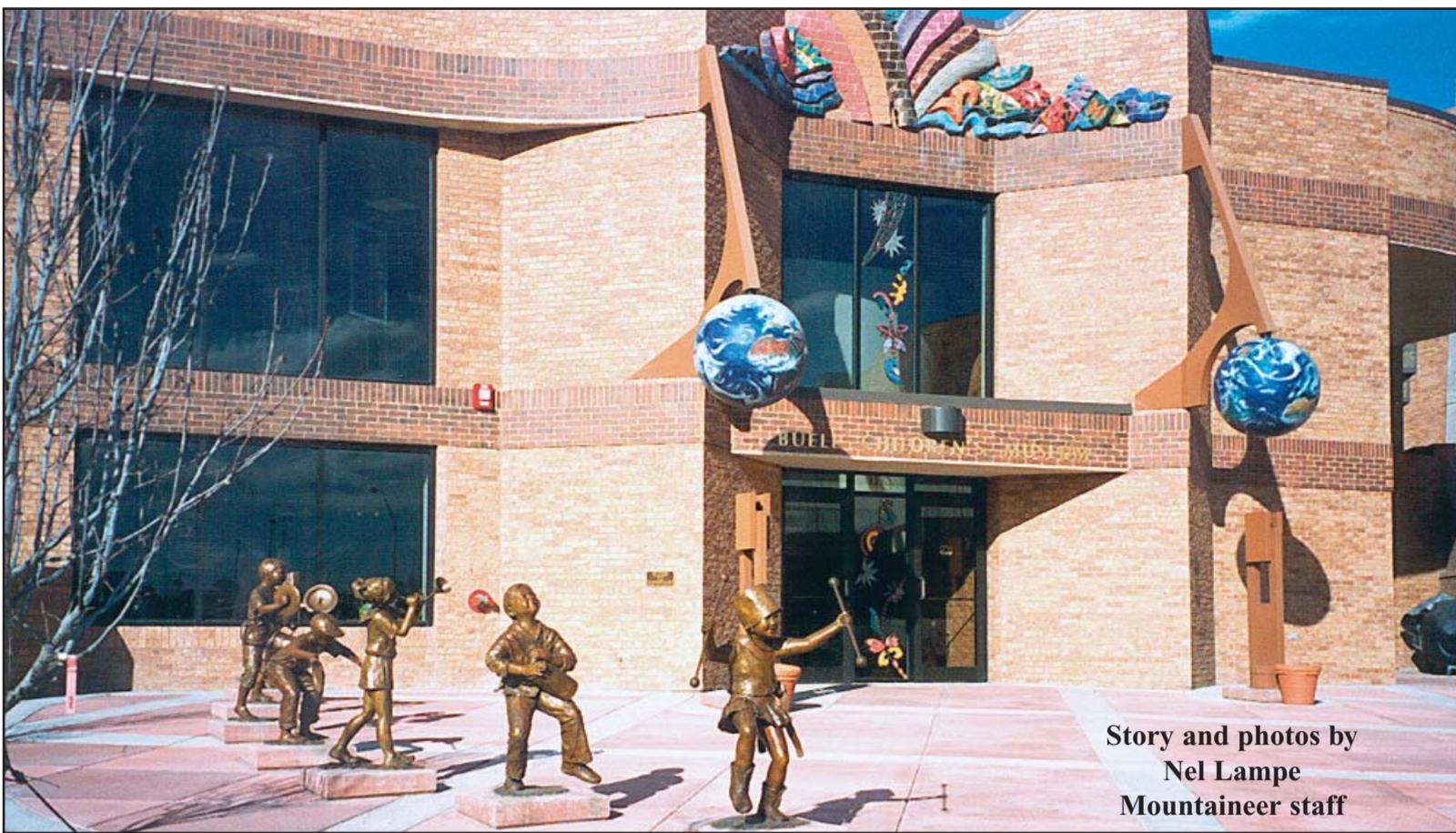
Surviving the storm ...

Spc. Jeff Vangundy, 4th Engineer Battalion, works on his abdominal muscles at Forrest Physical Fitness Center Wednesday. Soldiers kept in shape even as a blizzard blew through Fort Carson.



Places to see in the Pikes Peak area.

March 21, 2003



Story and photos by
Nel Lampe
Mountaineer staff

Buell Children's Museum is designed with children in mind, from the fanciful three-dimensional sculpture over the entrance to the playful statues of children on the colorful terrace.

Pueblo children's museum is a jewel

A superb children's museum is just 40 miles down the interstate in downtown Pueblo. It's one of the best museums in the country, according to Child Magazine, February 2002 issue, which named Buell Children's Museum as runner up for the best children's museum specializing in art in the nation.

Visitors approaching the entrance from the free parking lot nearby will realize this museum is a special one. Sculptures of frolicking children and a carousel horse catch the attention of young visitors. A brick three-dimensional sculpture marks the entrance and is flanked by two large globes.

The wide terrace is criss-crossed in pink and gray, with wide, curving sidewalks.

Once inside, visitors are greeted and directed to on-going activities and exhibits.

Exhibits emphasize art, history and science and are geared mostly for children ages 3 to 13. However, the barn area interests younger children and visitors of all ages which can be seen throughout the museum, using a computer, helping create an artistic masterpiece in the "artrageous" exhibit or enjoying a show in the theater.

Many times a children's museum is crowded into existing space, but not Buell Children's Museum. It was designed as a children's museum and opened in June 2000. It is a light, bright and airy 12,000 square-foot building with a children's theater, state of the art interactive exhibits and a very popular "artrageous" work station where "masterpieces" are made from recycled scrap items.

The Lizard Lounge is filled with brightly colored lizard-shaped pillows, providing a lounging place for children



A visitor runs a remote car around a track littered with art during an exhibit featuring works by Degas. The museum uses activities to expose children to works of art.



Cliff Kelley relaxes with a book in the colorful "Lizard Lounge" in Buell Children's Museum in Pueblo.

to curl up with a book.

Other treats for the children to enjoy are the special rotating exhibits which come and go at the museum. These exhibits are designed to compliment the Sangre de Cristo Arts Center exhibits. The Sangre de Cristo Arts and Conference Center is attached to the children's museum. Presently in the art gallery are the exhibits "Magic Realism: A New Generation." The

complimenting hands-on exhibit in the Buell Children's Museum is "Abracadabra Weaving the Magic Of Who We Are." It is at the museum through May 31. The children's activities include creating a house of cards, learning magic tricks and magically conducting an orchestra. There are also puzzles, building blocks, children's art displayed and a mirror activity.

Children's museum

From Page 25

Featured in the El Pomar Magic Carpet Theater is a documentary about beaver families. Sometimes a magic show or other live presentations may be featured.

Presently, children are able to create and name their own crayon color in the "artrageous" hands-on exhibit.

The Buell Children's Museum is one of only 15 sites in the nation chosen as a Crayola Dream-Maker site. The museum is host to special exhibits created by the Crayola company, Binney and Smith, which are to draw attention to the role art plays in the development of children's imagination, thinking skills and learning.

The museum is named for a Denver philanthropist, Temple Hoyne Buell, whose foundation gave \$1 million for the building project. Other funds were raised by donations and grants from other organizations and individuals. Construction took about a year to complete and cost about \$3 million.

A small children's museum was previously located in the Sangre de Cristo Arts Center.

It's easy to spend the better part of the day at Buell Children's Museum. And the "Kid Rock Café" near the entrance makes it easy to enjoy a snack or light lunch without leaving the building.



Interactive computers are very popular with young museum visitors.



The King Kong Kaleidoscope draws the interest of museum visitors.

The café has an affordable menu: a taco, tostado or burrito is less than \$1, and sides of beans and rice are available. A hot dog, grilled cheese or peanut butter and jelly sandwich with a side of chips cost \$1.75. A hamburger, cheeseburger or half a sandwich and a cup of soup are about \$4. Soft drinks are \$1. Lunch is served from 11 a.m. until 2 p.m.

Whether or not you stop for lunch, stop by the café and look for "Sir Gregory," a real suit of armor dating from the 17th century. The knight watches over the café from a lofty perch. The Gothic-style armor was made by hand and weighs about 40 pounds. It was in Buell's Denver office and was donated to the arts center by the Buell Foundation.

The museum is filled with things to touch, explore and examine. Interactive computers beckon to children as does the Kaleidoscope Gallery.

The Kaleidoscope Gallery contains ever-changing exhibits — always something new. But the centerpiece of the exhibit is a hands-on King Kong Kaleidoscope. Sir David Brewster of Scotland was awarded the patent for his invention, the kaleidoscope. The King Kong Kaleidoscope was custom made for the children's museum.

The special place for younger children — those under age 4 — is the Buell Baby Barn. Located in the front of the building on the second floor, the barnyard setting is a treat for children. With its own "tree" and farmyard animals galore, children have fun and play, while parents can interact or just watch from the nearby bench.

Next door to the baby barn is a nursery where parents of infants can retreat if need be to tend or change the baby. The nursery has its own rocking chair.

The Reilly Family Gallery, back on the lower level, provides interactive space for the whole family.

A kinetic sculpture attracts visitors who are fascinated by the motion.

Another exhibit, called Sensations, provides children with a tour through a broad array of Colorado's life zones — depicting habitats, plants, birds and animals with video, smells and sound



The Buell Baby Barn draws the attention of young children and their parents.



A visitor at Buell Children's Museum collects materials from an attendant to make her own art project.

contributing realism to the experience.

Plan to stay several hours at the museum. Children usually get engrossed in their projects, the computers and other activities, and will want to stay as long as they can.

A small gift shop behind the welcome desk provides an opportunity for visitors to take home a souvenir. Many items are reasonably priced, such as pens, toys and games. There are also T-shirts, educational games and toys.

Try to plan some time to see the Helen T. White Art Gallery. It's right next door and admission is free to museum visitors.

The art gallery observes the same hours as the museum — 11 a.m. until 4 p.m. Monday through Saturday.

To reach Buell Children's Museum, go south on Interstate 25 to Exit 98b. Head downtown to Santa Fe. The museum's telephone number is (719) 295-7200.

The Buell Children's Museum and the Sango de Cristo Art Center are at 210 N. Santa Fe. Parking is available in a free parking lot just south of the complex as well as metered parking on nearby streets.

Adults are admitted for \$4; children for \$3.

Just the Facts

- **Travel time** 45 minutes
- **For ages** Families
- **Type** children's museum
- **Fun factor** ★★★★★ (Out of 5 stars)
- **Wallet damage** \$

\$ = Less than \$20

\$\$ = \$21 to \$40

\$\$\$ = \$41 to \$80

(Based on a family of four)

Get Out!

Disney on Ice

Disney on Ice brings "Toy Story 2" to the World Arena through Sunday. There are several daytime performances. Call the box office at 576-2626 for tickets, which start at \$15.75.

Academy concert series

The Air Force Academy Concert Series for the season includes "Swing," March 29, and Lee Greenwood and Sandi Patty, April 12. Call the theater box office at 333-4497.

Travel films

The Fine Arts Center presents Horizons Travel Film Series, introduced and narrated by the film's maker. Tickets are \$7 at the door. The next film is "Australia" April 13 in the theater, 30 W. Dale St.

Theater

Denver Center Attractions' season tickets for the 2003 musical season are for sale. "42nd Street" is June 24 to July 6. "Oliver" is Aug. 19 to 31, "Urinetown: The Musical," is Sept. 9 to 21, followed by "Oklahoma" Dec. 14 to Jan. 3, 2004. The final production for the season, Jan. 6 to 31, 2004, is Mel Brooks' "The Producers." All shows are in downtown Denver's Buell Theatre. Call (303) 893-4000 or go online, www.denvercenter.org.

Theater

"Same Time Next Year" is now playing at the Castaways Dinner Theater, 103 Manitou Ave. in Manitou Springs. Dinner and show are \$33. Show only tickets are available for \$22. Call 685-3700 or 685-3300 for tickets.

Music groups

"Bon Jovi and the Goo Goo Dolls" are in Denver's Pepsi Center April 3. Tickets start at \$40, call Ticketmaster, 520-9090.

Jimmy Buffet is in the Pepsi Center April 24. Tickets start at \$35. Call Ticketmaster, 520-9090.

Pearl Jam is at the Pepsi Center April 1, and tickets start at \$35. Call Ticketmaster, 520-9090.

Christina Aguilera and Justin Timberlake appear together June 23 at the Pepsi Center. Call Ticketmaster at 520-9090. Prices start at \$39.50.

Grammy winner Norah Jones is at Red Rocks Amphitheatre in the Denver area Aug. 15. Tickets are at Ticketmaster, 520-9090.

Broadway road shows

Pikes Peak Center's Broadway series next show is "Saturday Night Fever," Tuesday and Wednesday, "The Music Man," April 15 and 16, and "Lord of the Dance," May 28 and 29. All shows are in the Pikes Peak Center. Call Ticketmaster at 520-9090.

World Arena lineup

Home Show is March 28, 29 and 30.

An Auto Show is set for April 4 to 6.

Professional Bull Riders are scheduled for the arena April 18 at 8 p.m. and April 19 at 1:30 p.m..

Hallmark Skating Showcase is April 25, with tickets starting at \$19.50.

Tim Conway and Harvey Korman are "Together Again" May 8, at 7:30 p.m.

"Yanni" is in concert at the arena May 22.

Tickets for all these shows are available at 576-2626 or online at www.worldarena.com.

Dinner theater

"Never Too Late" is the new dinner theater feature at the Country Dinner Playhouse in south Denver, at 6875 S. Clinton St. Tickets start at \$25.50, for a noon buffet and performance. There's also a dinner and evening performance. Call (303) 799-1410 or go online at www.countrydinnerplayhouse.com.

Exhibit at Denver Art Museum

A new exhibit in the Denver Art Museum is "Bonnard," which runs March 1 through May 25. Pierre Bonnard is a lesser known renaissance artist. More than 100 of his works will be in the exhibit, which has a special admission price, in addition to the regular museum admission. However, the art museum has free general admission for Colorado citizens on Saturday. The museum is in downtown Denver.

Fine Arts Center

"Stuart Little" is the presentation by the Theatre for Children June 9 to 14. Tickets are \$3 for all ages. The Fine Arts Center's productions are quite popular and sell out quickly.

Bluegrass music

Ralph Stanley, who sings songs from the soundtrack of "O Brother Where Art Thou," makes an appearance at the Pikes Peak Center Saturday. Call 520-9090 for tickets.

Sweet Adelines

Thirteen women's choruses and 22 quartets are competing at the Pikes Peak Center March 28, beginning at 5:30 p.m. and March 29, beginning at 1 p.m. Call 520-SHOW for tickets that start at \$8.

Acrobats

The Peking Acrobats, a world renowned troupe of tumblers, contortionists, gymnasts, jugglers and cyclists bring their 2,000 year-old tradition of acrobatics to the Sangre de Cristo Arts and Conference Center April 12. There will be three shows available: 11 a.m., 2 p.m. and 7:30 p.m. Tickets are \$20 for the evening performance and \$5 for the shorter daytime performances. Call the box office at (719) 295-7222. The theater is at 210 N. Santa Fe Ave. in downtown Pueblo.

Imagination Celebration

A free family festival day is at the Pikes Peak Center, 190 S. Cascade Ave. March 30, beginning at 1 p.m. for lobby activities. The Green Chili Jam Band performs at 2 p.m. The event is free. For further information, call 597-3344.

Denver events

Marcel Marceu, the renowned mime, performs in Denver at the Buell Theater April 8 and 9. Tickets start at \$15 and are on sale at www.denvercenter.org.

Big Head Todd and the Monsters and Hootie and the Blowfish perform at Red Rocks Amphitheater May 17. Check with Ticketmaster, 520-9090 for tickets, which start at \$39.50.

Tim McGraw is scheduled for a Denver appearance at the Pepsi Center April 29. Check with Ticketmaster, 520-9090 for tickets.

Nature programs

Bear Creek Nature Center has "Folklore of Wild Birds" April 5 at 1 p.m. and "Birds and Bagels" April 26, from 8 to 10 a.m. Call the nature center at 520-6375 for reservations.

Fountain Creek Nature Center has "Ute Indian Heritage Day" April 5, from 10 a.m. until noon. Austin Box will discuss the history, language and culture of the Ute nation, and there will be a bear dance. Call 520-6745 for reservations.

Happenings



Photo courtesy of Six Flags

Six Flags ...

Military Day at Six Flags is April 19, from noon to 6 p.m. The event is to show support for the military with special prices for entry and meals. Tickets will be sold at Fort Carson Information, Tickets and Registration.



Program Schedule for Fort Carson cable Channel 10, today to March 28.

Army Newswatch: includes stories on military deployments to Southwest Asia. Airs at 7:30 a.m., 12:30 p.m., 7:30 p.m. and 12:30 a.m.

Navy/Marine Corps News: includes stories on Black History Month, the high-speed vessel Joint Venture and USS Russell sailors (repeat). Airs at 8 a.m., 1 p.m., 8 p.m. and 1 a.m.

Air Force News: includes stories on shuttle security, the Columbia disaster and the U.S. Space and Missile Center (repeat). Airs at 8:30 a.m., 1:30 p.m., 8:30 p.m. and 1:30 a.m.

Channel 9 daily broadcasts SCOLA, foreign

language news broadcasts. Access the schedule at the Fort Carson Web site.

If you have comments on Channel 10 programming or wish to coordinate a broadcast on Channel 10, please contact Chief of Command Information at 526-1241 or via e-mail at CommandInfo@carson.army.mil.

Program times will be published in the *Mountaineer* provided coordination is made one week prior to publication.

If you wish to have a training videotape shown on Channel 9 only, contact the Regional Training Support Center at 526-5111.

For additions to the Community Calendar, please submit an e-mail or a clean, typewritten copy of the information to the Public Affairs Office, room 2180, 6151 Specker Ave., Fort Carson, CO 80913 or fax information to 526-1021 no later than the Friday before airing time.